Crisis Text Line in Delaware

Most frequent topics of Crisis Text Line conversations in Delaware, by percent

- Relationships: 20%
- Anxiety/Stress: 15%
- Depression/Sadness: 15%
- Suicide: 10%
- Isolation/Loneliness: 10%
- Self Harm: 5%
- Third Party: 5%
- Bullying: 5%
- Grief: 5%
- Abuse (emotional): 5%
- Abuse (physical): 5%
- Eating/body image: 5%
- Abuse (sexual): 5%
- Gender/Sexual Identity: 5%
- Substance Abuse: 5%

Crisis texting services are considered promising practices in suicide prevention.

From June 2016 through April 2019, the Crisis Text Line has registered 1,147 conversations in Delaware and facilitated 5 active rescues.

Relationships, anxiety or stress, and depression or sadness are the top three reasons that people use the Crisis Text Line in Delaware.

To use the Crisis Text Line, Text DE to 741741

Data source: Crisis Text Line, www.crisistrends.org