This survey is part of a study the University of Delaware does every year to provide information on student behaviors and beliefs, including those about eating habits and the use of cigarettes, alcohol and other drugs. Results are used to make better decisions about the kinds of programs and policies needed to support the health and well-being of Delaware students.

All answers are entirely:

- **Confidential**—no one will see your answers or know how you answered the questions
- **Anonymous**—do not put your name on the survey; we do not want to know how any one person answered, only about percentages of answers of all students combined
- **Voluntary**—there is no penalty if you choose not to fill out any part of the survey or all of it

This **IS NOT A TEST**, so there are no right or wrong answers. If you don’t find an answer that fits exactly, choose the one that comes closest. If a question does not apply to you, or if you are not sure what it means, just leave it blank. Please work as quickly as you can. If you have any questions, raise your hand and I will come to help you. **Unless it says “Mark All That Apply,” please mark only one answer for each question.** When you are finished, turn your booklet over and raise your hand; I will come around with an envelope for you to put your survey in. Then you can work quietly at your desk on something else until everyone has finished.

Remember:

- Read the instructions before you answer.
- Fill in the circle next to the answer you choose completely, like the example below:

**MARKING INSTRUCTIONS**

- Use a No. 2 pencil only.
- Do not use ink, ballpoint, or felt tip pens.
- Make solid marks that fill the response completely.
- Erase cleanly any marks you wish to change.
- Make no stray marks on this form.

CORRECT:  ●  INCORRECT:  ✓  ✗  ✧

I am currently attending school:

- ● Yes
- ○ No

Thank you very much for being an important part of this study.
1. What is the zip code for your home address? Please write in the numbers, then fill in the proper circles.

**EXAMPLE**

<table>
<thead>
<tr>
<th>ZIP CODE</th>
<th>ZIP CODE</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 9 7 1 6</td>
<td>0 0 0 0 0</td>
</tr>
</tbody>
</table>

2. What is your gender?
- Male
- Female

3. Do you get a free or reduced cost lunch at school?
- Yes
- No

4. How old are you TODAY?
- 12 years or younger
- 13 years
- 14 years
- 15 years
- 16 years
- 17 years
- 18 years
- 19 years or older

5. Are you Hispanic or Latino?
- No
- Yes, I am Mexican, Mexican American, or Chicano
- Yes, I am Puerto Rican
- Yes, I am Cuban or Cuban American
- Yes, I am some other Hispanic or Latino not listed here

6. Which of the following BEST describes you? (CHOOSE ONLY ONE ANSWER)
- American Indian or Alaskan Native
- Asian
- Black or African American
- White/Caucasian
- Other (describe)

7. Are either of your parents or other adults (18 years or older) in your family serving on active duty in the military?
- Yes
- No

8. What ONE category best describes your overall grades on your last report card?
- Mostly A's
- Mostly B's
- Mostly C's
- Mostly D's or F's

9. Which of the following people live with you most of the time? (MARK ALL THAT APPLY)
- Mother
- Father
- Foster Parent/Guardian
- Grandparent(s), Aunt(s) or Uncle(s)
- Step-parent(s)
- Brother(s) or Sister(s)
- No one

10. Which of the people who live with you right now work to earn money to pay the bills and buy the food? (MARK ALL THAT APPLY)
- Mother
- Father
- Foster Parent/Guardian
- Grandparent(s), Aunt(s) or Uncle(s)
- Step-parent(s)
- Brother(s) or Sister(s)
- No one

11. How old is your mother? If you don't know, please put your best guess.

12. How old is your father? If you don't know, please put your best guess.

13. What is the highest level of schooling your mother or female guardian completed? (CHOOSE ONLY ONE ANSWER)
- Completed grade school or less
- Some high school
- Completed high school
- Some college
- Completed college
- Graduate or professional school after college

14. What is the highest level of schooling your father or male guardian completed? (CHOOSE ONLY ONE ANSWER)
- Completed grade school or less
- Some high school
- Completed high school
- Some college
- Completed college
- Graduate or professional school after college
15. How tall are you without your shoes on? 
Directions: Write your height in the shaded blank boxes. Fill in the matching oval below each number.

