1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.

   a. Physical activity
      - High Schools: 38.2
      - Middle Schools: 39.7
      - Junior/Senior High Schools: 42.3
      - All Schools: 40.2

   b. Nutrition
      - High Schools: 29.4
      - Middle Schools: 29.5
      - Junior/Senior High Schools: 38.2
      - All Schools: 39.7

   c. Tobacco-use prevention
      - High Schools: 29.4
      - Middle Schools: 29.5
      - Junior/Senior High Schools: 38.2
      - All Schools: 36.6

NA = Not available
1. Percentage of schools that ever used the School Health Index or other self-assessment tool to assess school policies, activities, and programs in the following areas.

   d. **Asthma**
   
   - High Schools: 40.0%
   - Middle Schools: 17.6%
   - Junior/Senior High Schools: 27.3%
   - All Schools: NA

   e. **Injury and violence prevention**
   
   - High Schools: 34.6%
   - Middle Schools: 26.3%
   - Junior/Senior High Schools: 30.3%
   - All Schools: NA

   f. **HIV, STD, and teen pregnancy prevention**
   
   - High Schools: 38.5%
   - Middle Schools: 14.6%
   - Junior/Senior High Schools: 25.1%
   - All Schools: NA

NA = Not available
2. Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics.

a. Health education

b. Physical education

c. Physical activity

d. School meal programs

e. Foods and beverages available at school outside the school meal programs

NA = Not available
2. Percentage of schools with a School Improvement Plan that includes health-related objectives on the following topics.

f. Health services
   - High Schools: 16.6
   - Middle Schools: NA
   - Junior/Senior High Schools: 28.3
   - All Schools: 43.5

f. Mental health and social services
   - High Schools: 20.6
   - Middle Schools: NA
   - Junior/Senior High Schools: 35.5
   - All Schools: 54.2

h. Healthy and safe school environment
   - High Schools: NA
   - Middle Schools: 56.7
   - Junior/Senior High Schools: 58.8
   - All Schools: 62.5

i. Family and community involvement
   - High Schools: NA
   - Middle Schools: 63.4
   - Junior/Senior High Schools: 67.6
   - All Schools: 70.8

j. Faculty and staff health promotion
   - High Schools: 16.6
   - Middle Schools: NA
   - Junior/Senior High Schools: 26.2
   - All Schools: 37.5

NA = Not available
3. Percentage of schools that reviewed health and safety data as part of school's improvement planning process.*

*Among schools that engaged in an improvement planning process during the past year.

NA = Not available
4. Percentage of schools that currently have someone who oversees or coordinates school health and safety programs and activities.
5. Percentage of schools that have one or more than one group (e.g., a school health council, committee, or team) that offers guidance on the development of policies or coordinates activities on health topics.
6. Percentage of schools that have the following groups represented on any school health council, committee, or team.*

<table>
<thead>
<tr>
<th>Group</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. School administrators</td>
<td>NA</td>
<td>78.5</td>
<td>82.5</td>
<td>85.7</td>
</tr>
<tr>
<td>b. Health education teachers</td>
<td>NA</td>
<td>80.0</td>
<td>89.3</td>
<td>95.7</td>
</tr>
<tr>
<td>c. Physical education teachers</td>
<td>NA</td>
<td>76.2</td>
<td>85.2</td>
<td>91.4</td>
</tr>
<tr>
<td>d. Other classroom teachers</td>
<td>NA</td>
<td>61.9</td>
<td>81.0</td>
<td></td>
</tr>
<tr>
<td>e. Mental health or social services staff</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(e.g., school counselors)</td>
<td>NA</td>
<td>69.5</td>
<td>75.7</td>
<td></td>
</tr>
</tbody>
</table>

*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

NA = Not available
6. Percentage of schools that have the following groups represented on any school health council, committee, or team.*

- f. Nutrition or food service staff
  - High Schools: 47.9%
  - Middle Schools: 45.8%
  - Junior/Senior High Schools: NA
  - All Schools: NA

