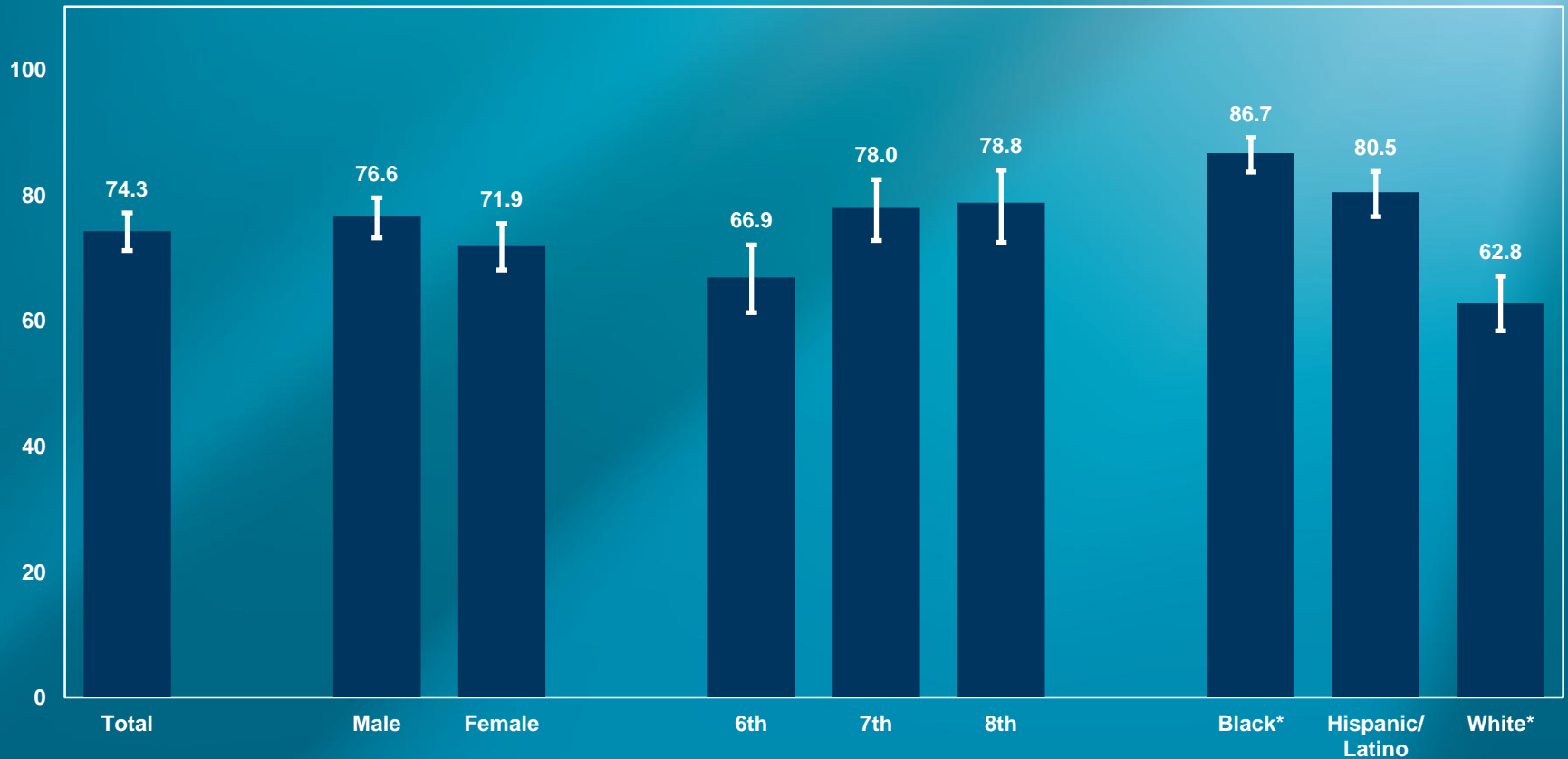


# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

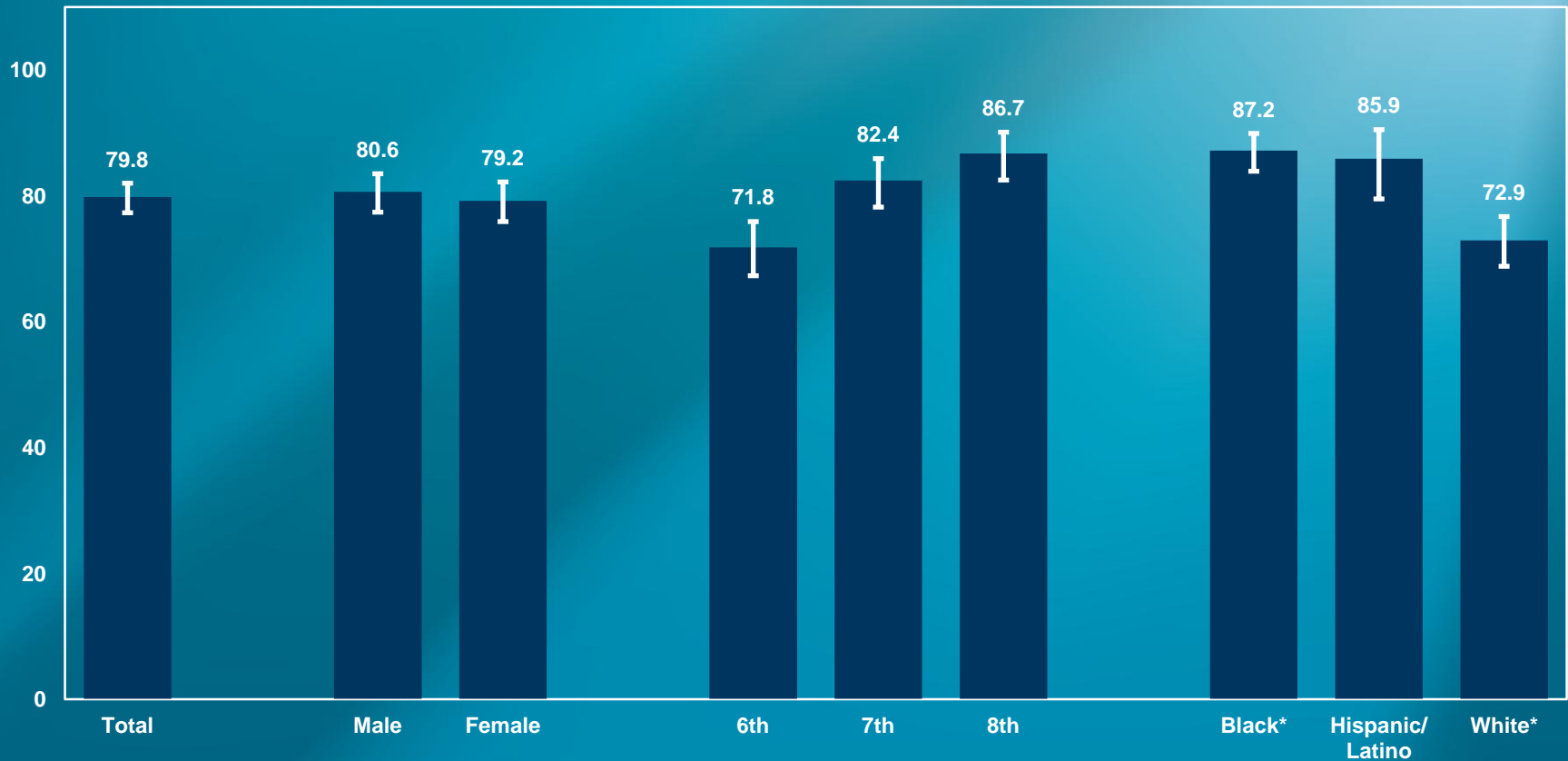
Among students who rode a bicycle, the percentage who never or rarely wore a bicycle helmet



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

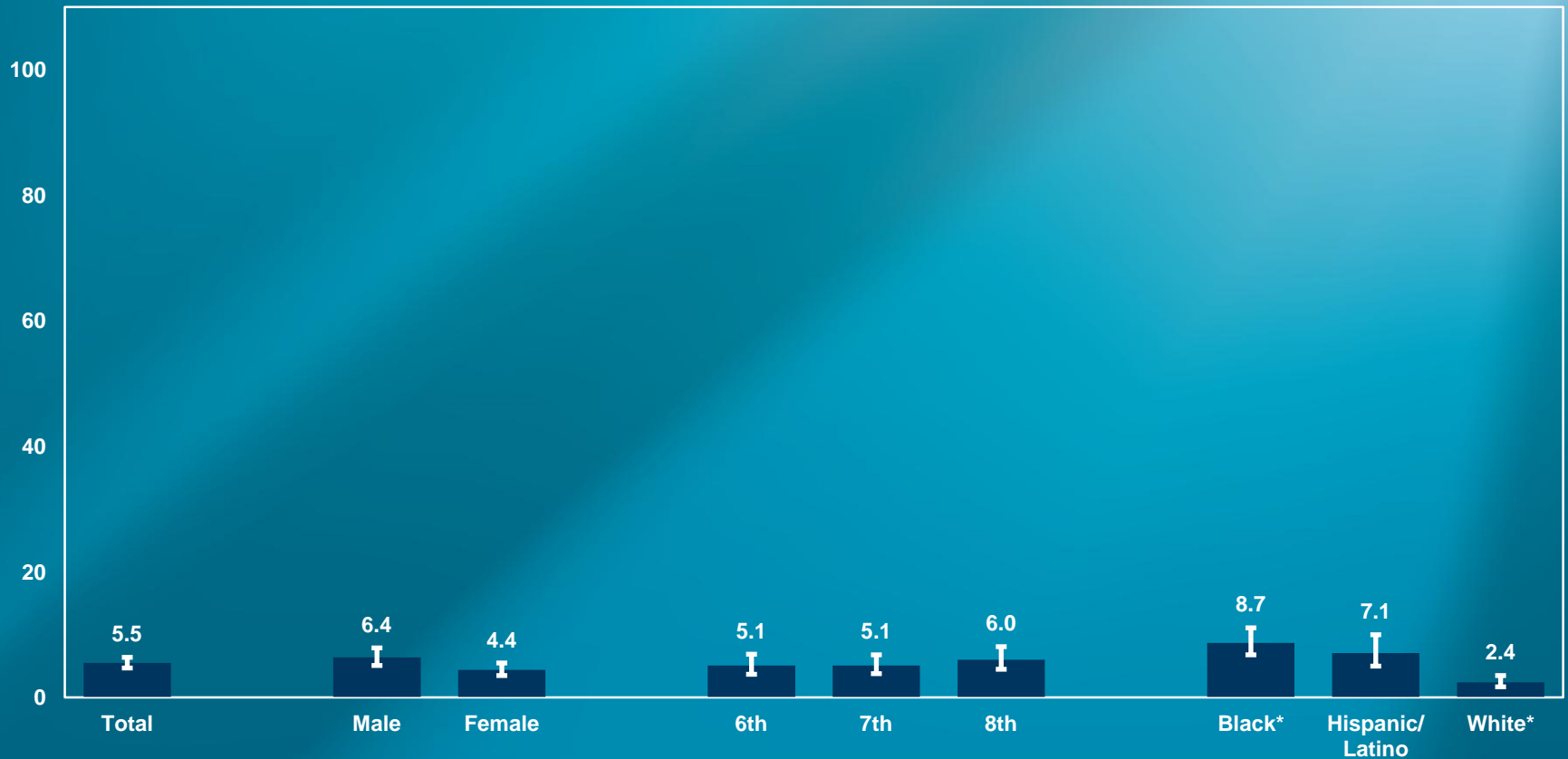
Among students who used rollerblades or rode a skateboard, the percentage who never or rarely wore a helmet



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

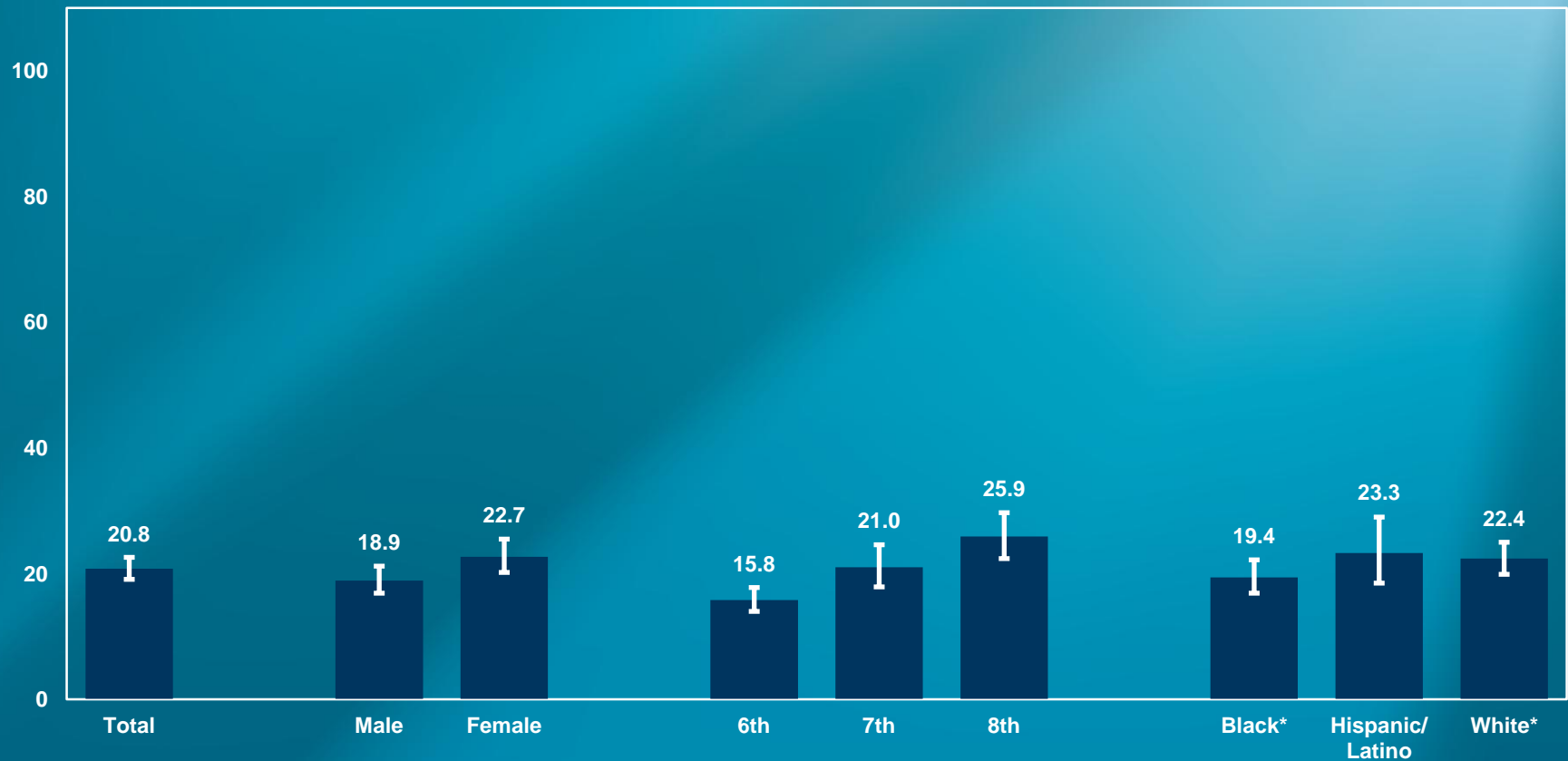
Percentage of students who never or rarely wore a seat belt when riding in a car



