Cigarette use among adolescents is going down, but e-cigarette use is on the rise, especially in Delaware

The rates of cigarette use among adolescents, has fortunately, been declining over the past few years. However, the use of e-cigarettes, although absent of some of the harmful chemicals found in tobacco smoke, but still containing the active ingredient nicotine, may be taking the place of regular cigarettes. In 2015, according to both national and Delaware data, more teens reported using e-cigarettes in the past 30 days than conventional cigarettes or any other tobacco product. What’s more, a considerable percentage of youth do not perceive regular use of e-cigarettes to constitute a great risk. Below, we highlight the percentage of high school seniors across the nation and in Delaware that reported using cigarettes and e-cigarettes in the past 30 days. Delaware data comes from the Youth Risk Behavior Survey (2015) and national data comes from Monitoring the Future (2015). In 2015, compared to high school seniors across the nation, a higher percentage of Delaware high school seniors reported current use of both cigarettes (11.4% vs. 18.9%) and e-cigarettes (16.2% vs. 24.7%).

![Graph showing national and Delaware high school student current e-cigarette use: 2015](image)

*Use within the past 30 days.