- g. Health services staff (e.g., school nurse)
  - High Schools: 85.7%
  - Middle Schools: 82.6%
  - Junior/Senior High Schools: 84.7%
  - All Schools: 84.7%

- h. Maintenance and transportation staff
  - High Schools: 20.0%
  - Middle Schools: 17.2%
  - Junior/Senior High Schools: NA
  - All Schools: 17.7%

- i. Technology staff
  - High Schools: 15.0%
  - Middle Schools: 21.7%
  - Junior/Senior High Schools: NA
  - All Schools: 20.0%

- j. Library/media center staff
  - High Schools: 10.0%
  - Middle Schools: 13.0%
  - Junior/Senior High Schools: NA
  - All Schools: 11.2%

*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

NA = Not available
6. Percentage of schools that have the following groups represented on any school health council, committee, or team.*

k. Student body

<table>
<thead>
<tr>
<th>Group</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA</td>
<td>26.1</td>
<td>37.1</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
| Parents or families of students

l. Parents or families of students

<table>
<thead>
<tr>
<th>Group</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA</td>
<td>35.0</td>
<td>39.0</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

m. Community members

<table>
<thead>
<tr>
<th>Group</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA</td>
<td>35.0</td>
<td>34.5</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

n. Local health departments, agencies, or organizations

<table>
<thead>
<tr>
<th>Group</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA</td>
<td>22.7</td>
<td>37.8</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

o. Faith-based organizations

<table>
<thead>
<tr>
<th>Group</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>NA</td>
<td>10.5</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.
NA = Not available
6. Percentage of schools that have the following groups represented on any school health council, committee, or team.*

**p. Businesses**

- High Schools: 15.0%
- Middle Schools: 8.7%
- Junior/Senior High Schools: NA
- All Schools: 11.0%

**q. Local government agencies**

- High Schools: 26.3%
- Middle Schools: 17.2%
- Junior/Senior High Schools: NA
- All Schools: 20.2%

*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

NA = Not available
7. Percentage of schools that have a school health council, committee, or team that did the following activities during the past year.*

a. Identified student health needs based on a review of relevant data

b. Recommended new or revised health and safety policies and activities to school administrators or the school improvement team

c. Sought funding or leveraged resources to support health and safety priorities for students and staff

*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.

NA = Not available
7. Percentage of schools that have a school health council, committee, or team that did the following activities during the past year.*

d. Communicated the importance of health and safety policies and activities to district administrators, school administrators, parent-teacher groups, or community members

<table>
<thead>
<tr>
<th>Activity</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>d.</td>
<td>66.7</td>
<td>60.7</td>
<td>NA</td>
<td>64.9</td>
</tr>
</tbody>
</table>

NA = Not available

*Among schools that have one or more than one group that offers guidance on the development of policies or coordinates activities on health topics.
8. Percentage of schools that have any clubs that give students opportunities to learn about people different from them, such as students with disabilities, homeless youth, or people from different cultures.
9. Percentage of schools that offer each of the following activities for students to learn about people different from them, such as students with disabilities, homeless youth, or people from different cultures.

a. Lessons in class

- High Schools: 43.7%
- Middle Schools: 76.9%
- Junior/Senior High Schools: 81.1%
- All Schools: 80.0%

b. Special events sponsored by the school or community organizations (e.g., multicultural week, family night)

- High Schools: 58.2%
- Middle Schools: 74.1%
- Junior/Senior High Schools: NA
- All Schools: NA

NA = Not available
10. Percentage of schools that have adopted a policy that addresses each of the following issues on HIV infection or AIDS.

- a. Attendance of students with HIV infection

- b. Procedures to protect HIV-infected students and staff from discrimination

- c. Maintaining confidentiality of HIV-infected students and staff

NA = Not available
11. Percentage of schools that have a student-led club that aims to create a safe, welcoming, and accepting school environment for all youth, regardless of sexual orientation or gender identity.
12. Percentage of schools that engage in the following practices related to lesbian, gay, bisexual, transgender, or questioning (LGBTQ) youth.