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

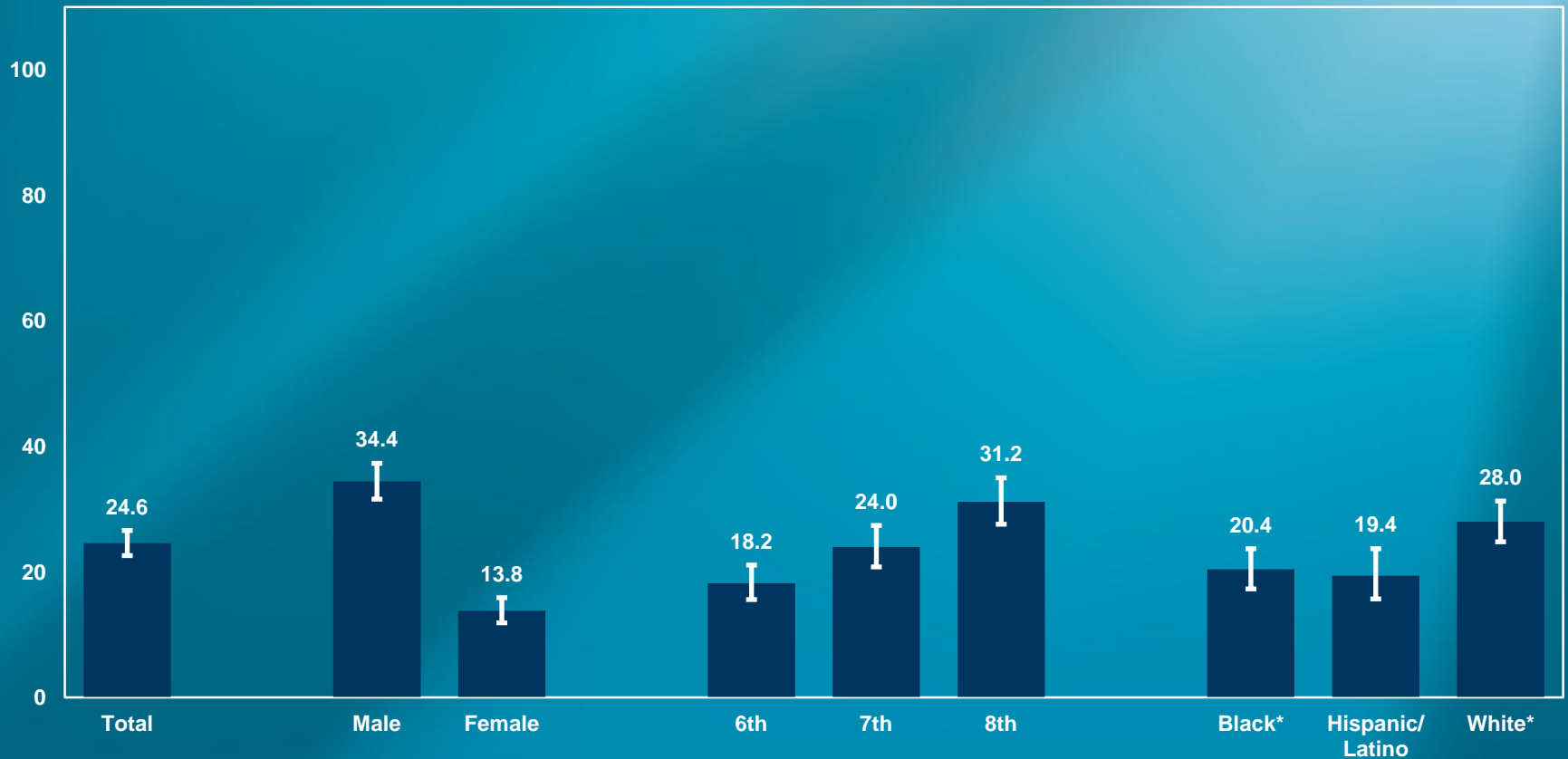
Percentage of students who ever rode in a car driven by someone who had been drinking alcohol



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

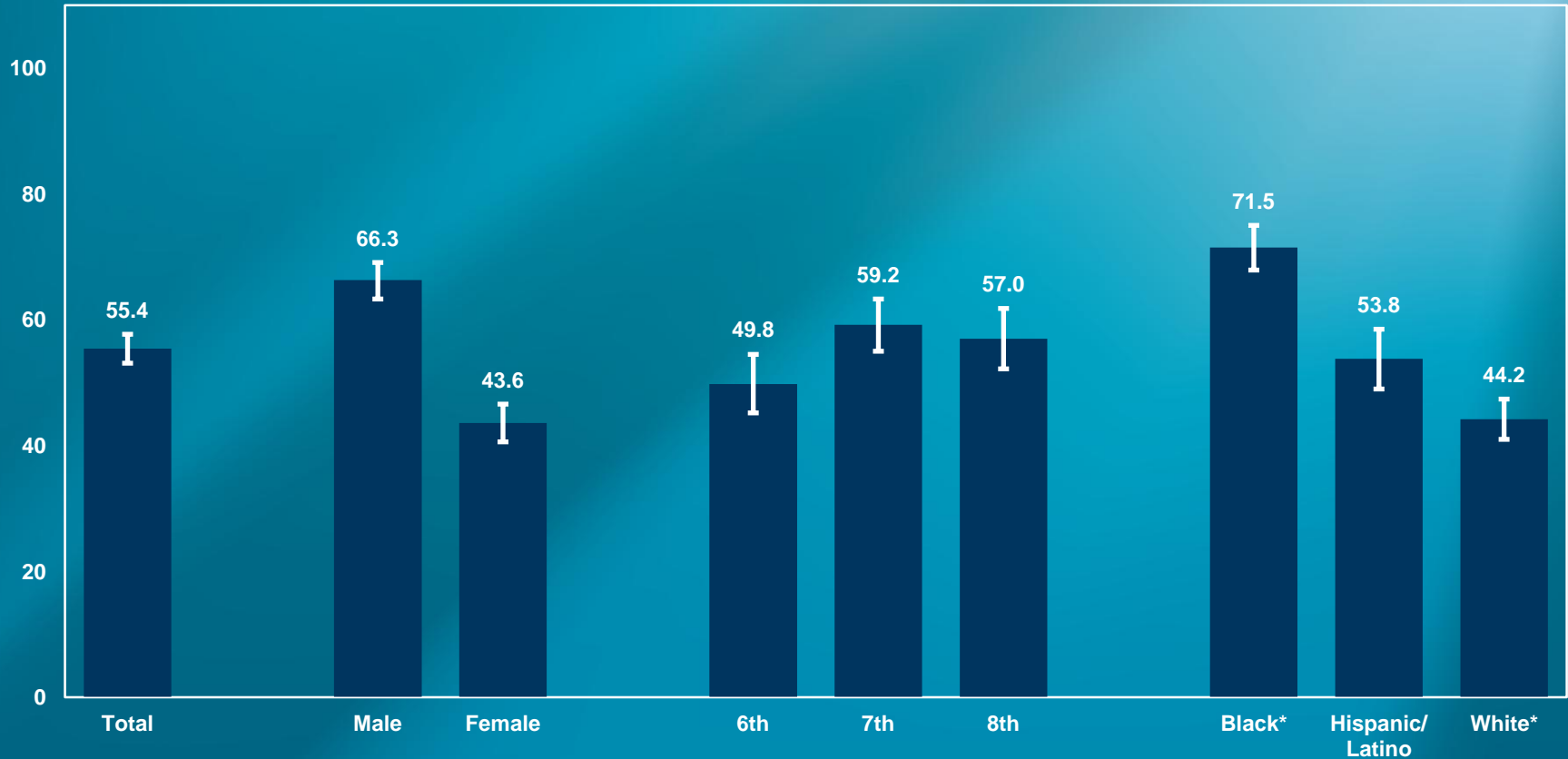
Percentage of students who ever carried a weapon, such as a gun, knife, or club



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

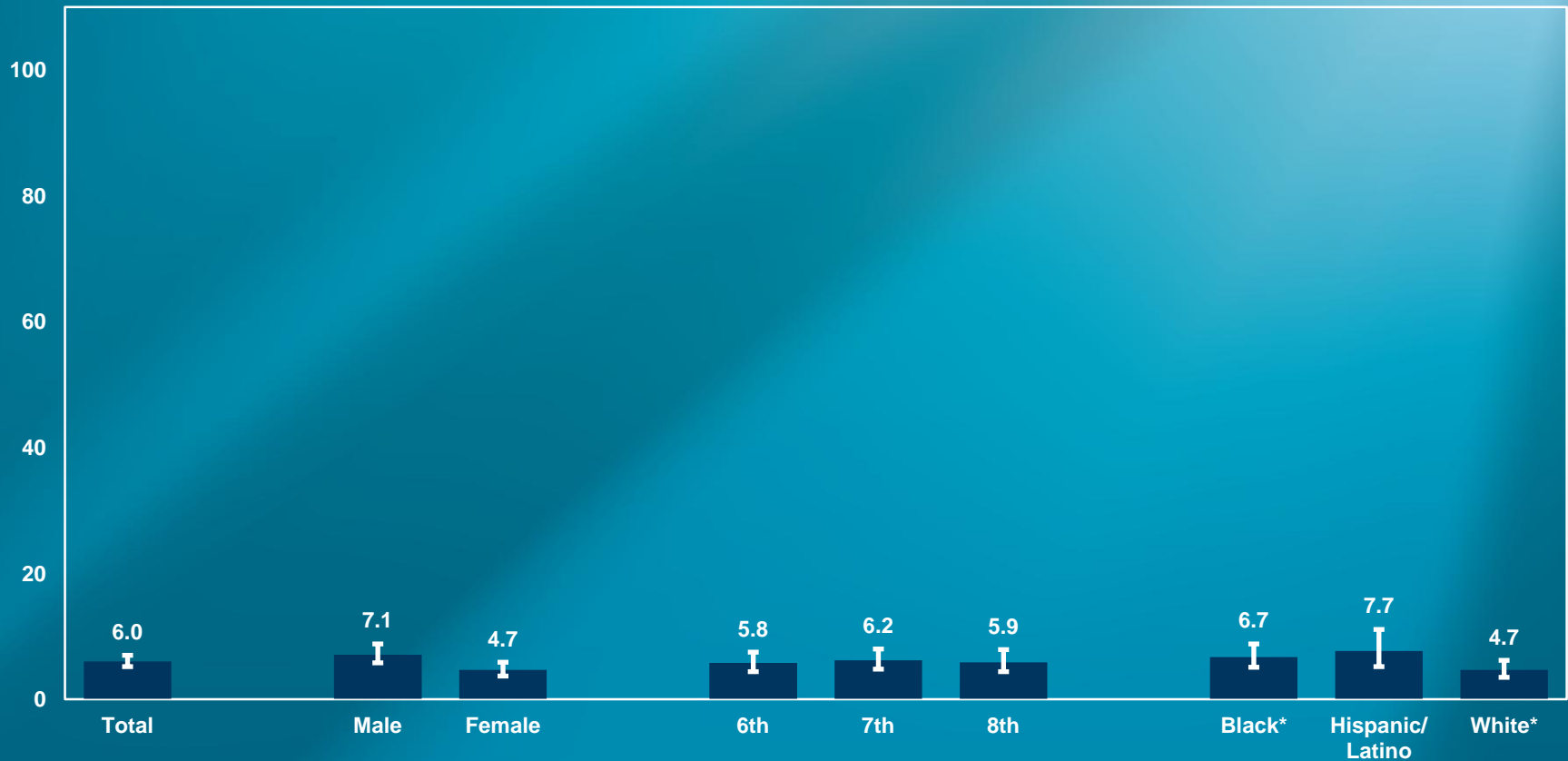
Percentage of students who have ever been in a physical fight