<table>
<thead>
<tr>
<th>Feet</th>
<th>Inches</th>
</tr>
</thead>
<tbody>
<tr>
<td>5</td>
<td>7</td>
</tr>
</tbody>
</table>

16. How much do you weigh without your shoes on? 
Directions: Write your weight in the shaded blank boxes. Fill in the matching oval below each number.

<table>
<thead>
<tr>
<th>Pounds</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 5 2</td>
</tr>
</tbody>
</table>

17. Have you been identified by a doctor or other health care professional as having difficulty concentrating, remembering, making decisions or doing things because of a physical, learning, or emotional disability? (MARK ALL THAT APPLY)
- No
- Physical Disability
- Learning Disability
- Emotional Disability

18. Has your family experienced any of the following in the past year? (MARK ALL THAT HAVE HAPPENED)
- Father lost a job or was unable to find work
- Mother lost a job or was unable to find work
- Father or mother had hours cut back at work
- Family had phone, gas, or electric shut off
- Family had trouble paying rent or mortgage
- Family had trouble affording groceries

19. Where do you typically sleep at night?
- At home with your parent(s) or guardian(s)
- At a friend's or relative's home with your parent(s) or guardian(s)
- At a friend's or relative's home without your parent(s) or guardian(s)
- Somewhere else (shelter, transitional housing, public place, hotel, car) with your parent(s) or guardian(s)
- Somewhere else (shelter, group home, foster care home, public place, car, hotel) without your parent(s) or guardian(s)

20. Have you had lessons in school about: (MARK ALL THAT APPLY)
- No
- Drug/alcohol education (ever)
- Drug/alcohol education in past year
- How to have healthy relationships

21. Have any of your family members been incarcerated (in a prison or detention center) in the past year? (MARK ALL THAT APPLY)
- No one in my family
- Father
- Mother
- Other adult family member (18 years or older)
- Other non-adult family member (under 18 years old)

22. How much schooling do you think you will complete?
- Probably will not finish high school
- Complete high school degree
- Some college
- Complete college degree
- Graduate or professional school after college

23. Are you deaf or do you have serious difficulty hearing?
- Yes
- No

24. Do you have serious difficulty seeing, even when wearing glasses?
- Yes
- No

25. Because of a physical, mental, or emotional condition, do you have serious difficulty concentrating, remembering, or making decisions?
- Yes
- No