<table>
<thead>
<tr>
<th>Practice Description</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>Identify &quot;safe spaces&quot; (e.g., a counselor’s office, designated classroom, or student organization) where LGBTQ youth can receive support from administrators, teachers, or other school staff</td>
<td>77.8</td>
<td>54.5</td>
<td>34.3</td>
<td>NA</td>
</tr>
<tr>
<td>Prohibit harassment based on a student's perceived or actual sexual orientation or gender identity</td>
<td>96.3</td>
<td>88.1</td>
<td>81.2</td>
<td>NA</td>
</tr>
<tr>
<td>Encourage staff to attend professional development on safe and supportive school environments for all students, regardless of sexual orientation or gender identity</td>
<td>70.4</td>
<td>59.3</td>
<td>48.2</td>
<td>NA</td>
</tr>
<tr>
<td>Facilitate access to providers not on school property who have experience in providing health services, including HIV/STD testing and counseling, to LGBTQ youth</td>
<td>63.0</td>
<td>41.5</td>
<td>21.9</td>
<td>NA</td>
</tr>
<tr>
<td>Facilitate access to providers not on school property who have experience in providing social and psychological services to LGBTQ youth</td>
<td>63.0</td>
<td>50.0</td>
<td>37.3</td>
<td>NA</td>
</tr>
</tbody>
</table>

NA = Not available
13. Percentage of schools in which staff received professional development on preventing, identifying, and responding to student bullying and sexual harassment, including electronic aggression.
14. Percentage of schools that have a designated staff member to whom students can confidentially report student bullying and sexual harassment, including electronic aggression.
15. Percentage of schools that use electronic, paper, or oral communication to publicize and disseminate policies, rules, or regulations on bullying and sexual harassment, including electronic aggression.

NA = Not available
16. Percentage of schools that taught a required physical education course in each of the following grades.*

a. Sixth grade

b. Seventh grade

c. Eighth grade

*Among schools with students in that grade.

NA = Not available
16. Percentage of schools that taught a required physical education course in each of the following grades.*

- **d. Ninth grade**
  - All Schools: 92.6%
  - High Schools: NA
  - Middle Schools: NA
  - Junior/Senior High Schools: NA

- **e. Tenth grade**
  - All Schools: 93.8%
  - High Schools: NA
  - Middle Schools: NA
  - Junior/Senior High Schools: NA

- **f. Eleventh grade**
  - All Schools: 85.7%
  - High Schools: NA
  - Middle Schools: NA
  - Junior/Senior High Schools: NA

- **g. Twelfth grade**
  - All Schools: 32.0%
  - High Schools: NA
  - Middle Schools: NA
  - Junior/Senior High Schools: NA

*Among schools with students in that grade.

NA = Not available
17. Percentage of schools in which physical education teachers or specialists received professional development on physical education or physical activity during the past year.

NA = Not available
18. Percentage of schools that provide those who teach physical education with the following materials.

- **a. Goals, objectives, and expected outcomes for physical education**
  - High Schools: 96.2%
  - Middle Schools: 96.8%
  - Junior/Senior High Schools: 80.8%
  - All Schools: 96.6%
  - NA

- **b. A chart describing the annual scope and sequence of instruction for physical education**
  - High Schools: 90.5%
  - Middle Schools: 86.8%
  - Junior/Senior High Schools: NA
  - All Schools: NA

- **c. Plans for how to assess student performance in physical education**
  - High Schools: 92.3%
  - Middle Schools: 96.8%
  - Junior/Senior High Schools: NA
  - All Schools: 95.1%

NA = Not available
18. Percentage of schools that provide those who teach physical education with the following materials.

d. A written physical education curriculum

<table>
<thead>
<tr>
<th></th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>76.9</td>
<td>74.9</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NA</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>74.9</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

e. Resources for fitness testing

<table>
<thead>
<tr>
<th></th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>96.2</td>
<td>96.8</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NA</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>96.6</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

f. Physical activity monitoring devices, such as pedometers or heart rate monitors, for physical education

<table>
<thead>
<tr>
<th></th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>76.9</td>
<td>71.5</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NA</td>
<td></td>
<td></td>
<td></td>
<td></td>
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<td></td>
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</tr>
</tbody>
</table>

NA = Not available
19. Percentage of schools in which students participate in physical activity breaks in classrooms during the school day outside of physical education.
20. Percentage of schools that offer opportunities for all students to participate in intramural sports programs or physical activity clubs.