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

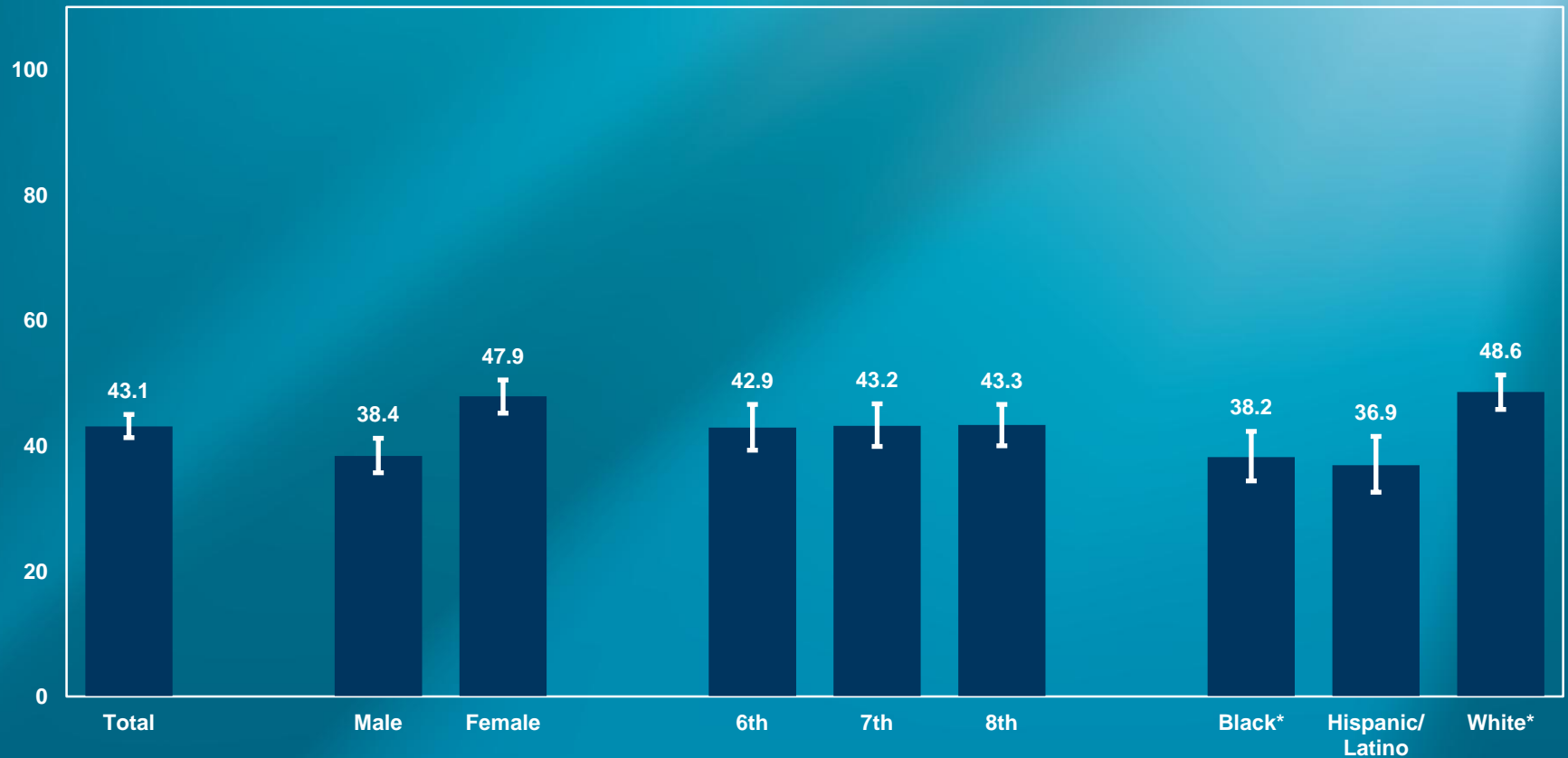
Percentage of students who were ever in a physical fight in which they were hurt and had to be treated by a doctor or nurse



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who had ever been bullied on school property

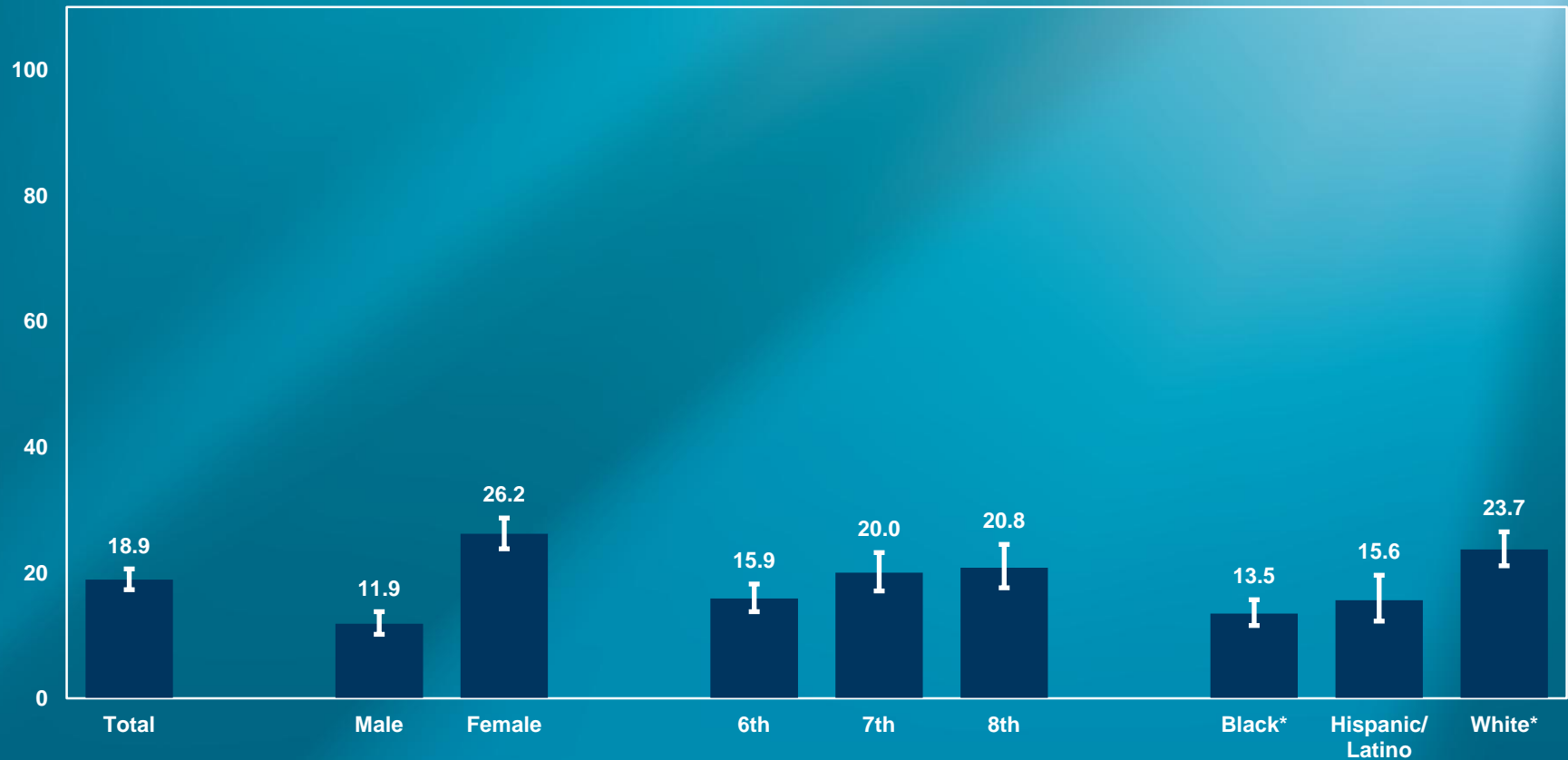




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

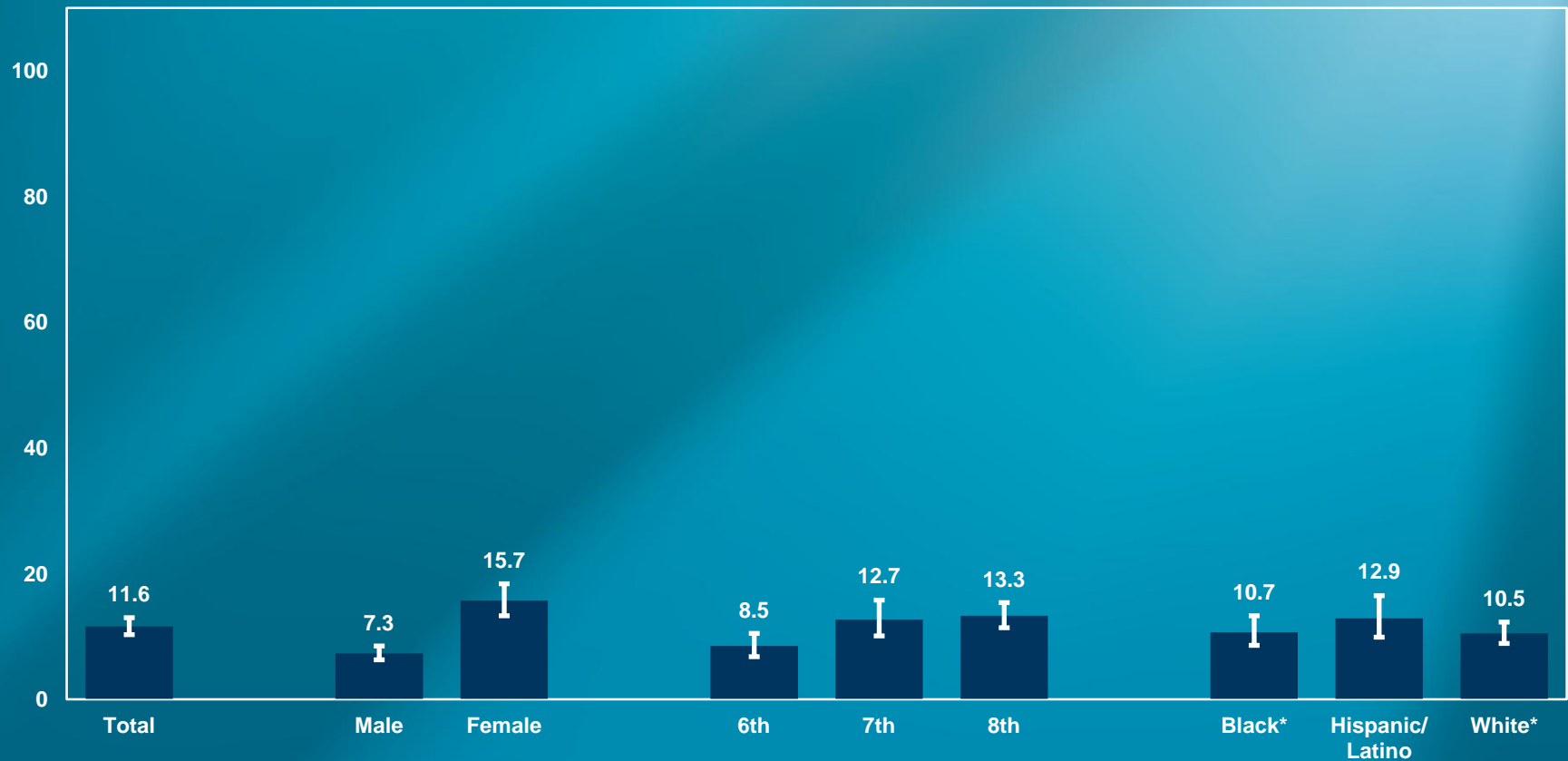
Percentage of students who had ever been electronically bullied



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

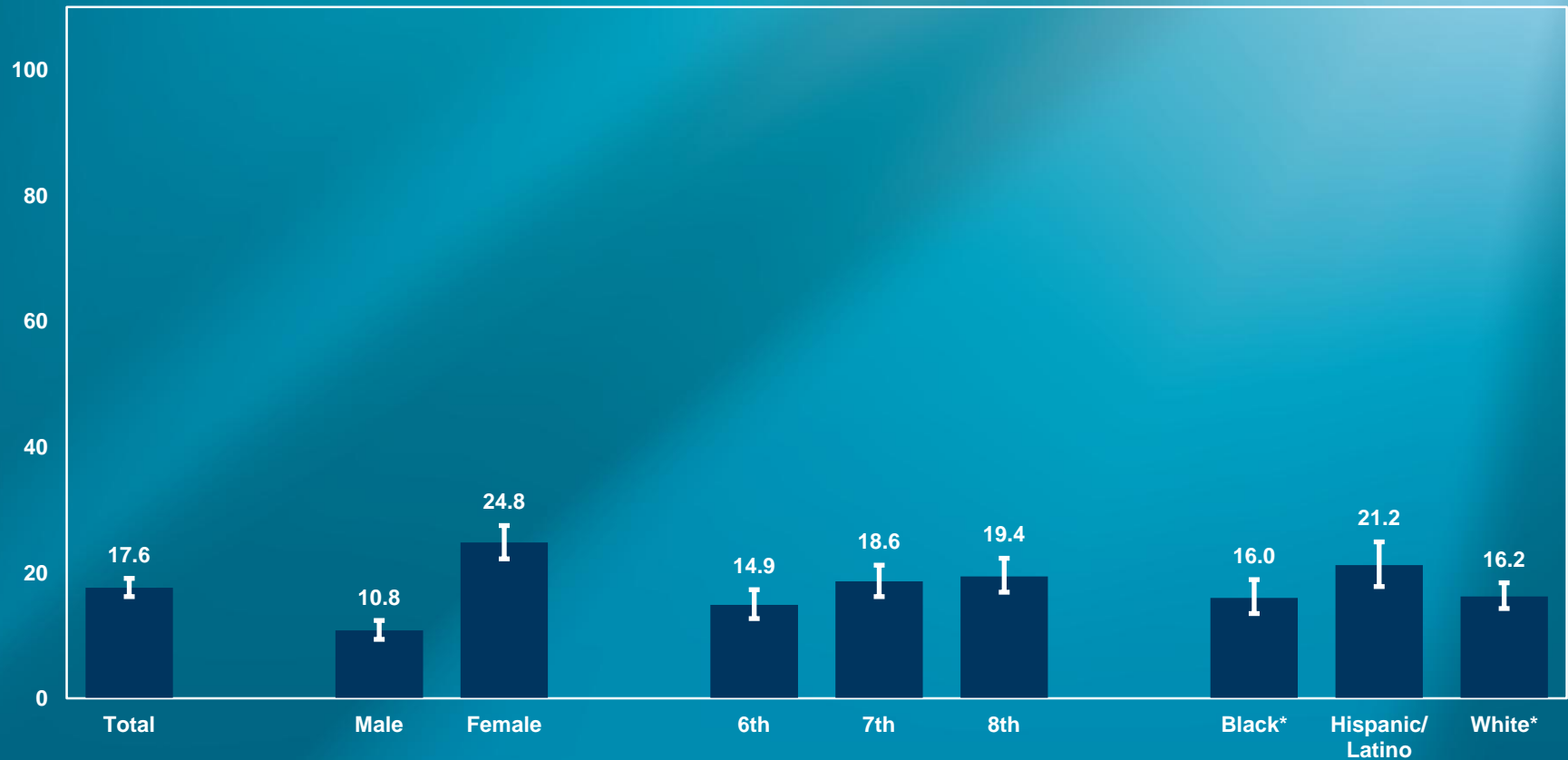
Percentage of students who ever seriously thought about killing themselves