26. Do you have serious difficulty walking or climbing stairs?
- Yes
- No
<table>
<thead>
<tr>
<th>PLEASE CHOOSE THE BEST RESPONSE FOR THE FOLLOWING STATEMENTS:</th>
<th>MOST OF THE TIME</th>
<th>OFTEN</th>
<th>SOME OF THE TIME</th>
<th>NOT OFTEN</th>
<th>NEVER</th>
</tr>
</thead>
<tbody>
<tr>
<td>27. My parents know where I am when I am NOT in school.</td>
<td></td>
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<td>28. I feel safe in my neighborhood.</td>
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<tr>
<td>29. I feel safe in my school.</td>
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<tr>
<td>30. Teachers here treat students with respect.</td>
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<tr>
<td>31. I get along well with my parents/guardians.</td>
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<tr>
<td>32. Students here treat teachers with respect.</td>
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<tr>
<td>33. Students in this school are well-behaved in public (classes, assemblies, cafeterias).</td>
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<tr>
<td>34. Student violence is a problem at this school.</td>
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<td>35. School rules are fair.</td>
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<tr>
<td>36. School rules are strictly enforced.</td>
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<tr>
<td>37. My parents'/guardians' rules are strictly enforced.</td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>HOW OFTEN DO YOU:</th>
<th>NEVER</th>
<th>BEFORE, BUT NOT IN PAST YEAR</th>
<th>A FEW TIMES IN PAST YEAR</th>
<th>ONCE OR TWICE A MONTH</th>
<th>ONCE OR TWICE A WEEK</th>
<th>ALMOST EVERY DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>38. Argue or fight with either of your parents/guardians?</td>
<td></td>
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<tr>
<td>39. Take some kind of weapon to school or to a school event?</td>
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<td>40. Take part in a fight where a group of your friends are against another group?</td>
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<td>41. Steal something from a store without paying for it?</td>
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<td>42. Break into a car, house or other building?</td>
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<td>43. Get arrested?</td>
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<tr>
<td>44. Talk to either of your parents/guardians about how things are going at school?</td>
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<tr>
<td>HOW OFTEN DO YOU:</td>
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<td>BEFORE, BUT NOT IN PAST YEAR</td>
<td>A FEW TIMES IN PAST YEAR</td>
<td>ONCE OR TWICE A MONTH</td>
<td>ONCE OR TWICE A WEEK</td>
<td>ALMOST EVERY DAY</td>
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<tr>
<td>45. Cheat on a test in class?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<td>○</td>
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<tr>
<td>46. Get bullied at school?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>47. Ride in a car when the driver has been drinking alcohol while driving or shortly before driving?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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</tr>
<tr>
<td>48. Sneak money from an adult’s wallet, purse, or other place?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>49. Do chores or help out at home?</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<td>○</td>
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<tr>
<td>50. Skip a whole day of school without permission and when you are not sick?</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>51. Get sent to in-school suspension?</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<td>○</td>
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<tr>
<td>52. Get stopped by police?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<td>○</td>
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<tr>
<td>53. Ride in a car when the driver has been smoking pot while driving or shortly before driving?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>54. Skip or miss classes (not the whole school day) without permission?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>55. Get suspended or expelled from school?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>56. Hear name-calling, threats or yelling between adults in your home that makes you feel bad?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>57. Hear or see violence between adults in your home?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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</tr>
<tr>
<td>58. Carry a weapon when you’re not in school or at a school event?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>59. Participate in a gang or gang activities?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>60. Hit someone with the intention of hurting them?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>61. Damage or destroy property, on purpose, that does not belong to you?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>62. See or hear a media message about the risks of teens drinking alcohol?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>63. Complete and turn in school assignments?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<tr>
<td>64. Participate in class discussions?</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
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<td>○</td>
</tr>
</tbody>
</table>
65. Does anybody living in your home smoke cigarettes, cigars, little cigars, pipe or other tobacco products? (MARK ALL THAT APPLY)
- No one
- Mother or Stepmother or Female Guardian
- Father or Stepfather or Male Guardian
- Brother(s) or Stepbrother(s)
- Sister(s) or Stepsister(s)
- Other household member(s)

66. How old were you the first time you smoked a cigarette (not just a few puffs)?
- I have never smoked a cigarette
- 10 years or younger
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old or older

HOW MANY CIGARETTES HAVE YOU SMOKED:

<table>
<thead>
<tr>
<th></th>
<th>NONE</th>
<th>LESS THAN 1</th>
<th>1-5 CIGARETTES</th>
<th>6-10 CIGARETTES</th>
<th>11-20 CIGARETTES</th>
<th>21-30 CIGARETTES</th>
<th>31 OR MORE CIGARETTES</th>
</tr>
</thead>
<tbody>
<tr>
<td>67....in your whole life?</td>
<td></td>
<td></td>
<td></td>
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<td></td>
</tr>
<tr>
<td>68....in the past year?</td>
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<tr>
<td>69....in the past month?</td>
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</tbody>
</table>

70. In the past month, on the days that you smoked, about how many cigarettes did you smoke per day?
- Did not smoke cigarettes
- Less than 1 cigarette per day
- About 1-5 cigarettes per day
- About 1/2 pack per day
- About 1 - 1 and 1/2 packs per day
- About 2 packs per day or more

71. If you wanted to get cigarettes, where would you most likely get them? (MARK ALL THAT APPLY)
- From my friends or other kids I know
- From my brothers, sisters or cousins
- From my parents/guardians (with them knowing)
- From my parents/guardians (without them knowing)
- From other adults (with them knowing)
- From other adults (without them knowing)
- From a store cashier or clerk

HOW OFTEN HAVE YOU USED ANY OF THE FOLLOWING:

<table>
<thead>
<tr>
<th></th>
<th>NEVER</th>
<th>BEFORE, BUT NOT IN PAST YEAR</th>
<th>A FEW TIMES IN PAST YEAR</th>
<th>ONCE OR TWICE A MONTH</th>
<th>ONCE OR TWICE A WEEK</th>
<th>ALMOST EVERY DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>72. Chewing tobacco, snuff, dip, snus (Skol, Red Man, Copenhagen, Timberwolf)?</td>
<td></td>
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<tr>
<td>73. Cigars?</td>
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<tr>
<td>74. Cigarillos, little cigars, Black and Milds?</td>
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<td></td>
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<tr>
<td>75. E-Cigarettes?</td>
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</tr>
</tbody>
</table>
76. How old were you the first time you had a drink (not just a few sips) of alcohol (beer, wine, liquor, mixed drink)?
- I have never had a drink of alcohol
- 10 years or younger
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old or older

77. How old were you the last time you had a drink (not just a few sips) of alcohol (beer, wine, liquor, mixed drink)?
- I have never drank alcohol
- I still drink alcohol
- 10 years or younger
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old or older

How many times have you had a drink (not just a few sips) of alcohol, beer, wine, liquor, mixed drink:

<table>
<thead>
<tr>
<th>Times</th>
<th>0 TIMES</th>
<th>1-2 TIMES</th>
<th>3-5 TIMES</th>
<th>6-9 TIMES</th>
<th>10-19 TIMES</th>
<th>20-39 TIMES</th>
<th>40 OR MORE TIMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>78. ...in your whole life?</td>
<td></td>
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<tr>
<td>79. ...in the past year?</td>
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<tr>
<td>80. ...in the past month?</td>
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</tr>
</tbody>
</table>

Think back over the last 2 weeks. How many times have you had:

81. ...3 alcoholic drinks in a row?
- 0 TIMES
- 1 TIME
- 2 TIMES
- 3-5 TIMES
- 6-9 TIMES
- 10 TIMES OR MORE

82. ...4 alcoholic drinks in a row?
- 0 TIMES
- 1 TIME
- 2 TIMES
- 3-5 TIMES
- 6-9 TIMES
- 10 TIMES OR MORE

83. ...5 or more alcoholic drinks in a row?
- 0 TIMES
- 1 TIME
- 2 TIMES
- 3-5 TIMES
- 6-9 TIMES
- 10 TIMES OR MORE

84. In the past 30 days if you drank alcohol, WITH WHOM did you sometimes drink? (MARK ALL THAT APPLY)
- Never drank alcohol
- I didn't drink in past 30 days
- Brother(s) or sister(s)
- Adult family members
- Other adults
- Friends from school
- Friends from my neighborhood
- Boyfriend/Girlfriend
- Drank alone

85. In the past 30 days, if you drank alcohol, WHERE did you drink? (MARK ALL THAT APPLY)
- Never drank alcohol
- I didn't drink in the past 30 days
- At home
- At someone else's home
- At a party
- At a sports event
- At school
- In a car
- In a public place (park, parking lot, field)

86. In the past year, have you done any of the following? (MARK ALL THAT APPLY)
- Been at a party where parents bought alcohol for teenagers
- Been at a party with alcohol and no parents were present
- Pre-gamed (drank before going to a game, party or event)
- Had someone over age 21 (other than a parent) buy alcohol for you
- Bought alcohol with a fake ID
- Bought alcohol without being asked for an ID
- Taken alcohol from your house without permission
- Taken alcohol from your house with permission
- Taken alcohol from someone else's house without permission
- Had a parent buy alcohol specifically for you
- Had a brother or sister buy alcohol for you
- None of the above
87. How old were you the first time you tried marijuana (grass, pot, hash, weed, blunts)?
- I have never tried marijuana
- 10 years old or younger
- 11 years old
- 12 years old
- 13 years old
- 14 years old
- 15 years old
- 16 years old
- 17 years old or older

88. In the past 30 days, if you used marijuana, WITH WHOM did you use it? (MARK ALL THAT APPLY)
- Never used marijuana
- Didn’t use marijuana in past 30 days
- Brother(s) or sister(s)
- Adult family members
- Friends from school
- Friends not from school
- Used alone

How many times have you smoked marijuana (grass, pot, hash, weed, blunts)?