NA = Not available
21. Percentage of schools that offer interscholastic sports to students.
22. Percentage of schools that offer opportunities for students to participate in physical activity before the school day through organized physical activities or access to facilities or equipment for physical activity.
23. Percentage of schools that prohibit staff from excluding students from physical education or physical activity to punish them for bad behavior or failure to complete class work in another class.
24. Percentage of schools that have a joint use agreement for shared use of school or community physical activity facilities.
25. Percentage of schools that have adopted a policy prohibiting tobacco use.
26. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for students during any school-related activity.

- a. Cigarettes
- b. Smokeless tobacco (i.e., chewing tobacco, snuff, or dip)
- c. Cigars
- d. Pipes

NA = Not available
26. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for faculty/staff during any school-related activity.

<table>
<thead>
<tr>
<th>Type</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Cigarettes</td>
<td>88.9</td>
<td>93.7</td>
<td>NA</td>
<td>91.9</td>
</tr>
<tr>
<td>b. Smokeless tobacco</td>
<td>81.5</td>
<td>90.7</td>
<td>NA</td>
<td>87.1</td>
</tr>
<tr>
<td>(i.e., chewing tobacco,</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>snuff, or dip)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>c. Cigars</td>
<td>88.5</td>
<td>87.5</td>
<td>NA</td>
<td>88.3</td>
</tr>
<tr>
<td>d. Pipes</td>
<td>88.5</td>
<td>87.1</td>
<td>NA</td>
<td>88.1</td>
</tr>
</tbody>
</table>

NA = Not available
26. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits the use of each type of tobacco for visitors during any school-related activity.

- **a. Cigarettes**
  - High Schools: 88.9
  - Middle Schools: 93.5
  - Junior/Senior High Schools: 91.8
  - All Schools: 91.8
- **b. Smokeless tobacco (i.e., chewing tobacco, snuff, or dip)**
  - High Schools: 74.1
  - Middle Schools: 93.7
  - Junior/Senior High Schools: 85.7
  - All Schools: 85.7
- **c. Cigars**
  - High Schools: 88.5
  - Middle Schools: 90.6
  - Junior/Senior High Schools: 90.6
  - All Schools: 90.0
- **d. Pipes**
  - High Schools: 88.5
  - Middle Schools: 90.6
  - Junior/Senior High Schools: 90.6
  - All Schools: 90.0

NA = Not available
27. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for students.

a. During school hours

b. During non-school hours

NA = Not available
27. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for faculty/staff.

- **a. During school hours**
  
  - High Schools: 96.2%
  - Middle Schools: 96.9%
  - Junior/Senior High Schools: 96.7%
  - All Schools: 96.7%
  
  NA = Not available

- **b. During non-school hours**
  
  - High Schools: 80.8%
  - Middle Schools: 65.5%
  - Junior/Senior High Schools: 72.8%
  
  NA = Not available
27. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use during each of the following times for visitors.

a. During school hours

b. During non-school hours

NA = Not available
28. (Students) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for students.

a. In school buildings

b. Outside on school grounds, including parking lots and playing fields

c. On school buses or other vehicles used to transport students

d. At off-campus, school-sponsored events

NA = Not available
28. (Faculty/Staff) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for faculty/staff.