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

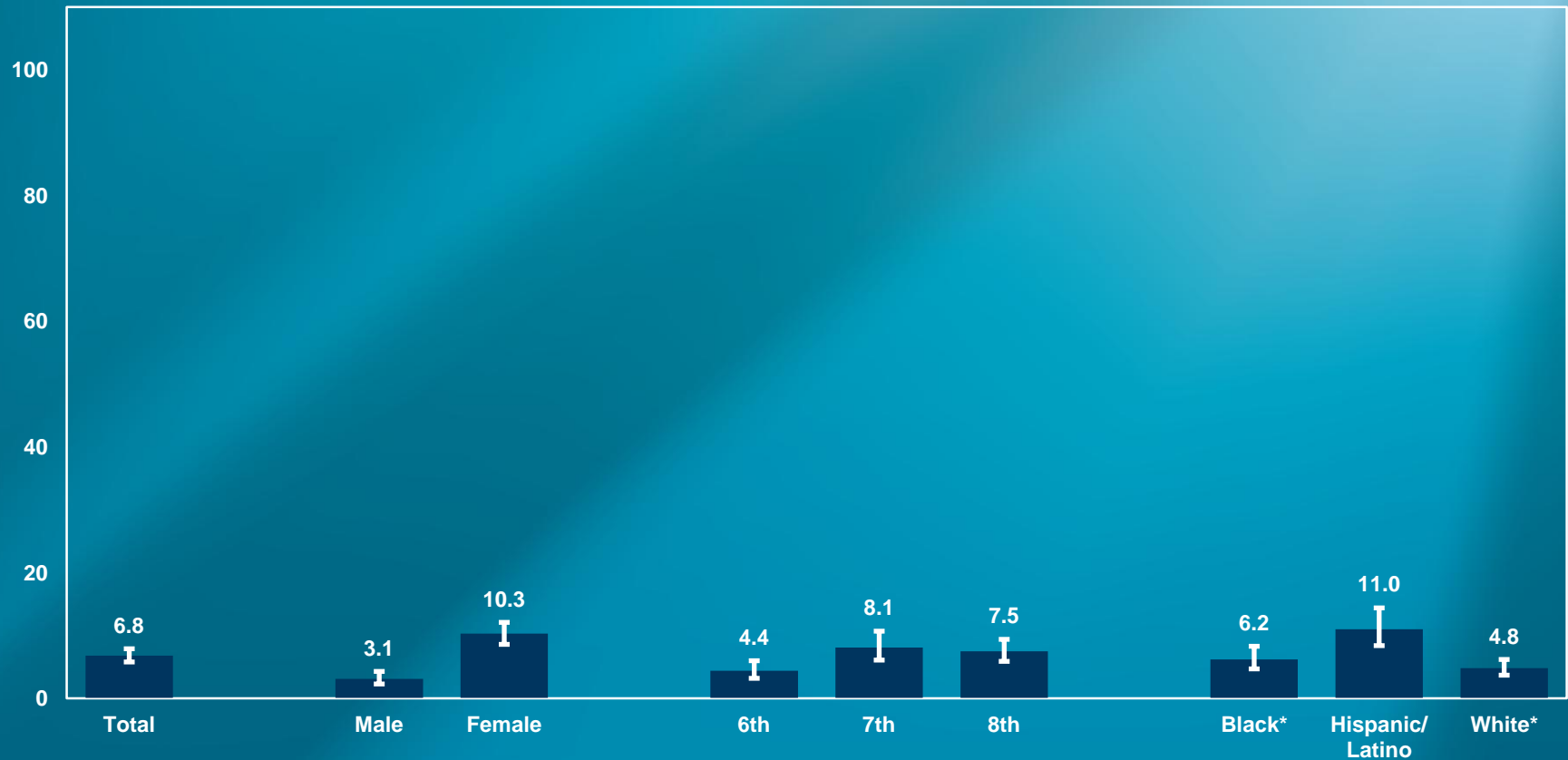
Percentage of students who ever made a plan about how they would kill themselves



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

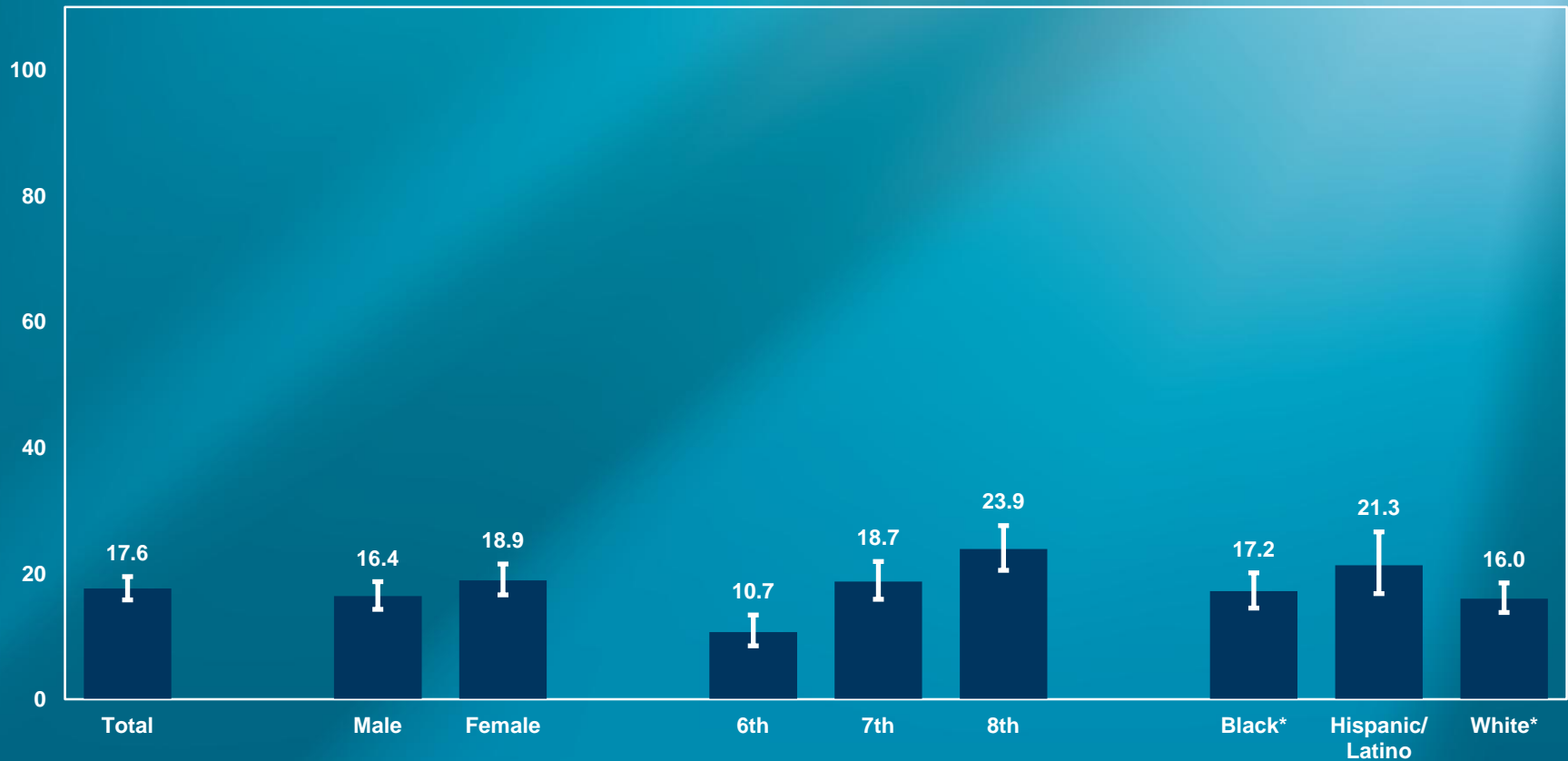
Percentage of students who ever tried to kill themselves



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

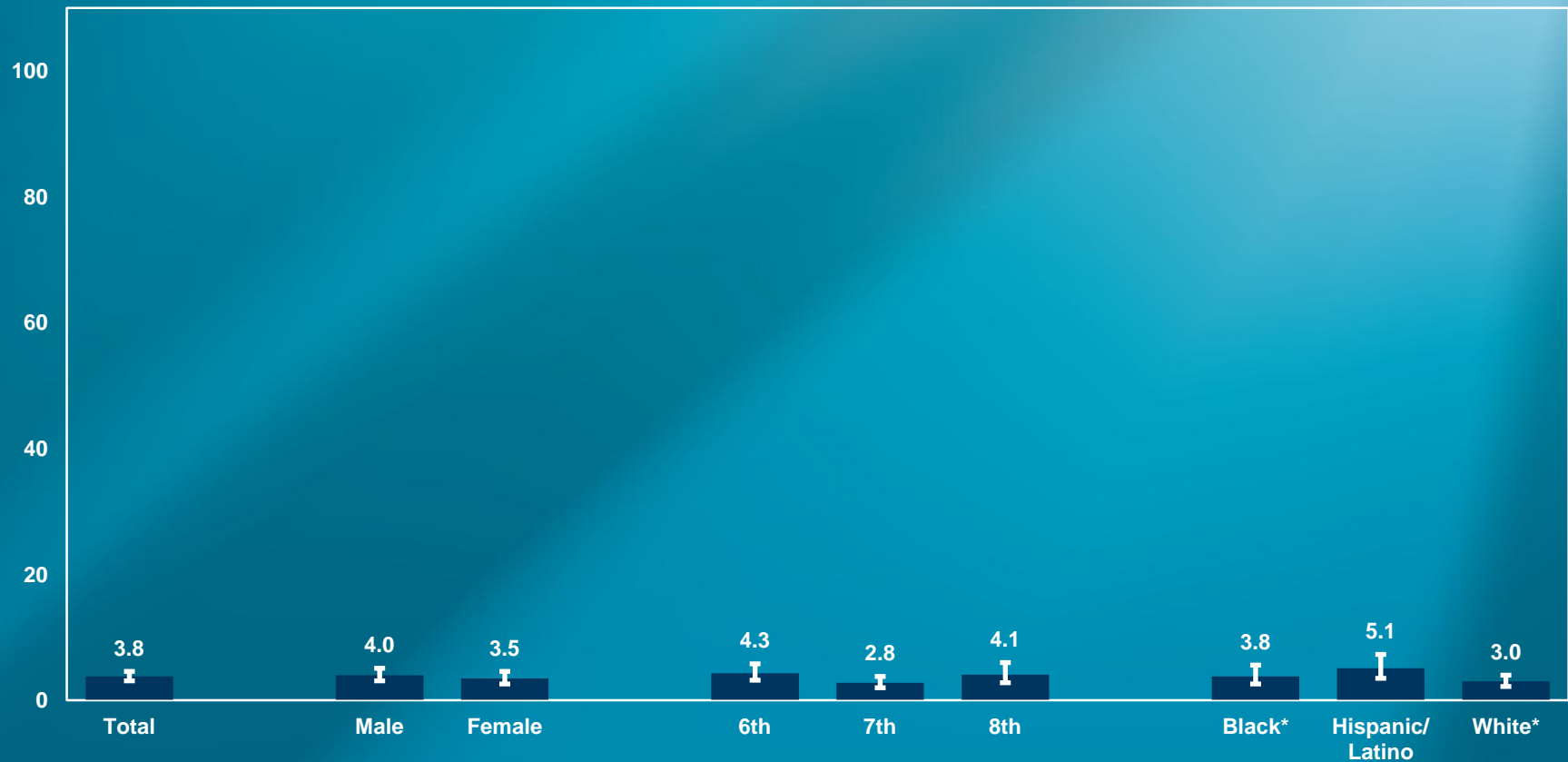
Percentage of students who ever tried cigarette smoking, even one or two puffs



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

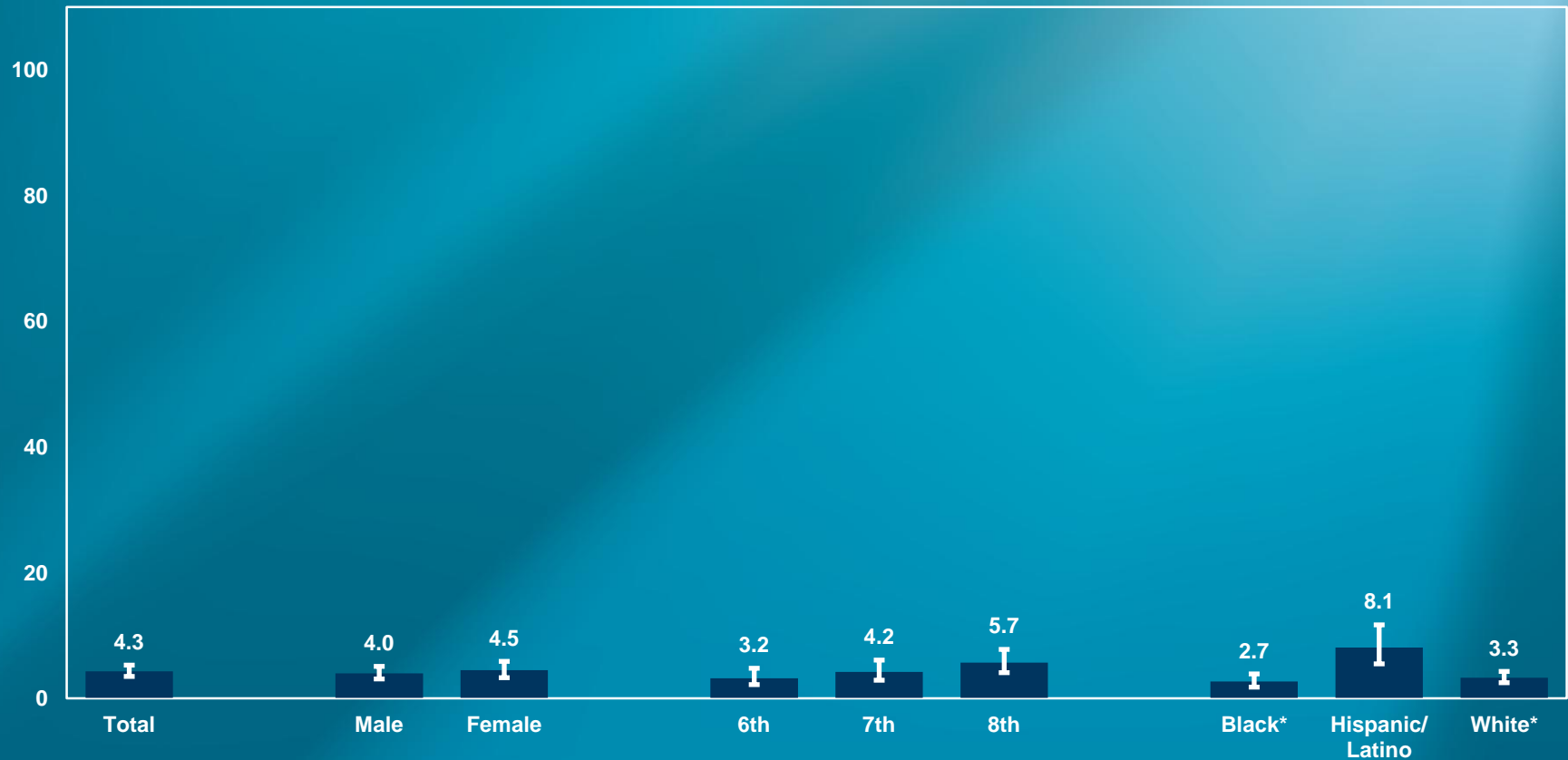
Percentage of students who smoked a whole cigarette for the first time before age 11 years