<table>
<thead>
<tr>
<th>TIMES</th>
<th>0 TIMES</th>
<th>1-2 TIMES</th>
<th>3-5 TIMES</th>
<th>6-9 TIMES</th>
<th>10-19 TIMES</th>
<th>20-39 TIMES</th>
<th>40 OR MORE TIMES</th>
</tr>
</thead>
<tbody>
<tr>
<td>89. ...in your whole life?</td>
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<td>90. ...in the past year?</td>
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<tr>
<td>91. ...in the past month?</td>
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</tbody>
</table>

92. Do you take any medicine by prescription to help you concentrate better in school?
- Yes
- No

93. Do you take any medicine by prescription for any of the following? (MARK ALL THAT APPLY)
- Depression
- Anxiety
- Asthma
- ADD/ADHD
- Allergies
- Bipolar Disorder
- Weight Loss
- Chronic Skin Conditions (such as acne)
- Other_____________________________
- No, I take no medication by prescription

94. For the times when you have used prescription drugs WITHOUT a prescription, please mark the main reason for using them.
- Increasing concentration (for studying/tests)
- Relieving pain
- Treating infection, allergies, illness
- Having fun or getting high
- Adding muscle, strength, endurance
- Relieving depression/anxiety
- Weight loss
- I have not used prescription drugs without a prescription

95. During the past year, have you taken any of the following PRESCRIPTION drugs that were NOT prescribed for you? (MARK ALL THAT APPLY)
- Yes, OxyContin/Oxycodone
- Yes, Codeine/Tylenol with codeine
- Yes, Percocet/Percodan
- Yes, Vicodin
- Yes, Suboxone
- Yes, Xanax
- Yes, Somas
- Yes, Ritalin/Adderall/Strattera
- Yes, Albuterol or other asthma medication
- Yes, Another PRESCRIPTION DRUG NOT PRESCRIBED FOR YOU (please specify)______________________
- No

96. If you wanted to get prescription drugs without a prescription, how would you get them? (MARK ALL THAT APPLY)
- Free from friends
- Buy them from friends, acquaintances or other kids
- Buy them from a dealer
- Sneak them from someone (parents, etc.)
- At a party
- From the Internet

97. How many times in the past year have you used Adderall, Ritalin, or other ADHD medication WITHOUT a prescription to help you study for exams?
- 0 Times
- 1-5 Times
- 6-10 Times
- More than 10 Times
### HOW OFTEN DO YOU USE:

<table>
<thead>
<tr>
<th>Drug</th>
<th>NEVER</th>
<th>BEFORE, BUT NOT IN PAST YEAR</th>
<th>A FEW TIMES IN PAST YEAR</th>
<th>ONCE OR TWICE A MONTH</th>
<th>ONCE OR TWICE A WEEK</th>
<th>ALMOST EVERY DAY</th>
</tr>
</thead>
<tbody>
<tr>
<td>98. Ecstasy (E, Molly)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>99. Hallucinogens (acid, LSD, shrooms)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>100. Steroids without a prescription</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>101. Over-the-counter drugs (cough &amp; cold meds, Nyquil) to get high</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>102. Downers (tranqs, barbs, Xanax) to get high</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>103. Prescription uppers (diet pills, etc) to get high</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>104. Street uppers (speed, meth, crank) to get high</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>105. Inhalants (aerosol spray cans, gasoline, whippets, glue)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>106. Pain killers (OxyContin, codeine, Percocet, Tylenol III) to get high</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>107. Dactyls (rubes, dacks)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>108. Ritalin, Adderall, Strattera, Cylert or Concerta without a prescription</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>109. Crack (rock)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>110. Powder cocaine (powder, blow)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>111. Heroin (funk, dope)</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>112. Synthetic marijuana</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>

### MARK ALL THAT APPLY FOR EACH DRUG:

<table>
<thead>
<tr>
<th>Drug</th>
<th>Alcohol</th>
<th>Marijuana</th>
<th>Prescription Pain Killers</th>
<th>Other Illegal Drugs</th>
</tr>
</thead>
<tbody>
<tr>
<td>113. I know where students my age can buy:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>114. During the past year, I have sold or given someone else:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>115. During the past year, I tried to cut down on or stop my use of:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>116. During the past year, I have been unable to cut down on my use of:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>117. During the past year, I needed larger amounts to get the same effect from:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>118. During the past year, I used daily or almost daily for 2 or more weeks in a row:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
<tr>
<td>119. During the past year, I had withdrawal symptoms or felt sick because I cut down or stopped my use of:</td>
<td>○</td>
<td>○</td>
<td>○</td>
<td>○</td>
</tr>
</tbody>
</table>
**DURING THE PAST YEAR, HAVE ANY OF THESE THINGS HAPPENED DUE TO DRINKING ALCOHOL?**

