Delaware Middle School Survey

Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet

Q6 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Among students who used rollerblades or rode a skateboard, the percentage who never or rarely wore a helmet

Q7 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who never or rarely wore a seat belt when riding in a car

2013 Youth Risk Behavior Survey Results

Q8 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey

Percentage of students who ever rode in a car driven by someone who had been drinking alcohol

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>20.8</td>
</tr>
<tr>
<td>Male</td>
<td>18.9</td>
</tr>
<tr>
<td>Female</td>
<td>22.7</td>
</tr>
<tr>
<td>6th</td>
<td>15.8</td>
</tr>
<tr>
<td>7th</td>
<td>21.0</td>
</tr>
<tr>
<td>8th</td>
<td>25.9</td>
</tr>
<tr>
<td>Black*</td>
<td>19.4</td>
</tr>
<tr>
<td>Hispanic/</td>
<td>23.3</td>
</tr>
<tr>
<td>White*</td>
<td>22.4</td>
</tr>
</tbody>
</table>

Q9 - Weighted Data

*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who ever carried a weapon, such as a gun, knife, or club

Q10 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who have ever been in a physical fight

Q11 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse

Q12 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who had ever been bullied on school property

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>43.1</td>
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<tr>
<td>Male</td>
<td>38.4</td>
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<tr>
<td>Female</td>
<td>47.9</td>
</tr>
<tr>
<td>6th</td>
<td>42.9</td>
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<tr>
<td>7th</td>
<td>43.2</td>
</tr>
<tr>
<td>8th</td>
<td>43.3</td>
</tr>
<tr>
<td>Black*</td>
<td>38.2</td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td>36.9</td>
</tr>
<tr>
<td>White*</td>
<td>48.6</td>
</tr>
</tbody>
</table>

Q13 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who had ever been electronically bullied

2013 Youth Risk Behavior Survey Results

Q14 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who ever seriously thought about killing themselves

Q15 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who ever made a plan about how they would kill themselves

Q16 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who ever tried to kill themselves

Q17 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who ever tried cigarette smoking, even one or two puffs

Q18 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who smoked a whole cigarette for the first time before age 11 years

Q19 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days

Q20 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who smoked cigarettes on 20 or more of the past 30 days

QNFRCIG - Weighted Data
*Non-Hispanic.
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days

Q21 - Weighted Data
*Non-Hispanic.
Missing bars indicate fewer than 100 students in this subgroup.
Among students who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days.

Q22 - Weighted Data
*Non-Hispanic.
Missing bars indicate fewer than 100 students in this subgroup.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey

Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days

Q23 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days

Q24 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days

Q25 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days

<table>
<thead>
<tr>
<th>Category</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
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<tr>
<td>Total</td>
<td>3.8</td>
<td>6.6</td>
<td>8.9</td>
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<tr>
<td>Male</td>
<td>6.4</td>
<td>6.6</td>
<td>6.0</td>
</tr>
<tr>
<td>Female</td>
<td>6.0</td>
<td>6.6</td>
<td>8.9</td>
</tr>
</tbody>
</table>

QNANYTOB - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who ever had a drink of alcohol, other than a few sips

Total 26.8  Male 26.2  Female 27.4  6th 15.5  7th 26.2  8th 39.2  Black* 26.6  Hispanic/Latino 31.9  White* 25.0

Q26 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 11 years

Q27 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who ever used marijuana

Q28 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who tried marijuana for the first time before age 11 years

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/ Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>2.5</td>
<td>3.2</td>
<td>1.5</td>
<td>1.6</td>
<td>3.0</td>
<td>2.6</td>
<td>2.8</td>
<td>4.7</td>
<td>1.4</td>
</tr>
</tbody>
</table>

Q29 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who ever used any form of cocaine, including powder, crack, or freebase

Q30 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high

Q31 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who ever took steroid pills or shots without a doctor's prescription

Q32 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who ever took a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor’s prescription

Q33 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who ever had sexual intercourse

Q34 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey

Percentage of students who had sexual intercourse for the first time before age 11 years

Q35 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who ever had sexual intercourse with three or more people

Q36 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey

Among students who ever had sexual intercourse, the percentage who used a condom during last sexual intercourse