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

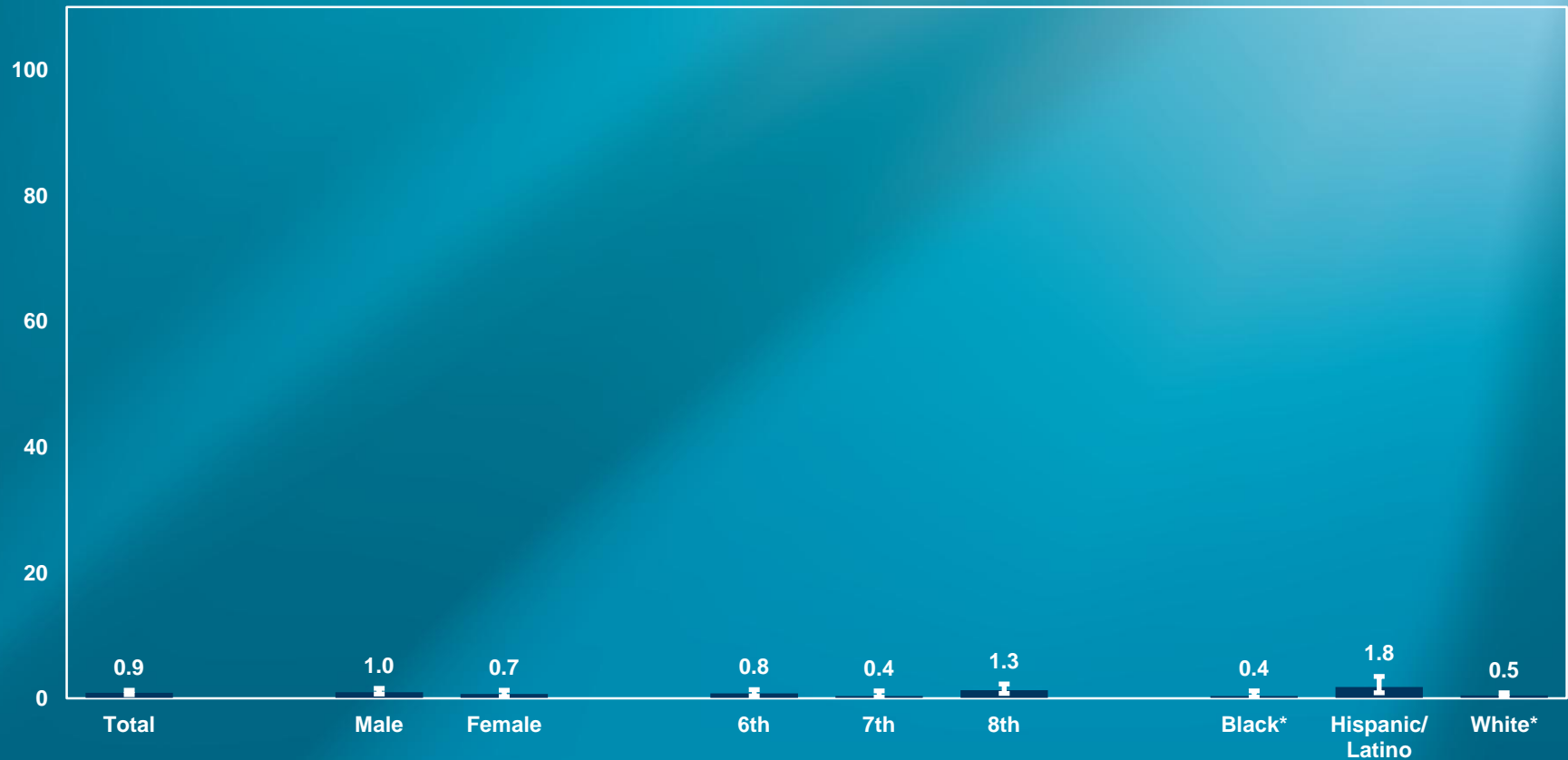
Percentage of students who smoked cigarettes on one or more of the past 30 days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who smoked cigarettes on 20 or more of the past 30 days

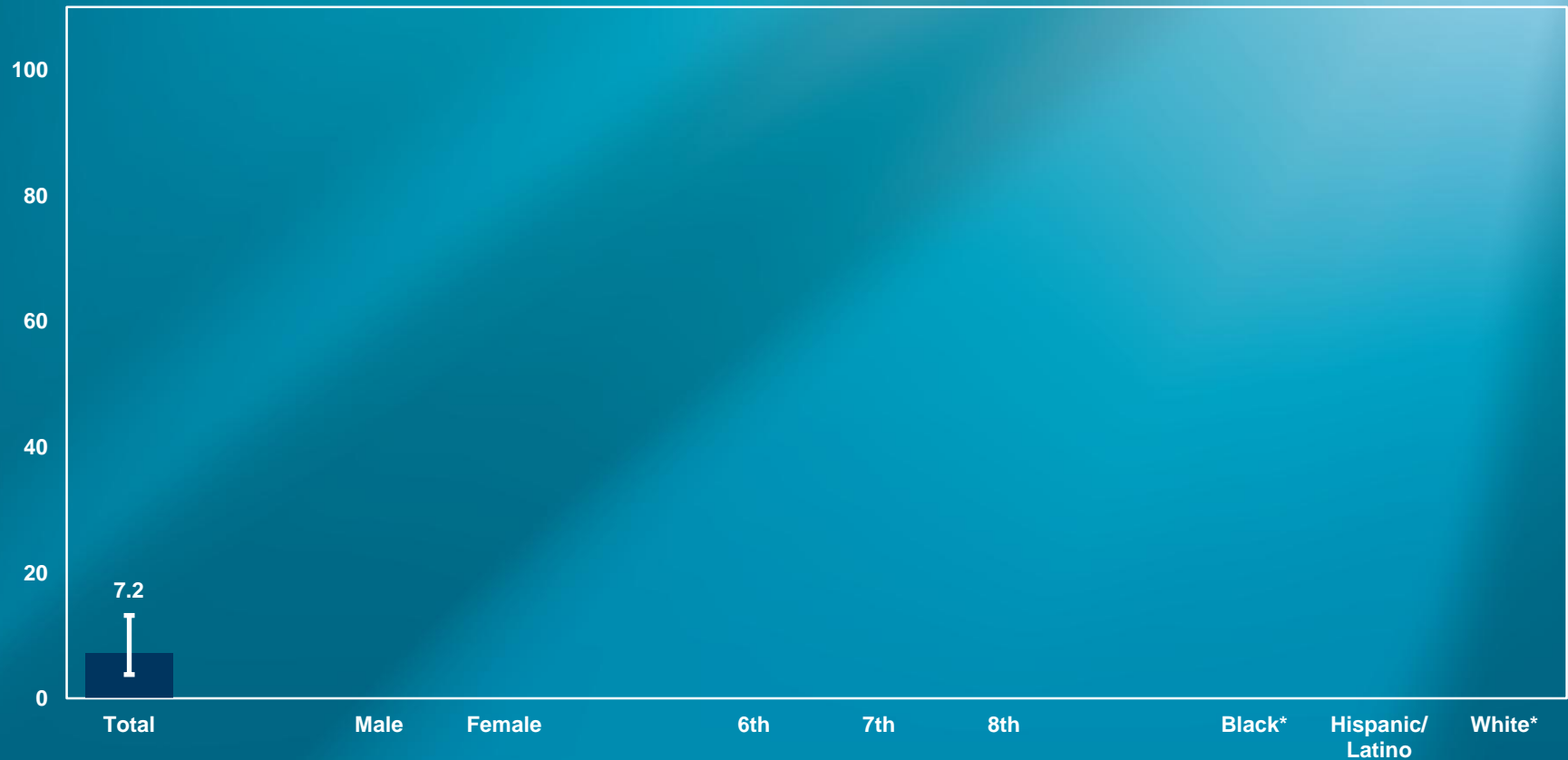




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days



Q21 - Weighted Data

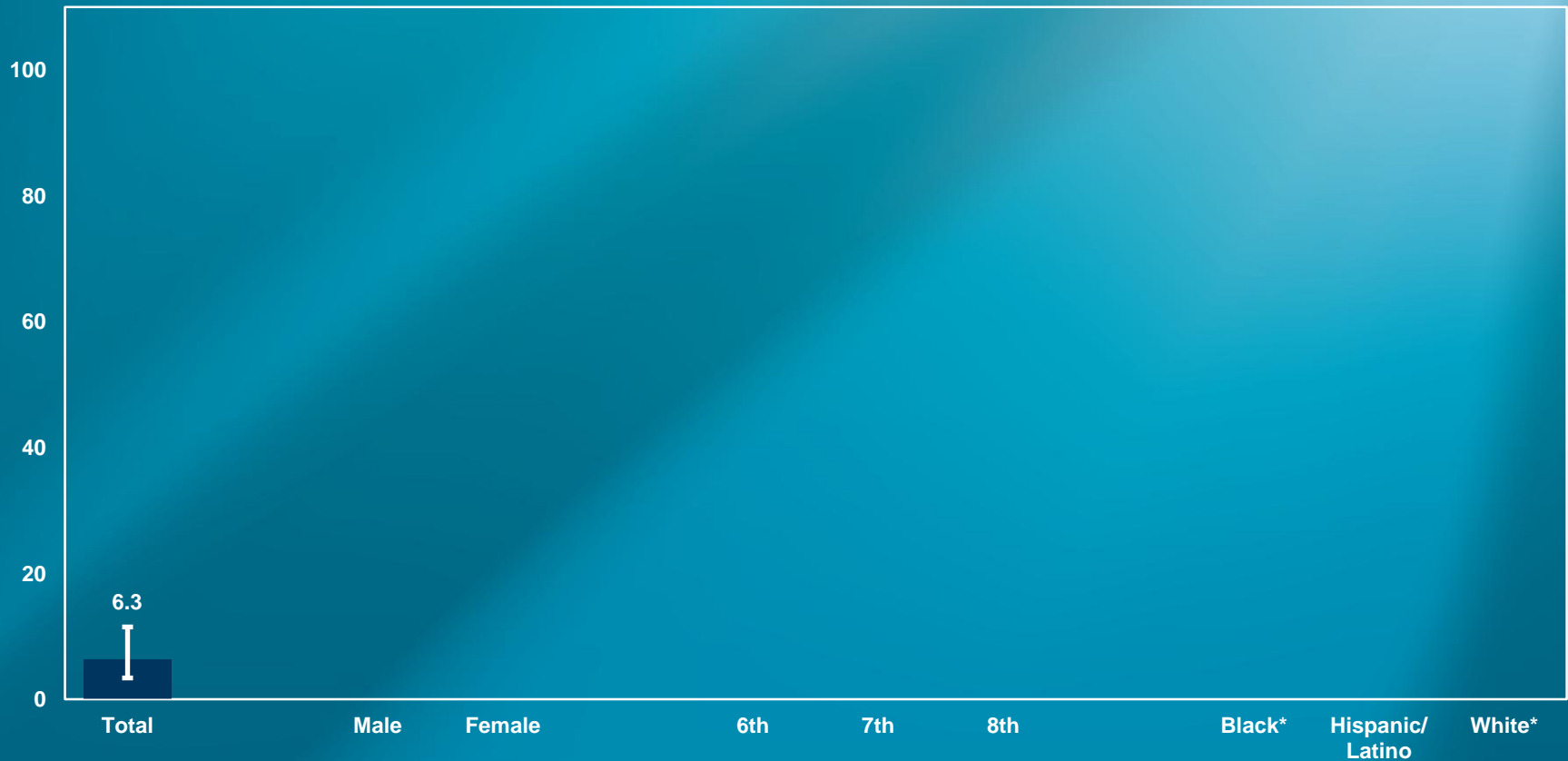
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Among students who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days



Q22 - Weighted Data

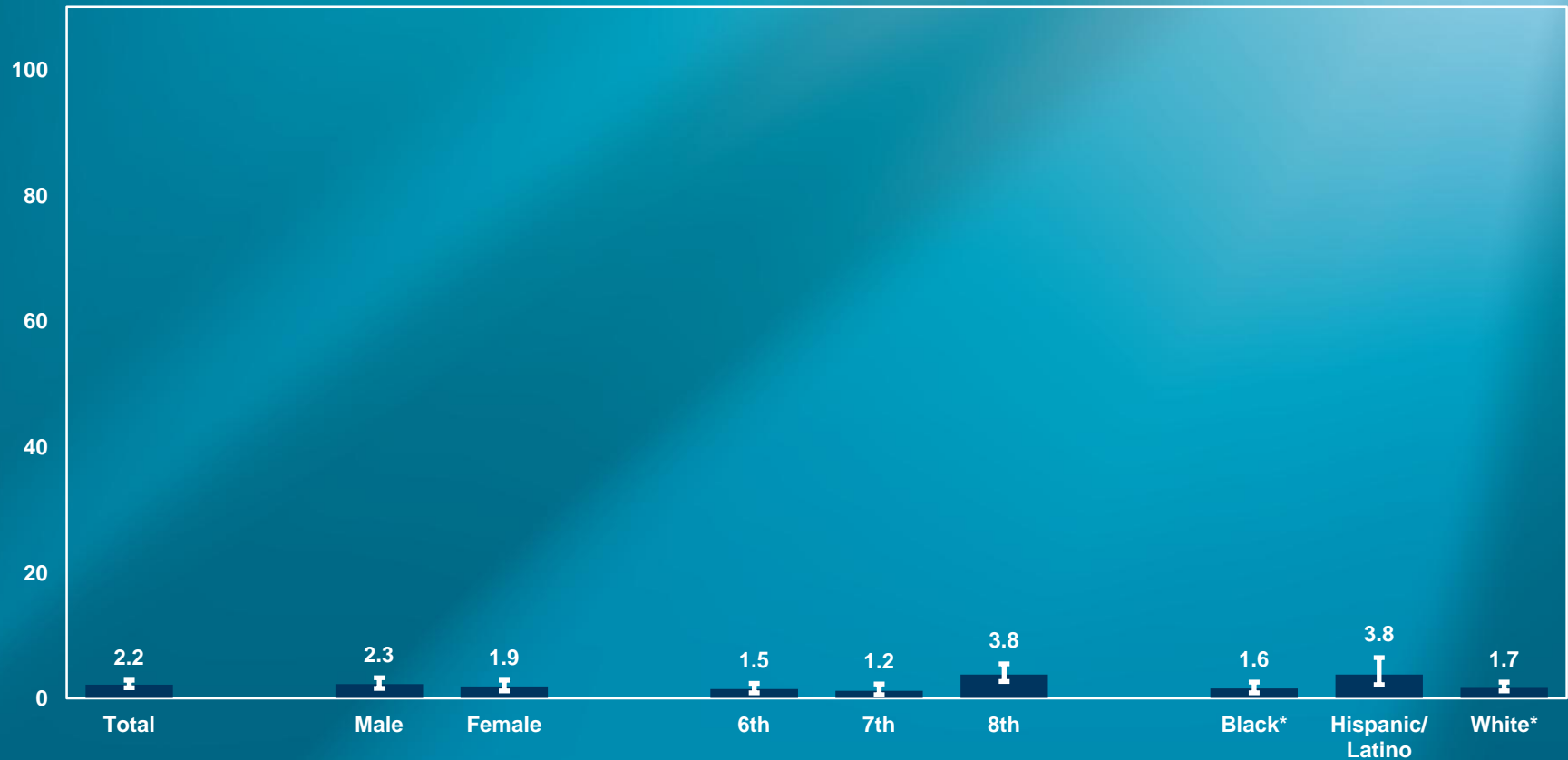
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