<p>| | | | | |</p>
<table>
<thead>
<tr>
<th></th>
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<tbody>
<tr>
<td>120. I got into a heated argument while drinking.</td>
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<tr>
<td>121. I stayed away from school because of a hangover.</td>
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<tr>
<td>122. I was high or a little drunk at school.</td>
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<tr>
<td>123. My girl/boyfriend told me that I should cut down on my drinking.</td>
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<tr>
<td>124. Friends told me that I should cut down on my drinking.</td>
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<tr>
<td>125. I stayed drunk for more than one day at a time.</td>
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<tr>
<td>126. Once I started drinking, it was difficult for me to stop before I became completely intoxicated.</td>
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<tr>
<td>127. I have awakened unable to remember some of the things I had done while drinking the day before.</td>
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<tr>
<td>128. My hands shook a lot after drinking the day before.</td>
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<tr>
<td>129. Sometimes I kept on drinking after promising myself not to.</td>
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<tr>
<td>130. My parents punished me due to my drinking.</td>
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</thead>
<tbody>
<tr>
<td>131. I became depressed or lost interest in things.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>132. I had arguments or fights with family or friends.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>133. I felt completely alone and isolated.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>134. I felt very nervous or anxious.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>135. I attempted suicide.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>136. I found it difficult to think clearly.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>137. I felt irritable and upset.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>138. I got less work done than usual at school.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>139. I felt suspicious and distrustful of people.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>140. I found it harder to handle my problems.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
<tr>
<td>141. I had to get emergency medical help.</td>
<td>NOT IN PAST YEAR</td>
<td>DUE TO DRINKING</td>
<td>DUE TO MARIJUANA USE</td>
<td>DUE TO PRESCRIPTION PAINKILLER USE</td>
</tr>
</tbody>
</table>
CHOOSE THE ONE BEST ANSWER FOR EACH ROW:

<table>
<thead>
<tr>
<th>HOW MUCH DO PEOPLE RISK HARMING THEMSELVES (PHYSICALLY AND OTHER WAYS) WHEN THEY:</th>
<th>NO RISK</th>
<th>SLIGHT RISK</th>
<th>MODERATE RISK</th>
<th>GREAT RISK</th>
<th>DO NOT KNOW</th>
</tr>
</thead>
<tbody>
<tr>
<td>142. Smoke one or more packs of cigarettes per day?</td>
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<tr>
<td>143. Try one or two alcoholic drinks (beer, wine, liquor)?</td>
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<tr>
<td>144. Have one or two alcoholic drinks (beer, wine, liquor) nearly every day?</td>
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<tr>
<td>145. Have 5 drinks at a time, once or twice a week?</td>
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<tr>
<td>146. Try marijuana once or twice?</td>
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<tr>
<td>147. Smoke marijuana occasionally?</td>
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<tr>
<td>148. Smoke marijuana regularly?</td>
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<tr>
<td>149. Inhale glue, aerosols, other inhalants regularly?</td>
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<tr>
<td>150. Use over-the-counter medication to get high?</td>
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<tr>
<td>151. Use prescription drugs without a prescription?</td>
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</tr>
</tbody>
</table>
161. Get hit by an adult who intends to hurt you?
162. Get hit by another teen with the intention of hurting you?
163. Complete and turn in homework and assignments?
164. See crime in your neighborhood?
165. See drug sales in your neighborhood?
166. Get bullied in your neighborhood?
167. Get threatened or harassed electronically?

