Self-Reported Wellbeing* of Delaware LGBQ** Youth

*Students are asked to imagine a ladder with 10 steps, where 10 represents the best possible life and 1 the worst. They are asked to self report where they feel they currently stand on the ladder, and where they see themselves 5 years in the future. Based on their responses, students are then classified into suffering, struggling, or thriving categories.

**In this product, LGBQ includes students who identified their sexual orientation as gay, lesbian, bisexual, other, or unsure.

Both now and in the future, LGBQ students report rates of suffering 2-3x higher than their heterosexual peers.


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https://www.cdhs.udel.edu/seow/reports-and-products