Sexual Minority Youth in Delaware

- Please note that sexual minority students appear to be exposed to far greater levels of stress than heterosexual students and lower levels of perceived support. Increased rates of risk behaviors may represent responses to increased stress and need for support and support services.
Delaware YRBS

- Questions on sexual orientation and sexual activity added to YRBS in collaboration with other agencies

- Question #1: Which best describes you?
  - Heterosexual (straight)
  - Homosexual (gay or lesbian)
  - Bisexual
  - Not sure
Delaware YRBS

- **Question #2:** With whom have you had sexual intercourse?
  - I have never had sexual intercourse
  - Females
  - Males
  - Females and males

- **Question #3:** Have you ever given or received oral sex?
  - Yes
  - No
Delaware YRBS Data

- 2007 DE Youth Risk Behavior Survey*
- The sample consisted of 2,428 (94%) high school students who identified as being heterosexual & 130 (5%) who identified as being a sexual minority. One percent of students were not sure of their sexual identity.

- A sexual minority was a student who described him or her self as homosexual (lesbian or gay) OR bisexual in the survey.

* Statistical analysis performed by UD Center for Drug and Alcohol Studies
Percent of Delaware High School students who during the past 30 days have been a victim of verbal abuse in school

- 19% (Heterosexual, n=453)
- 40% (Sexual Minority, n=52)
Percent of Delaware High School students who within the past year have felt sad or hopeless almost everyday for two weeks or more in a row, and as a result, stopped doing some usual activities.

- Heterosexual (n=588): 25%
- Sexual Minority (n=76): 60%
Percent of Delaware High School students who have smoked cigarettes in the past month:

- Heterosexual (n=510): 21%
- Sexual Minority (n=60): 46%
Percent of Delaware High School students who have used alcohol in the past month:

- Heterosexual (n=1104) - 46%
- Sexual Minority (n=77) - 59%
Percent of Delaware High School students who have smoked marijuana in the past month:

- Heterosexual (n=610) 25%
- Sexual Minority (n=51) 39%
Percent of Delaware High School students who within the past year made a plan about how to attempt suicide

- Heterosexual (n=183) 8%
- Sexual Minority (n=41) 32%
Percent of Delaware High School students who have at some time in their life had sex:

- Heterosexual (n=1356): 57%
- Sexual Minority (n=98): 79%
Percent of Delaware High School students who have at some time in their life given or received oral sex:

- Heterosexual (n=1337): 56%
- Sexual Minority (n=101): 79%
Percent of Delaware High School students who used a condom (or partner used) the last time they had sex:

- **Heterosexual (n=952)**: 70%
- **Sexual Minority (n=53)**: 53%
Types of Sexual Intercourse Reported by 2005 Delaware High School Students of Different Sexual Orientations

- **Heterosexual**: n=2,428
  - None: 47%
  - Both: 34%
  - Oral only: 9%
  - Intercourse only: 10%

- **Bisexual**: n=94
  - Intercourse only: 15%
  - Oral only: 7%
  - Both: 11%
  - None: 67%

- **Homosexual**: n=36
  - Intercourse only: 14%
  - Oral only: 6%
  - Both: 3%
  - None: 79%