CHOOSE THE ONE BEST ANSWER FOR EACH ROW:

168. Which of the following people give you a lot of support and encouragement? (MARK ALL THAT APPLY)
   ○ No one
   ○ Your parent
   ○ Your teacher
   ○ Your friends
   ○ Your friends' parents
   ○ Other adults in your neighborhood
   ○ Other adults in your school
   ○ Adults in your church, synagogue or other place of worship

169. Which of the following are TRUE for you? (MARK ALL THAT APPLY)
   ○ I care about doing well in school.
   ○ My parent(s) care about how I do in school.
   ○ I think it's important to help friends.
   ○ I think it's important to help other people, even if I don't know them.
   ○ I think it's important to not hurt other people.
   ○ I tell the truth, even when it isn't easy.
   ○ I try to plan ahead and make good decisions.
   ○ I have good role models in my family.
   ○ It's NOT okay to do things you know are wrong, even if it doesn't hurt anyone.
   ○ I want to get a good education.
   ○ I want to have a good career someday, even if I have to work hard to achieve it.

170. During an average week, do you participate in organized activities at any of the following? (MARK ALL THAT APPLY)
   ○ School clubs or activities, before or after school
   ○ School intramural or intermural sports
   ○ Community center non-sports activities
   ○ Community center sports activities
   ○ Clubs (non-sport related, not at school)
   ○ Activities at youth organizations such as 4-H, YMCA, Boys and Girls Club, PAL
   ○ Activities at the public library
   ○ Doing community service or volunteer work
   ○ Music lessons or band participation (instrument or voice)
   ○ Art lessons
   ○ Theater or dramatics participation
   ○ Gymnastics, ballet or other dance
   ○ Boxing, kick-boxing, Karate or other martial arts
   ○ Other lessons or organized activities
   ○ Working at a job for pay
   ○ I don't do any organized activities outside of school
<table>
<thead>
<tr>
<th>The next questions ask about your relationship with your parent/guardian:</th>
<th>Never or Almost Never</th>
<th>Sometimes</th>
<th>Always or Almost Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>171. My parent/guardian shows me they are proud of me.</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>172. My parent/guardian takes an interest in my activities.</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>173. My parent/guardian listens to me when I talk to them.</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>174. I can count on my parent/guardian to be there when I need them.</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>175. My parent/guardian and I talk about the things that really matter.</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>176. I am comfortable sharing my thoughts and feelings with my parent/guardian.</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>The next questions ask about your feelings in the past 4 weeks.</th>
<th>Never or Almost Never</th>
<th>Sometimes</th>
<th>Always or Almost Always</th>
</tr>
</thead>
<tbody>
<tr>
<td>177. How often did you feel really sad?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>178. How often did you feel really worried?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>179. How often did you feel afraid?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>180. How often did you have trouble relaxing?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>181. How often did you feel nervous?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>How much time do you spend on a school day (before and after school):</th>
<th>No Time</th>
<th>1/2 hour or less</th>
<th>About one hour</th>
<th>About two hours</th>
<th>More than two hours</th>
</tr>
</thead>
<tbody>
<tr>
<td>182. Online on a computer (not for school work), tablet, phone, watching TV, or playing computer/video games?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>183. Doing school work at home?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
<td>☐</td>
<td>☑</td>
</tr>
<tr>
<td>184. Reading for pleasure (not a school assignment)?</td>
<td>☐</td>
<td>☐</td>
<td>☑</td>
<td>☐</td>
<td>☑</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>185. How often on average do you play violent video games, such as games that are rated M?</th>
<th>Never</th>
<th>Very rarely</th>
<th>1 hour per week</th>
<th>2-3 hours per week</th>
<th>4-5 hours per week</th>
<th>6-10 hours per week</th>
<th>More than 10 hours per week</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>☐</td>
<td></td>
<td></td>
<td></td>
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</tr>
</tbody>
</table>
186. During the past 7 days, how many times did you drink 100% fruit juices such as orange juice, apple juice or grape juice? (Do not count punch, Kool-Aid, sports drinks, or other fruit-flavored drinks.)
- I did not drink 100% fruit juice in the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

187. During the past 7 days, how many times did you eat fruit? (Do not count fruit juices.)
- I did not eat fruit during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

188. During the past 7 days, how many times did you eat green salad?
- I did not eat green salad during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

189. During the past 7 days, how many times did you eat other vegetables? (Do not count green salad, potatoes, or carrots.)
- I did not eat other vegetables during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