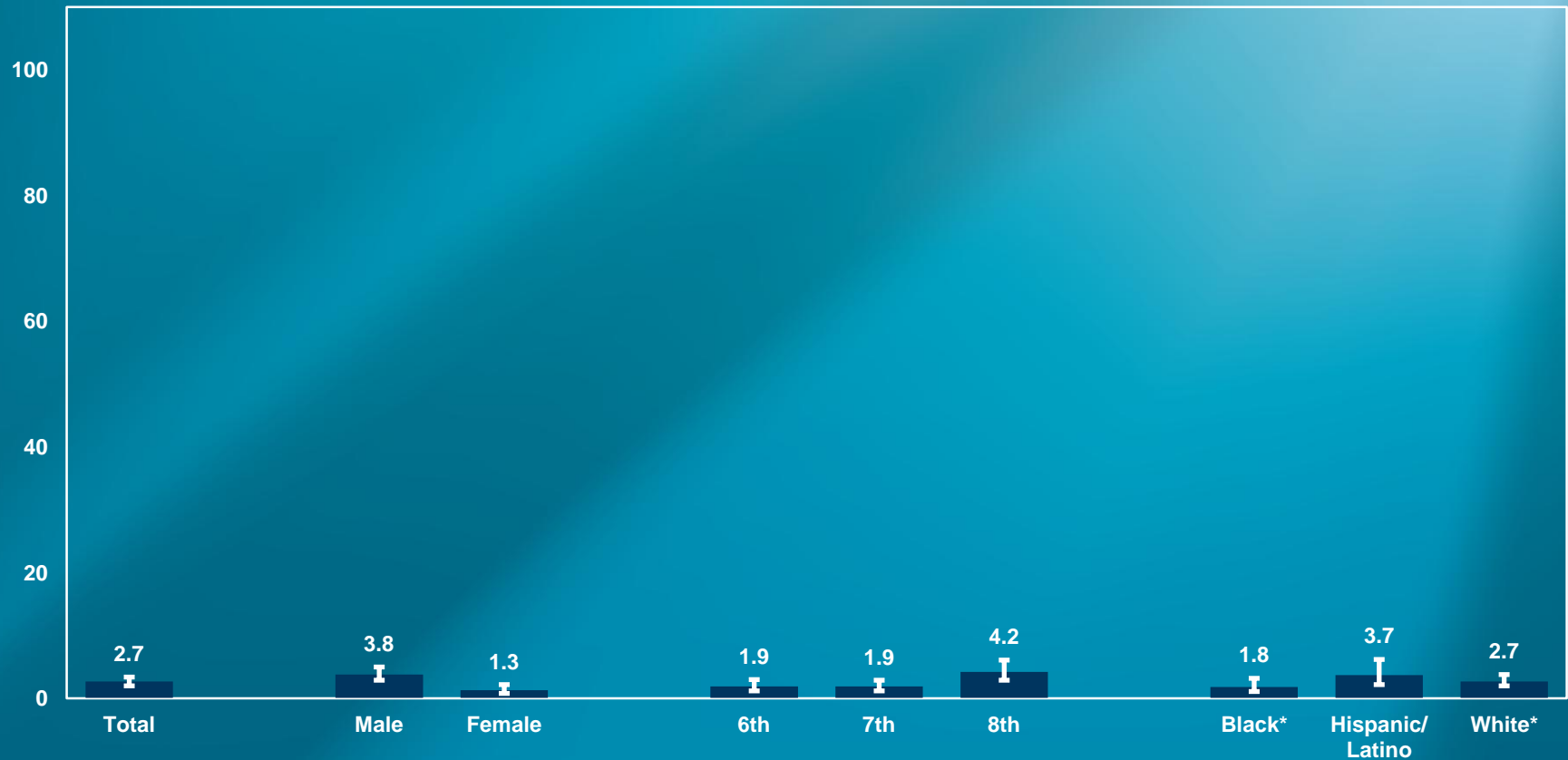
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

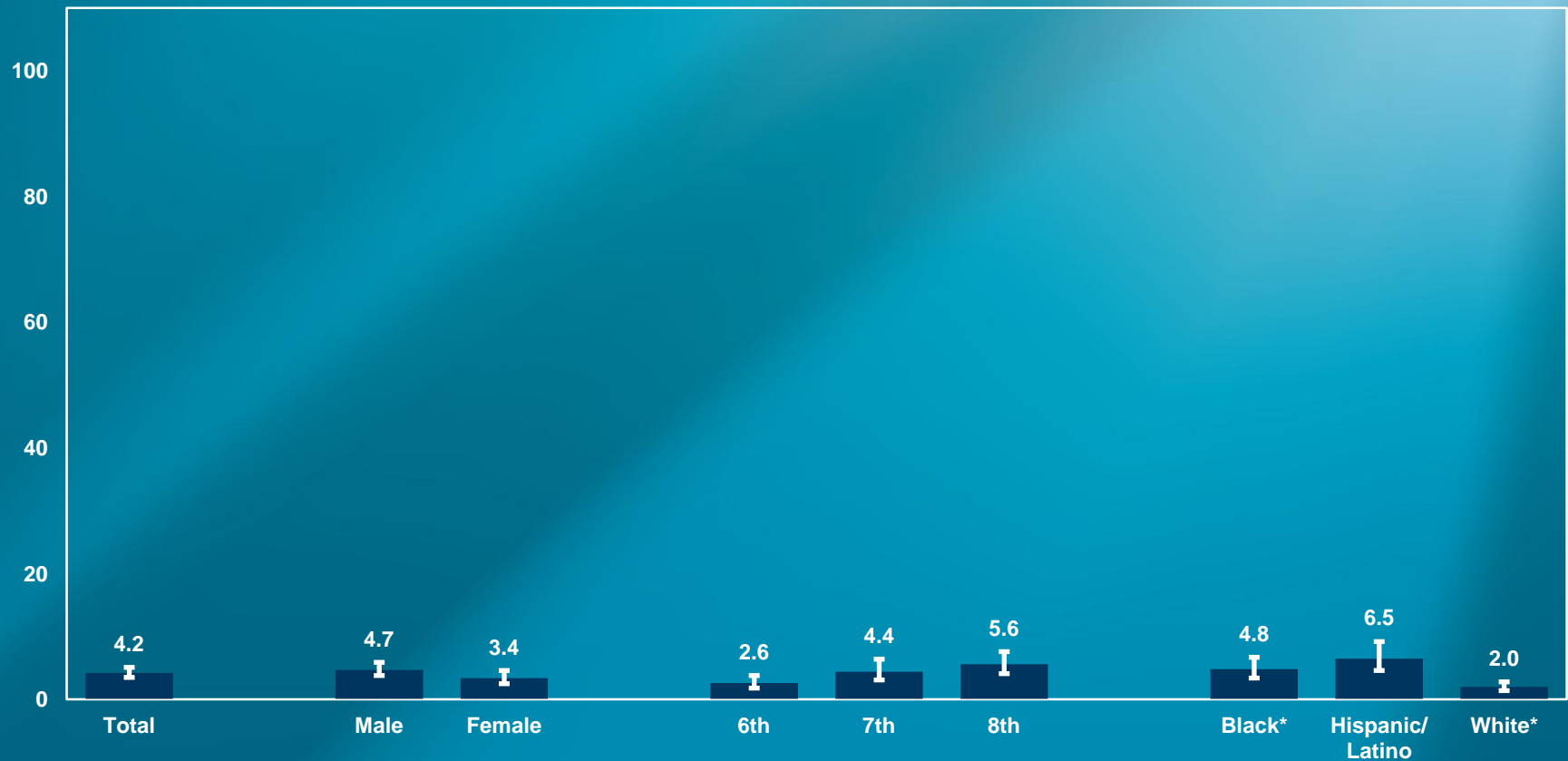
Percentage of students who used chewing tobacco, snuff, or dip on one or more of the past 30 days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

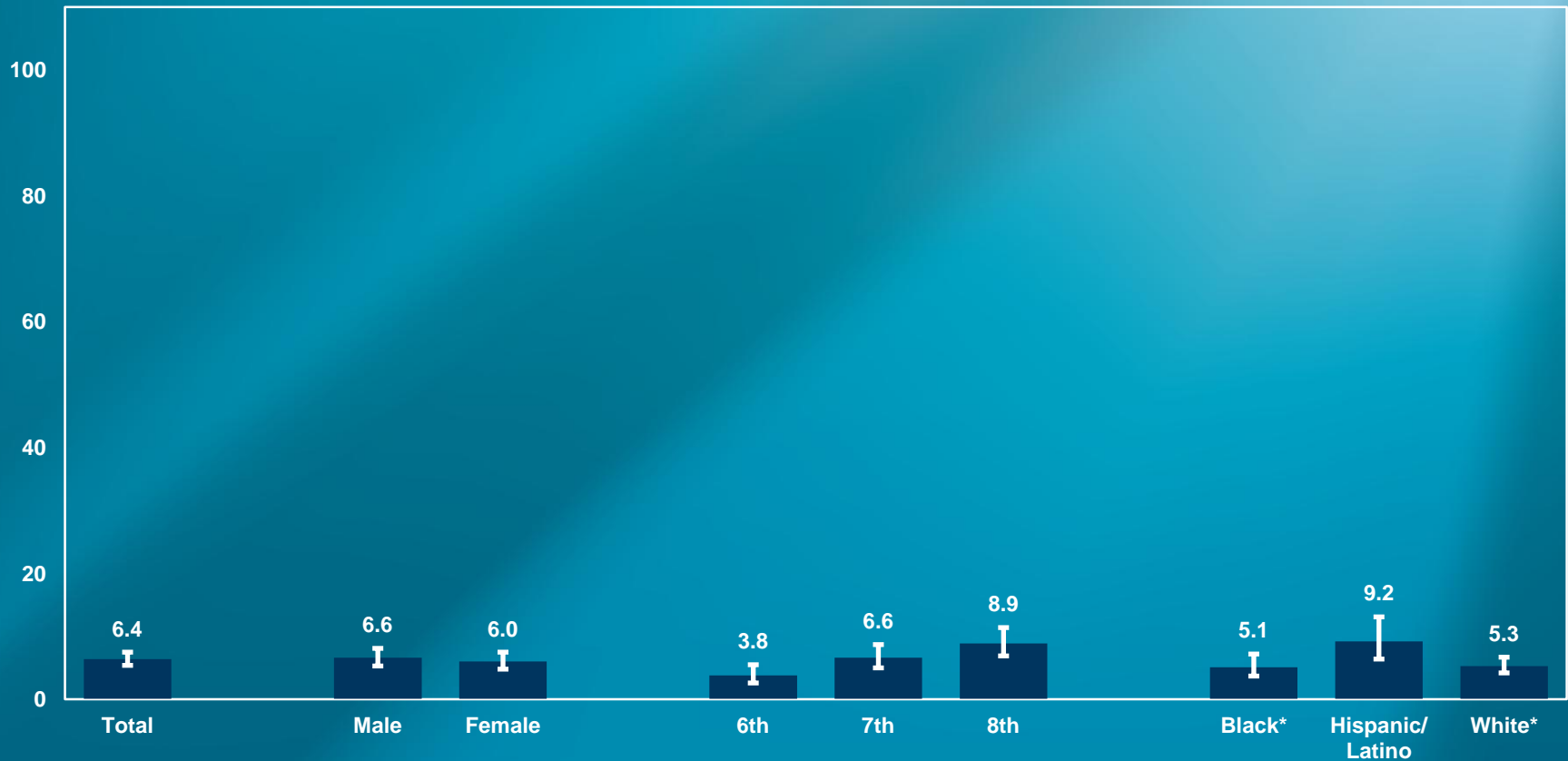
Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

