

Delaware DATA

Delaware Drug and Alcohol Tracking Alliance

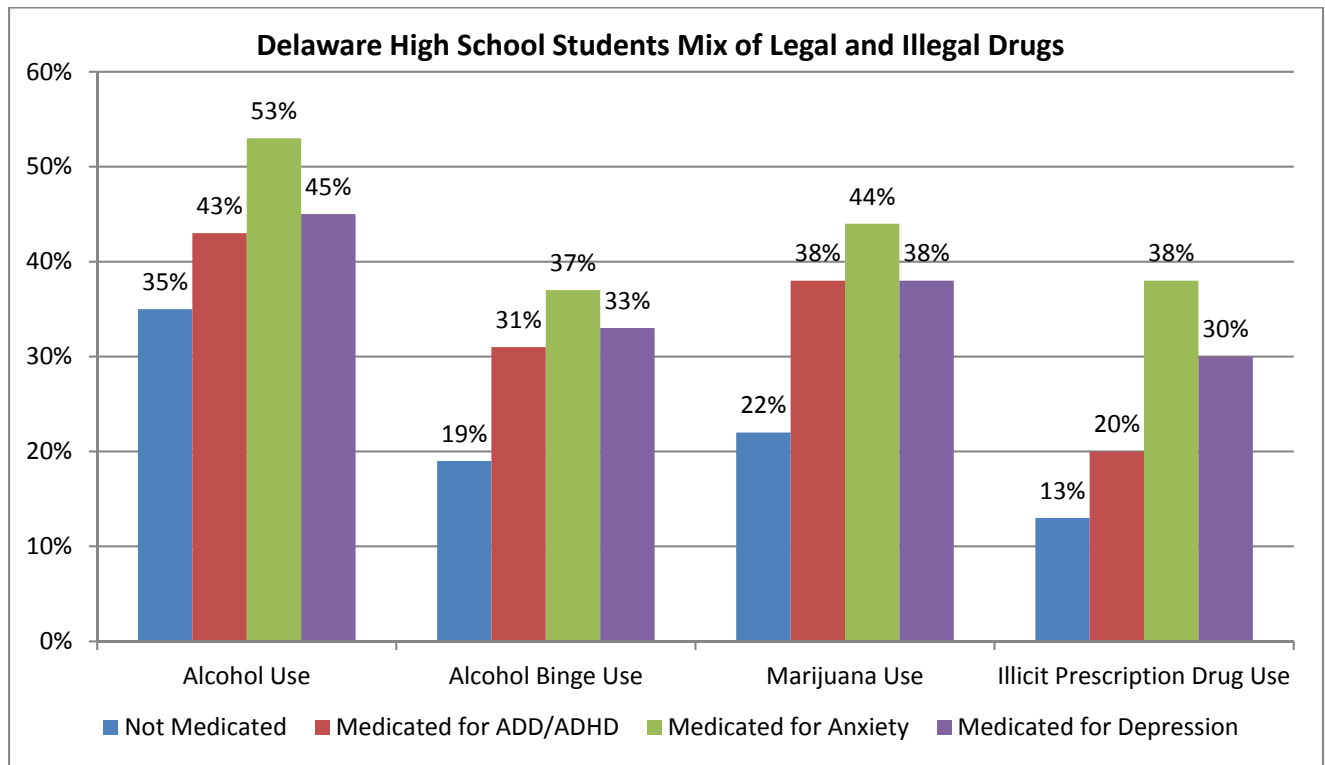
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Delaware High School Students Mix Prescription Drugs and Self-medication

According to the 2013 Delaware Youth Risk Behavior Survey, significant numbers of Delaware high school students are prescribed medication for a variety of conditions, including ADD/ADHD (9%), Anxiety (4%), and Depression (5%). Those who report that they take legal prescription drugs, however, also are more likely to report that they are self-medicating with alcohol, marijuana and illicit prescription drugs. Not only may this make them more likely to overdose, it may also leave them susceptible to drug interactions. Prescribing physicians and parents need to be educated about how to talk to teens about the risks of mixing drugs.



Source: 2013 Delaware Youth Risk Behavior Survey, University of Delaware Center for Drug and Health Studies

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