- **a. In school buildings**
  - High Schools: 96.2%
  - Middle Schools: 96.8%
  - Junior/Senior High Schools: 96.6%
  - All Schools: 96.2%

- **b. Outside on school grounds, including parking lots and playing fields**
  - High Schools: 96.2%
  - Middle Schools: 93.7%
  - Junior/Senior High Schools: 96.2%
  - All Schools: 94.9%

- **c. On school buses or other vehicles used to transport students**
  - High Schools: 96.2%
  - Middle Schools: 96.9%
  - Junior/Senior High Schools: 96.2%
  - All Schools: 96.7%

- **d. At off-campus, school-sponsored events**
  - High Schools: 80.8%
  - Middle Schools: 87.3%
  - Junior/Senior High Schools: 85.0%
  - All Schools: 85.0%

NA = Not available
28. (Visitors) Percentage of schools that have a tobacco-use prevention policy that specifically prohibits tobacco use in each of the following locations for visitors.

- **a. In school buildings**
  - High Schools: 96.2%
  - Middle Schools: 96.9%
  - Junior/Senior High Schools: 96.7%
  - All Schools: NA

- **b. Outside on school grounds, including parking lots and playing fields**
  - High Schools: 96.2%
  - Middle Schools: 93.5%
  - Junior/Senior High Schools: 94.8%
  - All Schools: NA

- **c. On school buses or other vehicles used to transport students**
  - High Schools: 96.2%
  - Middle Schools: 96.9%
  - Junior/Senior High Schools: 96.7%
  - All Schools: NA

- **d. At off-campus, school-sponsored events**
  - High Schools: 76.9%
  - Middle Schools: 78.3%
  - Junior/Senior High Schools: 78.4%
  - All Schools: NA

**Note:**
NA = Not available
28N. Percentage of schools that follow a policy that mandates a "tobacco-free environment." A "tobacco-free environment" is one that prohibits tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.*

*Responses to question 26 (a, b, c, and d), question 27 (a and b), and question 28 (a, b, c, and d) are all "yes."

NA = Not available
29. Percentage of schools that post signs marking a tobacco-free school zone, that is, a specified distance from school grounds where tobacco use is not allowed.
30. Percentage of schools that provide tobacco cessation services for each of the following groups.

a. Faculty and staff

- High Schools: 18.1%
- Middle Schools: NA
- Junior/Senior High Schools: 28.8%
- All Schools: 42.3%

b. Students

- High Schools: NA
- Middle Schools: 12.0%
- Junior/Senior High Schools: 33.1%
- All Schools: 61.5%
31. Percentage of schools that have arrangements with any organizations or health care professionals not on school property to provide tobacco cessation services for each of the following groups.

- Faculty and staff
  - High Schools: 24.2
  - Middle Schools: 22.0
  - Junior/Senior High Schools: 38.5
  - All Schools: 29.2
- Students
  - High Schools: NA
  - Middle Schools: 15.0
  - Junior/Senior High Schools: 46.2
  - All Schools: 27.1

NA = Not available
32. Percentage of schools that never, rarely, sometimes, or always or almost always offer fruit or non-fried vegetables at school celebrations when foods or beverages are offered.

- a. Foods or beverages are not offered at school celebrations
- b. Never
- c. Rarely
- d. Sometimes
- e. Always or almost always

NA = Not available
33. Percentage of schools in which students can purchase snack foods or beverages from one or more vending machines at the school or at a school store, canteen, or snack bar.
34. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

a. Chocolate candy

- High Schools: 6.1%
- Middle Schools: 11.2%
- Junior/Senior High Schools: 19.2%
- All Schools: NA

b. Other kinds of candy

- High Schools: 9.1%
- Middle Schools: 14.4%
- Junior/Senior High Schools: 23.1%
- All Schools: NA

c. Salty snacks that are not low in fat (e.g., regular potato chips)

- High Schools: 18.1%
- Middle Schools: 23.0%
- Junior/Senior High Schools: 32.0%
- All Schools: NA

d. Low sodium or “no added salt” pretzels, crackers, or chips

- High Schools: 27.3%
- Middle Schools: 37.1%
- Junior/Senior High Schools: 53.8%
- All Schools: NA

e. Cookies, crackers, cakes, pastries, or other baked goods that are not low in fat