190. During the past 7 days, how many times did you drink a can, bottle, or glass of soda or pop, such as Coke, Pepsi, or Sprite? (Do not count diet soda or diet pop.)
- I did not drink soda or pop during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

191. During the past 7 days, how many glasses of milk did you drink? (Count the milk you drank in a glass or a cup, from a carton, or in cereal. Count the half pint of milk served at school as equal to one glass.)
- I did not drink milk during the past 7 days
- 1 to 3 glasses during the past 7 days
- 4 to 6 glasses during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

192. During the past 7 days, how many times did you drink a caffeinated drink such as coffee, tea, sodas, power drinks, energy drinks, or other drinks with caffeine added?
- I did not have any caffeinated drinks during the past 7 days
- 1 to 3 times during the past 7 days
- 4 to 6 times during the past 7 days
- 1 time per day
- 2 times per day
- 3 times per day
- 4 or more times per day

193. On an average school night, how many hours of sleep do you get?
- 4 or less hours
- 5 hours
- 6 hours
- 7 hours
- 8 hours
- 9 hours
- 10 or more hours

194. How many text messages do you send on an average day?
- I do not have a phone/ipod/ipad or any other device that allows me to text
- I have a phone/ipod/ipad or other device that allows me to text, but I do not text
- 1 to 10 messages
- 11 to 50 messages
- 51 to 99 messages
- 100 or more messages
195. How many days in an average week do you eat breakfast?
- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

196. During the past 7 days, on how many days were you physically active for a total of at least 60 minutes per day? (Add up all the time you spent in any kind of physical activity that increases your heart rate and makes you breathe hard some of the time.)
- 0 days
- 1 day
- 2 days
- 3 days
- 4 days
- 5 days
- 6 days
- 7 days

197. If you were bullied at school during the past year, which of the following happened? (MARK ALL THAT APPLY)
- I didn't know what to do.
- I talked or fought back and got in trouble.
- I talked or fought back and didn't get in trouble.
- I reported it to an adult, and they did something about it.
- I reported it to an adult and nothing really happened.
- I have not been bullied at school in the past year.

198. If you had a personal problem about drinking, drug use, violence or sexual behavior, who would you most likely talk to? (MARK ALL THAT APPLY)
- No one
- My parent
- My brother, sister, or other relative
- My teacher
- Other adult in my school
- Other adult outside of school
- My friend
- My grandparent

199. In the past year, my parents have: (MARK ALL THAT APPLY)
- Called other parents to check on me
- Told me to call home and let them know where I am
- Offered to pick me up if I needed a safe ride home
- Asked parents hosting a party I would be attending if they would be present
- Asked parents hosting a party I would be attending if there would be alcohol served
- Talked to me about the risks of using alcohol
- Talked to me about the risks of using drugs
- Told me not to drink alcohol
- Told me not to use drugs
- Talked to me about healthy dating relationships and/or teen dating violence
- Monitored my use of the Internet or my phone use
- None of the above

If you are in 8th grade, please stop here and thank you for participating. If you are in 11th grade, please complete the final five questions on the following page.
200. Have you used the Wellness Center in your high school for: (MARK ALL THAT APPLY)

- Sports physicals
- Immunizations
- Pregnancy testing
- STD testing
- Nutrition/diet counseling
- Information on tobacco, alcohol or drug use
- Other physical health reasons
- Emotional support/Counseling/Mental health
- Never used

201. In the past year, have you ever been a designated driver? (MARK ALL THAT APPLY)

- I don't drive
- Yes, for others who were drinking, but I didn't drink
- Yes, when we all were drinking, but I drank less
- Yes, for others who were smoking marijuana
- Yes, for others who were using other illegal drugs
- No

202. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after drinking alcohol?

- I don't drive
- Never
- At least once, but not in past year
- A few times in past year
- About once or twice a month
- About once or twice a week
- Almost every day

203. On average, how often do you drive a car, truck, or other motor vehicle (motorcycle, ATV, boat) after smoking marijuana?

- I don't drive
- Never
- At least once, but not in past year
- A few times in past year
- About once or twice a month
- About once or twice a week
- Almost every day

Thank you again for being an important part of this study.