<table>
<thead>
<tr>
<th>Group</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>70.8%</td>
</tr>
<tr>
<td>Male</td>
<td>74.1%</td>
</tr>
<tr>
<td>Female</td>
<td>63.3%</td>
</tr>
<tr>
<td>6th</td>
<td>82.7%</td>
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<tr>
<td>7th</td>
<td>71.3%</td>
</tr>
<tr>
<td>8th</td>
<td>71.6%</td>
</tr>
<tr>
<td>Black*</td>
<td>74.2%</td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td>71.6%</td>
</tr>
<tr>
<td>White*</td>
<td>74.2%</td>
</tr>
</tbody>
</table>

Q37 - Weighted Data
*Non-Hispanic.
Missing bars indicate fewer than 100 students in this subgroup.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who described themselves as slightly or very overweight

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>27.4%</td>
</tr>
<tr>
<td>Male</td>
<td>24.2%</td>
</tr>
<tr>
<td>Female</td>
<td>30.5%</td>
</tr>
<tr>
<td>6th</td>
<td>24.6%</td>
</tr>
<tr>
<td>7th</td>
<td>27.3%</td>
</tr>
<tr>
<td>8th</td>
<td>30.0%</td>
</tr>
<tr>
<td>Black*</td>
<td>20.7%</td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td>32.3%</td>
</tr>
<tr>
<td>White*</td>
<td>30.1%</td>
</tr>
</tbody>
</table>

Q38 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who were trying to lose weight

Q39 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight

Q40 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight

Q41 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight

Q42 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who ate breakfast on all of the past seven days

2013 Youth Risk Behavior Survey Results

Total: 46.3
Male: 53.4
Female: 39.0
6th: 53.2
7th: 44.7
8th: 41.2
Black*: 44.2
Hispanic/Latino: 40.8
White*: 49.4

Q43 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who ate breakfast on none of the past seven days

- Total: 11.0
- Male: 8.8
- Female: 13.0
- 6th: 9.6
- 7th: 10.6
- 8th: 12.4
- Black*: 10.4
- Hispanic/Latino: 15.8
- White*: 9.4

QNNOBKFT - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days

<table>
<thead>
<tr>
<th></th>
<th>Total</th>
<th>Male</th>
<th>Female</th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
<th>Black*</th>
<th>Hispanic/Latino</th>
<th>White*</th>
</tr>
</thead>
<tbody>
<tr>
<td>Percentage</td>
<td>48.2</td>
<td>55.0</td>
<td>40.6</td>
<td>49.5</td>
<td>45.7</td>
<td>48.7</td>
<td>43.4</td>
<td>38.8</td>
<td>54.8</td>
</tr>
</tbody>
</table>

Q44 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days

QNPA0DAY - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days

QNPA7DAY - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who watched three or more hours per day of TV on an average school day

Q45 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day

Q46 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school

- Total: 66.9%
- Male: 69.1%
- Female: 63.8%
- 6th: 64.7%
- 7th: 66.2%
- 8th: 68.5%
- Black*: 69.8%
- Hispanic/Latino: 65.0%
- White*: 65.5%

Q47 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who attended physical education (PE) classes daily in an average week when they were in school

QNDLYPE - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who played on one or more sports teams during the past 12 months

Q48 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who had ever been taught in school about AIDS or HIV infection

Q49 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who had ever been told by a doctor or nurse that they had asthma

Q50 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey

Percentage of students who had someone they were dating or going out with say things to them or say things to other people about them to purposely hurt them during the past 12 months

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
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<tbody>
<tr>
<td>Total</td>
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<tr>
<td>Male</td>
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</tr>
<tr>
<td>Female</td>
<td>15.3</td>
</tr>
<tr>
<td>6th</td>
<td>8.8</td>
</tr>
<tr>
<td>7th</td>
<td>13.6</td>
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<tr>
<td>8th</td>
<td>13.7</td>
</tr>
<tr>
<td>Black*</td>
<td>10.8</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>13.4</td>
</tr>
<tr>
<td>White*</td>
<td>12.0</td>
</tr>
</tbody>
</table>

Q51 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who had someone they were dating or going out with hit, slap, or physically hurt them on purpose during the past 12 months

Q52 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months

Q53 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who had a drink of alcohol during the past 30 days