- High Schools: 15.1%
- Middle Schools: 18.1%
- Junior/Senior High Schools: 24.0%
- All Schools: NA

NA = Not available
34. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

f. Ice cream or frozen yogurt that is not low in fat

- High Schools: 3.8% (12.0% include NA)
- Middle Schools: 8.4% (15.0% include NA)
- Junior/Senior High Schools: NA
- All Schools: NA

- NA = Not available

- Total: 20.8% (52.0% include NA)

- Survey Results: Weighted Principal Survey Results

- Adjusted for sample weights to provide estimates for the Delaware school population.

- The 2014 School Health Profiles report is produced by the Center for Disease Control and Prevention (CDC) and is used to track health trends and evaluate the effectiveness of health interventions in schools.

- The report includes data on various health indicators, including nutrition, physical activity, and mental health.

- This chart provides a snapshot of the availability of different snack foods and beverages in Delaware schools, highlighting differences among different types of schools.
34. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

- **Sports drinks (e.g., Gatorade)**: 65.4% (High Schools), 18.2% (Middle Schools), 38.2% (All Schools)
- **Energy drinks (e.g., Red Bull, Monster)**: 3.8% (High Schools), 0.0% (Middle Schools), 1.5% (All Schools)
- **Bottled water**: 73.1% (High Schools), 30.3% (Middle Schools), 48.1% (All Schools)
- **100% fruit or vegetable juice**: 52.0% (High Schools), 18.2% (Middle Schools), 32.5% (All Schools)
- **Foods or beverages containing caffeine**: 23.1% (High Schools), 9.1% (Middle Schools), 14.6% (All Schools)

NA = Not available
34. Percentage of schools in which students can purchase the following snack foods or beverages from vending machines or at the school store, canteen, or snack bar.

p. Fruits (not fruit juice)

q. Non-fried vegetables (not vegetable juice)
35. Percentage of schools that have done any of the following activities during the current school year.

<table>
<thead>
<tr>
<th>Activity</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>a. Priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages</td>
<td>18.7</td>
<td>NA</td>
<td>25.8</td>
<td>34.8</td>
</tr>
<tr>
<td>b. Collected suggestions from students, families, and school staff on nutritious food preferences and strategies to promote healthy eating</td>
<td>18.7</td>
<td>NA</td>
<td>25.8</td>
<td>52.2</td>
</tr>
<tr>
<td>c. Provided information to students or families on the nutrition and caloric content of foods available</td>
<td>18.7</td>
<td>NA</td>
<td>25.8</td>
<td>70.8</td>
</tr>
<tr>
<td>d. Conducted taste tests to determine food preferences for nutritious items</td>
<td>18.7</td>
<td>NA</td>
<td>25.8</td>
<td>66.8</td>
</tr>
<tr>
<td>e. Provided opportunities for students to visit the cafeteria to learn about food safety, food preparation, or other nutrition-related topics</td>
<td>18.7</td>
<td>NA</td>
<td>25.8</td>
<td>69.4</td>
</tr>
</tbody>
</table>

NA = Not available
35. Percentage of schools that have done any of the following activities during the current school year.

- Served locally or regionally grown foods in the cafeteria or classrooms
- Planted a school food or vegetable garden
- Placed fruits and vegetables near the cafeteria cashier, where they are easy to access
- Used attractive displays for fruits and vegetables in the cafeteria
- Offered a self-serve salad bar to students

NA = Not available
35. Percentage of schools that have done any of the following activities during the current school year.

k. Labeled healthful foods with appealing names (e.g., crunchy carrots)

l. Encouraged students to drink plain water

m. Prohibited school staff from giving students food or food coupons as a reward for good behavior or good academic performance

n. Prohibited less nutritious foods and beverages (e.g., candy, baked goods) from being sold for fundraising purposes
36. Percentage of schools that prohibit advertisements for candy, fast food restaurants, or soft drinks in the following locations.