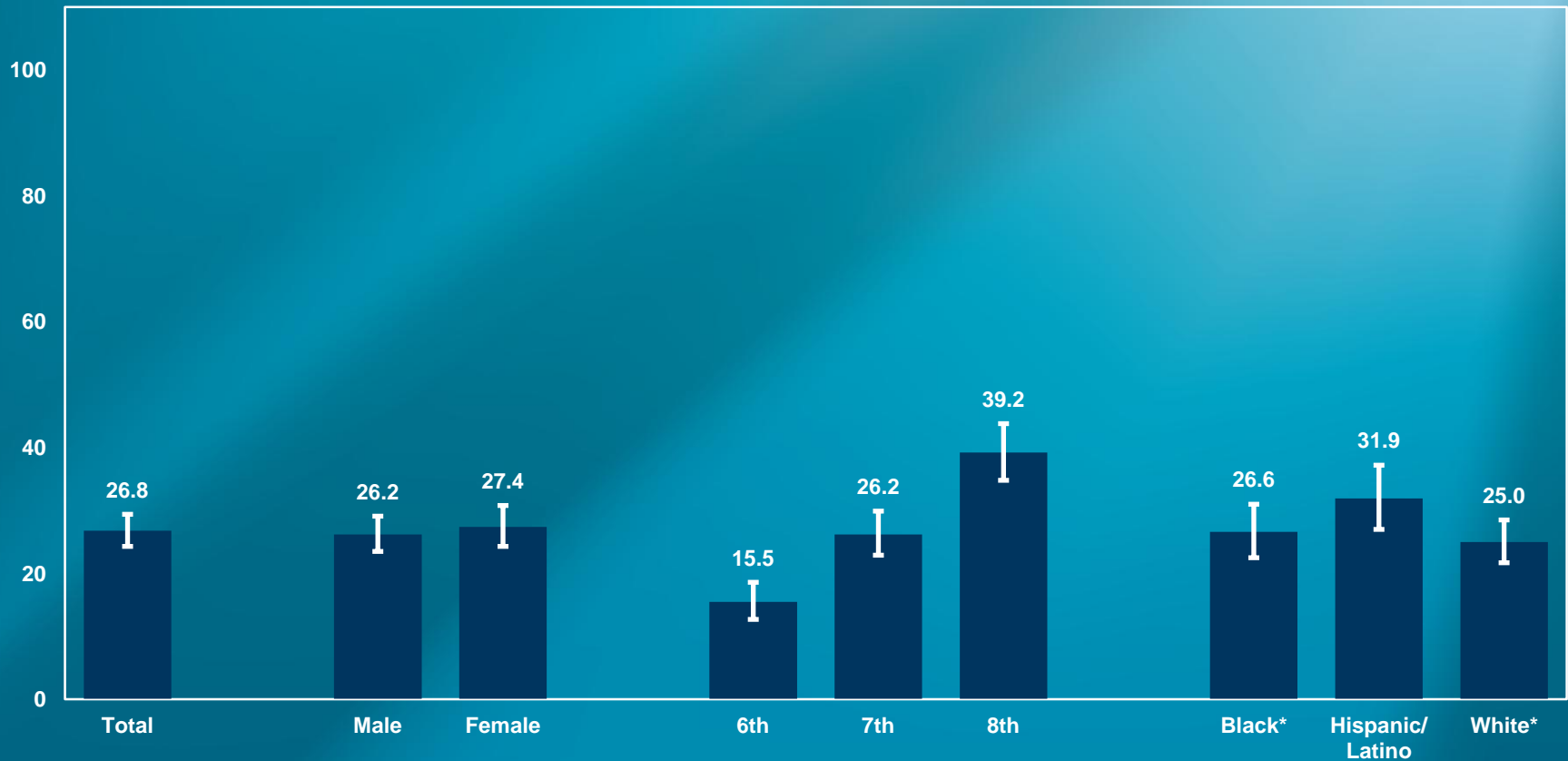
Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who ever had a drink of alcohol, other than a few sips

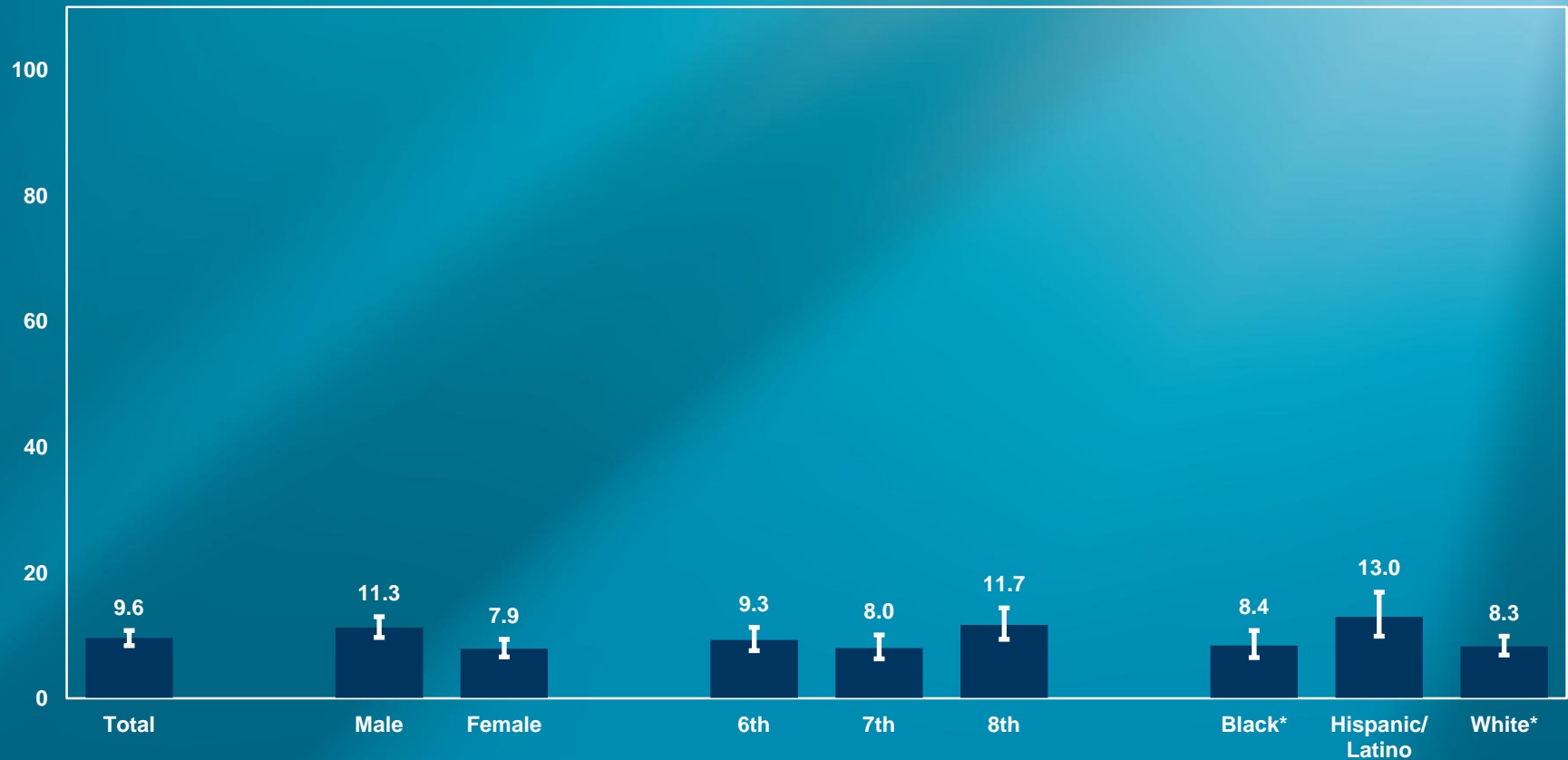




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 11 years

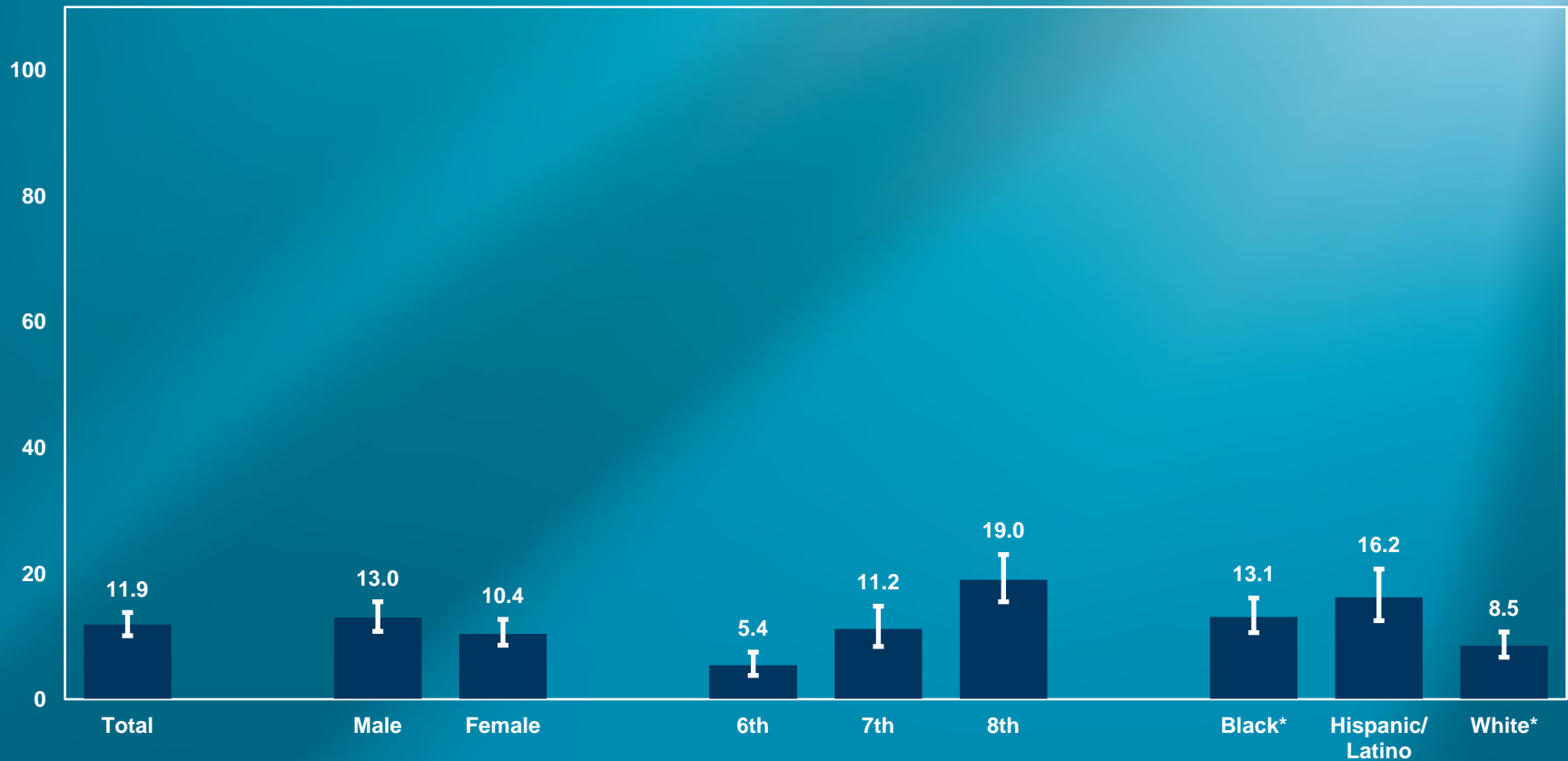




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

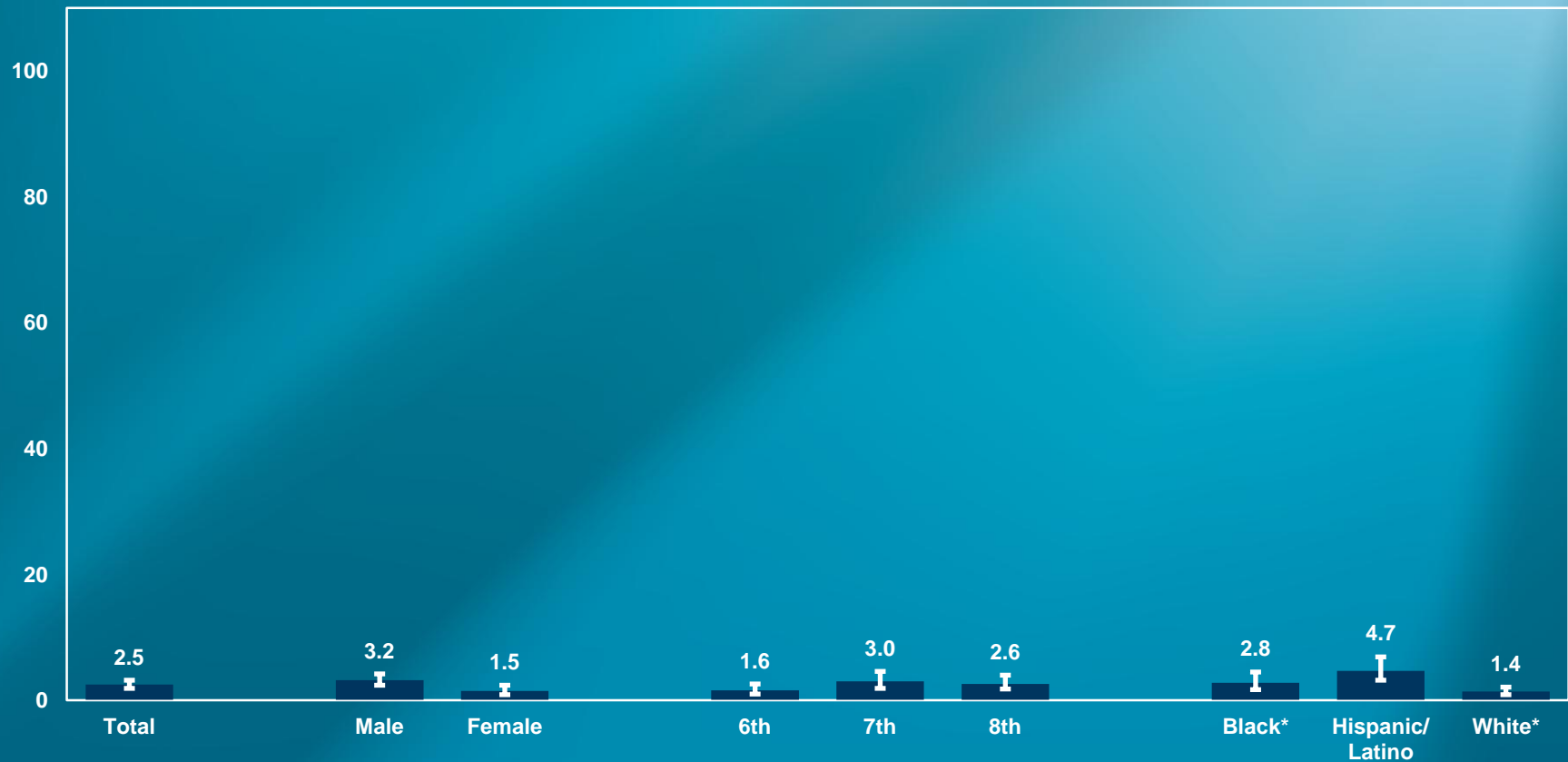
Percentage of students who ever used marijuana