<table>
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<tr>
<th>Category</th>
<th>Number</th>
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<tbody>
<tr>
<td>Total</td>
<td>9.5</td>
</tr>
<tr>
<td>Male</td>
<td>9.1</td>
</tr>
<tr>
<td>Female</td>
<td>9.9</td>
</tr>
<tr>
<td>6th</td>
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<td>7th</td>
<td>9.6</td>
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<td>15.2</td>
</tr>
<tr>
<td>Black*</td>
<td>7.8</td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td>14.4</td>
</tr>
<tr>
<td>White*</td>
<td>8.4</td>
</tr>
</tbody>
</table>

Q54 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who used marijuana during the past 30 days

Q55 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who have ever exercised to lose weight or to keep from gaining weight

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
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</thead>
<tbody>
<tr>
<td>Total</td>
<td>72.2</td>
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<tr>
<td>Male</td>
<td>68.6</td>
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<tr>
<td>Female</td>
<td>76.1</td>
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<td>6th</td>
<td>71.4</td>
</tr>
<tr>
<td>7th</td>
<td>73.3</td>
</tr>
<tr>
<td>8th</td>
<td>72.1</td>
</tr>
<tr>
<td>Black*</td>
<td>72.0</td>
</tr>
<tr>
<td>Hispanic/ Latino</td>
<td>78.0</td>
</tr>
<tr>
<td>White*</td>
<td>71.9</td>
</tr>
</tbody>
</table>

Q56 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight

Q57 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who eat dinner with their family three or more times in an average week

- Total: 83.0%
- Male: 84.0%
- Female: 82.4%
- 6th: 84.7%
- 7th: 83.4%
- 8th: 81.7%
- Black*: 78.1%
- Hispanic/Latino: 79.6%
- White*: 88.6%

Q58 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who drank 100% fruit juices such as orange juice, apple juice, or grape juice one or more times yesterday

2013 Youth Risk Behavior Survey Results

Q59 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who ate fruit one or more times yesterday

Q60 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who ate green salad one or more times yesterday

Q61 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who ate other vegetables one or more times yesterday

2013 Youth Risk Behavior Survey Results

Q62 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times yesterday

Q63 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey
Percentage of students who drank one or more glasses of milk yesterday

Q64 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey
Percentage of students who had one or more caffeinated drinks yesterday

2013 Youth Risk Behavior Survey Results

Q65 - Weighted Data
*Non-Hispanic.
Delaware Middle School Survey

Percentage of students whose asthma was a little problem or a big problem when they ran, exercised, or played sports during the last 4 weeks

Q66 - Weighted Data
*Non-Hispanic.
2013 Youth Risk Behavior Survey Results

Delaware Middle School Survey

Percentage of students who get eight or more hours of sleep on average school night

Q67 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who typically sleep at home, or at the home of friend or relative, with their parent(s) or guardian(s)

Q68 - Weighted Data
*Non-Hispanic.
# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who have physical disabilities or long-term health problems

<table>
<thead>
<tr>
<th></th>
<th>6th</th>
<th>7th</th>
<th>8th</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>7.1</td>
<td>7.5</td>
<td>9.7</td>
</tr>
<tr>
<td>Male</td>
<td>7.5</td>
<td>7.1</td>
<td>9.7</td>
</tr>
<tr>
<td>Female</td>
<td>8.9</td>
<td>8.2</td>
<td>8.6</td>
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<td>6th</td>
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<tr>
<td>8th</td>
<td>9.7</td>
<td>7.5</td>
<td>7.1</td>
</tr>
</tbody>
</table>

Q69 - Weighted Data

*Non-Hispanic.
Delaware Middle School Survey

Percentage of students who have long-term emotional problems or learning disabilities

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total</td>
<td>9.2</td>
</tr>
<tr>
<td>Male</td>
<td>8.3</td>
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<tr>
<td>Female</td>
<td>9.9</td>
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<td>6th</td>
<td>6.9</td>
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</tr>
<tr>
<td>8th</td>
<td>11.2</td>
</tr>
<tr>
<td>Black*</td>
<td>7.4</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>8.2</td>
</tr>
<tr>
<td>White*</td>
<td>9.1</td>
</tr>
</tbody>
</table>

Q70 - Weighted Data
*Non-Hispanic.