a. In the school building
   - High Schools: 51.4
   - All Schools: 59.5
   - NA

b. On school grounds including on the outside of the school building, on playing fields, or other areas of the campus
   - High Schools: 52.0
   - All Schools: 48.5
   - NA
   - NA

C. On school buses or other vehicles used to transport students
   - High Schools: 54.5
   - All Schools: 59.7
   - NA
   - NA

d. In school publications (e.g., newsletters, newspapers, web sites, or other school publications)
   - High Schools: 50.0
   - All Schools: 48.0
   - NA

E. In curricula or other educational materials (including assignment books, school supplies, book covers, and electronic media)
   - High Schools: 52.0
   - All Schools: 48.6
   - NA

NA = Not available
37. Percentage of schools that permit students to have a drinking water bottle with them during the school day.

- a. Yes, in all locations
  - High Schools: 43.8
  - Middle Schools: NA
  - Junior/Senior High Schools: 58.5
  - All Schools: 76.0

- b. Yes, in certain locations
  - High Schools: 20.0
  - Middle Schools: NA
  - Junior/Senior High Schools: 37.5
  - All Schools: 29.3

- c. No
  - High Schools: 4.0
  - Middle Schools: NA
  - Junior/Senior High Schools: 18.7
  - All Schools: 12.2

NA = Not available
37N. Percentage of schools that permit students to have a drinking water bottle with them in either all locations or certain locations during the school day.
38. Percentage of schools that offer a free source of drinking water in the following locations.*

- a. Cafeteria during breakfast
- b. Cafeteria during lunch
- c. Gymnasium or other indoor physical activity facilities
- d. Outdoor physical activity facilities and sports fields
- e. Hallways throughout the school

*Among schools with that location.

NA = Not available
39. Percentage of schools that have a full-time registered nurse who provides health services to students.
40. Percentage of schools that provide the following services to students.

a. HIV testing
   - High Schools: 0.0%
   - Middle Schools: 22.4%
   - Junior/Senior High Schools: 58.3%
   - All Schools: NA

b. HIV treatment
   - High Schools: 0.0%
   - Middle Schools: 12.5%
   - Junior/Senior High Schools: NA
   - All Schools: 4.8%

c. STD testing
   - High Schools: 0.0%
   - Middle Schools: 24.0%
   - Junior/Senior High Schools: 62.5%
   - All Schools: NA

d. STD treatment
   - High Schools: 0.0%
   - Middle Schools: 19.2%
   - Junior/Senior High Schools: 50.0%
   - All Schools: NA

e. Pregnancy testing
   - High Schools: 0.0%
   - Middle Schools: 24.0%
   - Junior/Senior High Schools: 62.5%
   - All Schools: NA

NA = Not available
40. Percentage of schools that provide the following services to students.

<table>
<thead>
<tr>
<th>Service</th>
<th>High Schools</th>
<th>Middle Schools</th>
<th>Junior/Senior High Schools</th>
<th>All Schools</th>
</tr>
</thead>
<tbody>
<tr>
<td>f. Provision of condoms</td>
<td>0.0%</td>
<td>14.6%</td>
<td>39.1%</td>
<td></td>
</tr>
<tr>
<td>g. Provision of condom-compatible lubricants (i.e., water- or silicone-based)</td>
<td>0.0%</td>
<td>9.6%</td>
<td>25.0%</td>
<td></td>
</tr>
<tr>
<td>h. Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])</td>
<td>0.0%</td>
<td>6.4%</td>
<td>16.7%</td>
<td></td>
</tr>
<tr>
<td>i. Prenatal care</td>
<td>0.0%</td>
<td>6.4%</td>
<td>16.7%</td>
<td></td>
</tr>
<tr>
<td>j. Human papillomavirus (HPV) vaccine administration</td>
<td>0.0%</td>
<td>20.8%</td>
<td>54.2%</td>
<td></td>
</tr>
</tbody>
</table>

NA = Not available
41. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.

