University of Delaware Students Drive after Drinking

The Delaware College Risk Behavior Survey (CRBS) is administered annually to a random sample of University of Delaware students. In the survey administered in the Spring semester of 2013, 77% of UD students report drinking alcohol within the past month, including 2 out of 3 freshmen. Six out of ten UD students report they are binge drinkers (5 or more drinks in one sitting within the past month). Encouragingly, only 1 in 20 students (5%) report driving after drinking in the past year. But of this 5% who drove after drinking, almost all of them had two drinks or more before driving. Students are encouraged to name a designated driver when they drink, and 65% of students report they have been a designated driver. The majority of UD student designated drivers (85%) do not drink while in that role. But there are still some (12%) who have one drink, and a small minority (3%) who drink more, despite being the designated driver. Overall, it appears that encouraging the use of designated drivers is an effective harm reduction policy.

Source: 2013 College Risk Behavior Survey, University of Delaware Center for Drug and Alcohol Studies
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