- a. HIV testing
- b. HIV treatment
- c. STD testing
- d. STD treatment
- e. Pregnancy testing

NA = Not available
41. Percentage of schools that provide students with referrals to any organizations or health care professionals not on school property for the following services.

f. Provision of condoms

- High Schools: 75.0
- Middle Schools: 18.7
- Junior/Senior High Schools: 41.7
- All Schools: 75.0

g. Provision of condom-compatible lubricants (i.e., water- or silicone-based)

- High Schools: 75.0
- Middle Schools: 18.1
- Junior/Senior High Schools: 40.9
- All Schools: 75.0

h. Provision of contraceptives other than condoms (e.g., birth control pill, birth control shot, intrauterine device [IUD])

- High Schools: 75.0
- Middle Schools: 15.6
- Junior/Senior High Schools: 39.9
- All Schools: 83.3

i. Prenatal care

- High Schools: 82.6
- Middle Schools: 24.9
- Junior/Senior High Schools: 50.2
- All Schools: 83.3

j. Human papillomavirus (HPV) vaccine administration

- High Schools: 82.6
- Middle Schools: 27.2
- Junior/Senior High Schools: 48.6
- All Schools: 82.6

NA = Not available
42. Percentage of schools that have a protocol that ensures students with a chronic condition that may require daily or emergency management (e.g., asthma, diabetes, food allergies) are enrolled in private, state, or federally funded insurance programs if eligible.
43. Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions.

- a. Asthma
- b. Food allergies
- c. Diabetes

NA = Not available
43. Percentage of schools that routinely use school records to identify and track students with a current diagnosis of the following chronic conditions.

d. Epilepsy or seizure disorder

- High Schools: 96.0%
- Middle Schools: 96.9%
- Junior/Senior High Schools: 96.7%
- All Schools: 96.7%

NA = Not available

e. Obesity

- High Schools: 56.0%
- Middle Schools: 51.3%
- Junior/Senior High Schools: 53.1%
- All Schools: 53.1%

f. Hypertension/high blood pressure

- High Schools: 80.0%
- Middle Schools: 78.5%
- Junior/Senior High Schools: 79.8%
- All Schools: 79.8%

NA = Not available
44. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions.

a. Asthma
   - High Schools: 80.0
   - Middle Schools: NA
   - Junior/Senior High Schools: 60.6
   - All Schools: 69.5

b. Food allergies
   - High Schools: 80.0
   - Middle Schools: NA
   - Junior/Senior High Schools: 57.5
   - All Schools: 67.7

c. Diabetes
   - High Schools: 84.0
   - Middle Schools: NA
   - Junior/Senior High Schools: 59.3
   - All Schools: 70.5

NA = Not available
44. Percentage of schools that provide referrals to any organizations or health care professionals not on school property for students diagnosed with or suspected to have the following chronic conditions.

d. Epilepsy or seizure disorder

NA

57.5

80.0

e. Obesity

NA

54.5

72.0

f. Hypertension/high blood pressure

NA

57.5

83.3

High Schools

Middle Schools

Junior/Senior High Schools

All Schools

NA = Not available
45. Percentage of schools that have done any of the following activities during the current school year.

- a. Provided parents and families with information about how to communicate with their child about sex

- b. Provided parents with information about how to monitor their child (e.g., setting parental expectations, keeping track of their child, responding when their child breaks the rules)

- c. Involved parents as school volunteers in the delivery of health education activities and services

- d. Linked parents and families to health services and programs in the community

NA = Not available
46. Percentage of schools that use electronic, paper, or oral communication to inform parents about school health services and programs.

![Bar graph showing the percentage of schools using electronic, paper, or oral communication to inform parents about school health services and programs.](image)

NA = Not available
47. Percentage of schools that participate in a program in which family or community members serve as role models to students or mentor students, such as the Big Brothers Big Sisters program.
48. Percentage of schools that provide service-learning opportunities for students.
49. Percentage of schools that provide peer tutoring opportunities for students.
50. Percentage of schools in which students’ families helped develop or implement policies and programs related to school health during the past two years.

NA = Not available