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

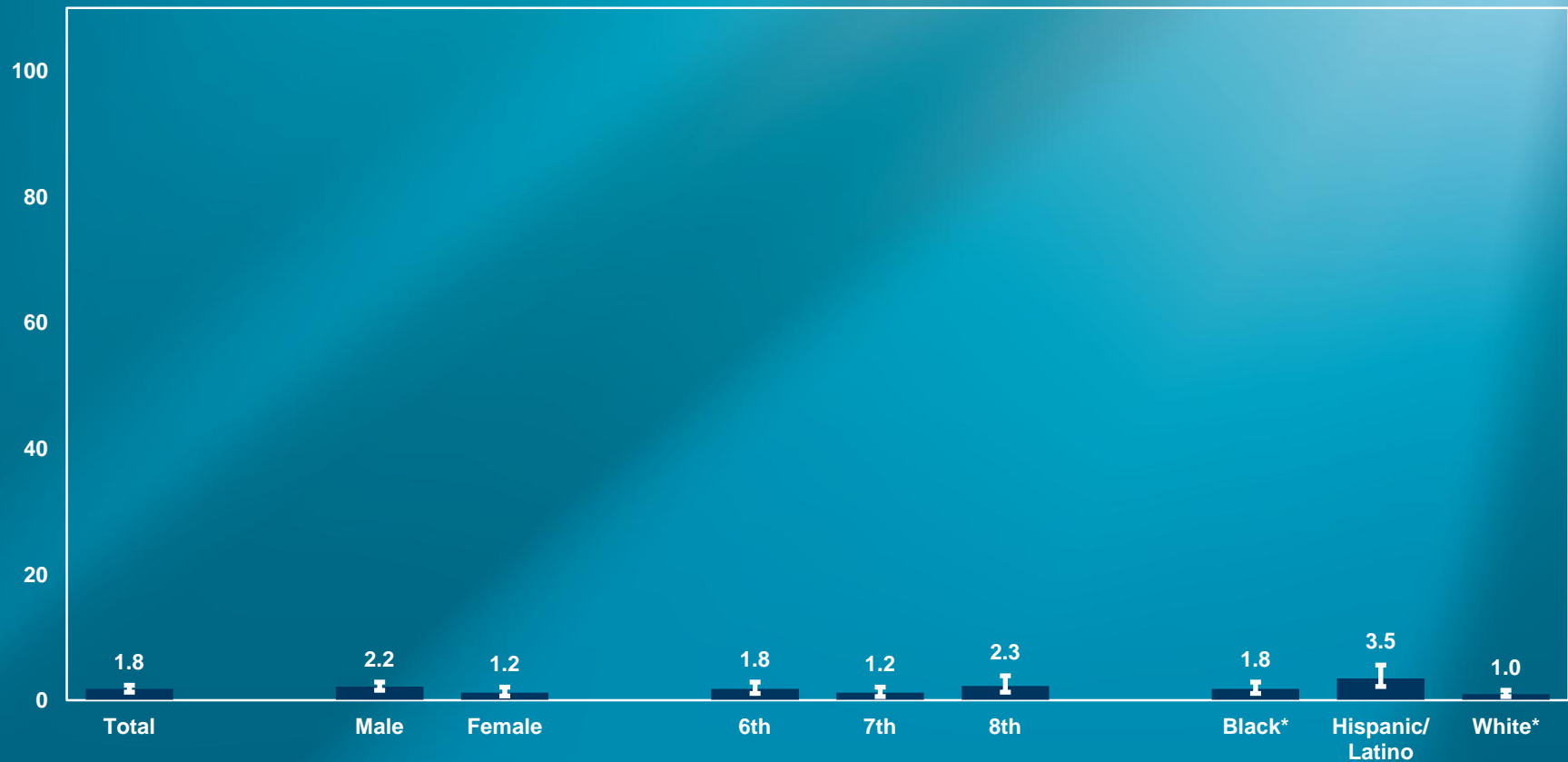
Percentage of students who tried marijuana for the first time before age 11 years



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

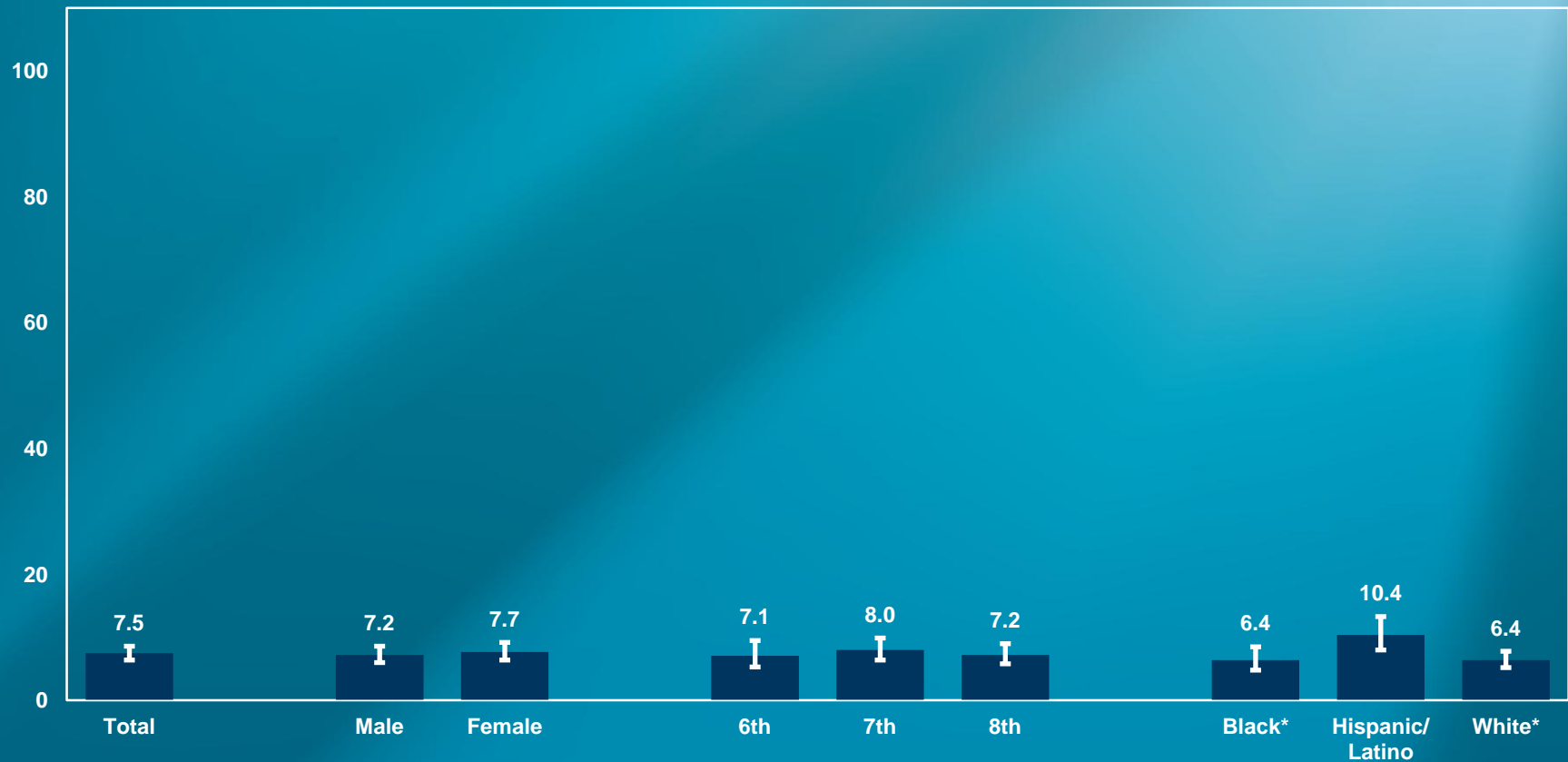
Percentage of students who ever used any form of cocaine, including powder, crack, or freebase



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

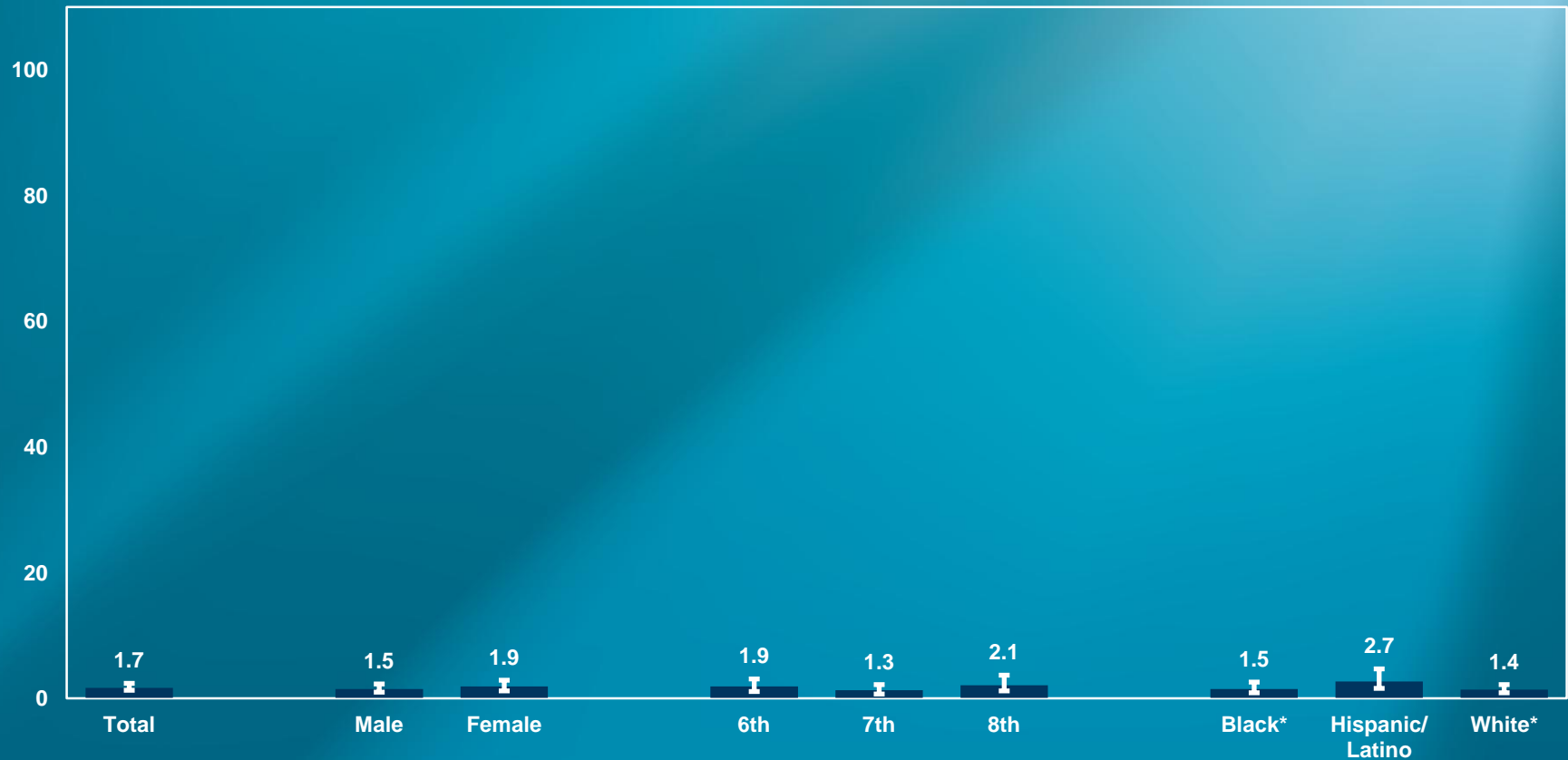
Percentage of students who ever sniffed glue, breathed the contents of spray cans, or inhaled any paints or sprays to get high



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

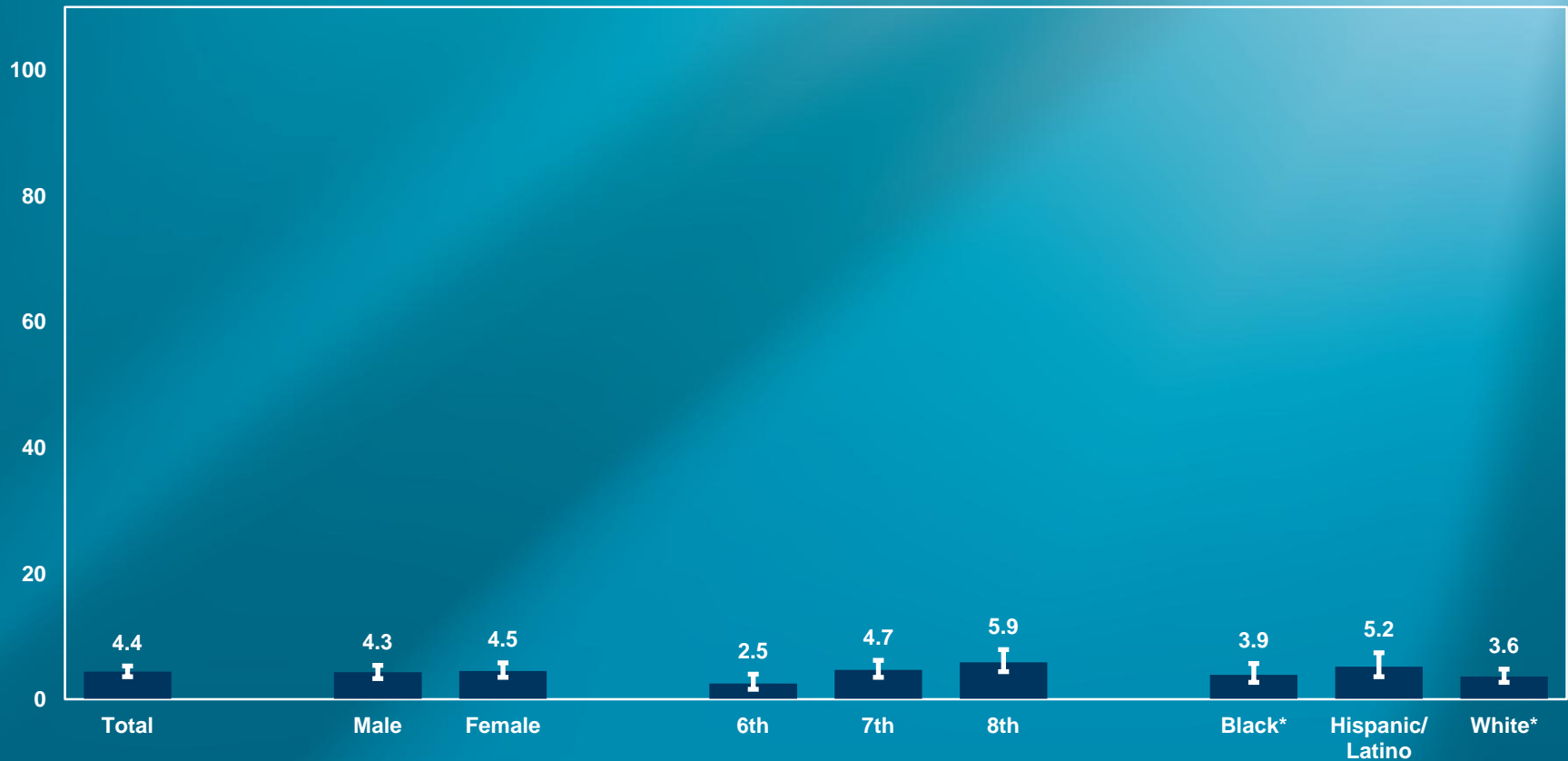
Percentage of students who ever took steroid pills or shots without a doctor's prescription



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

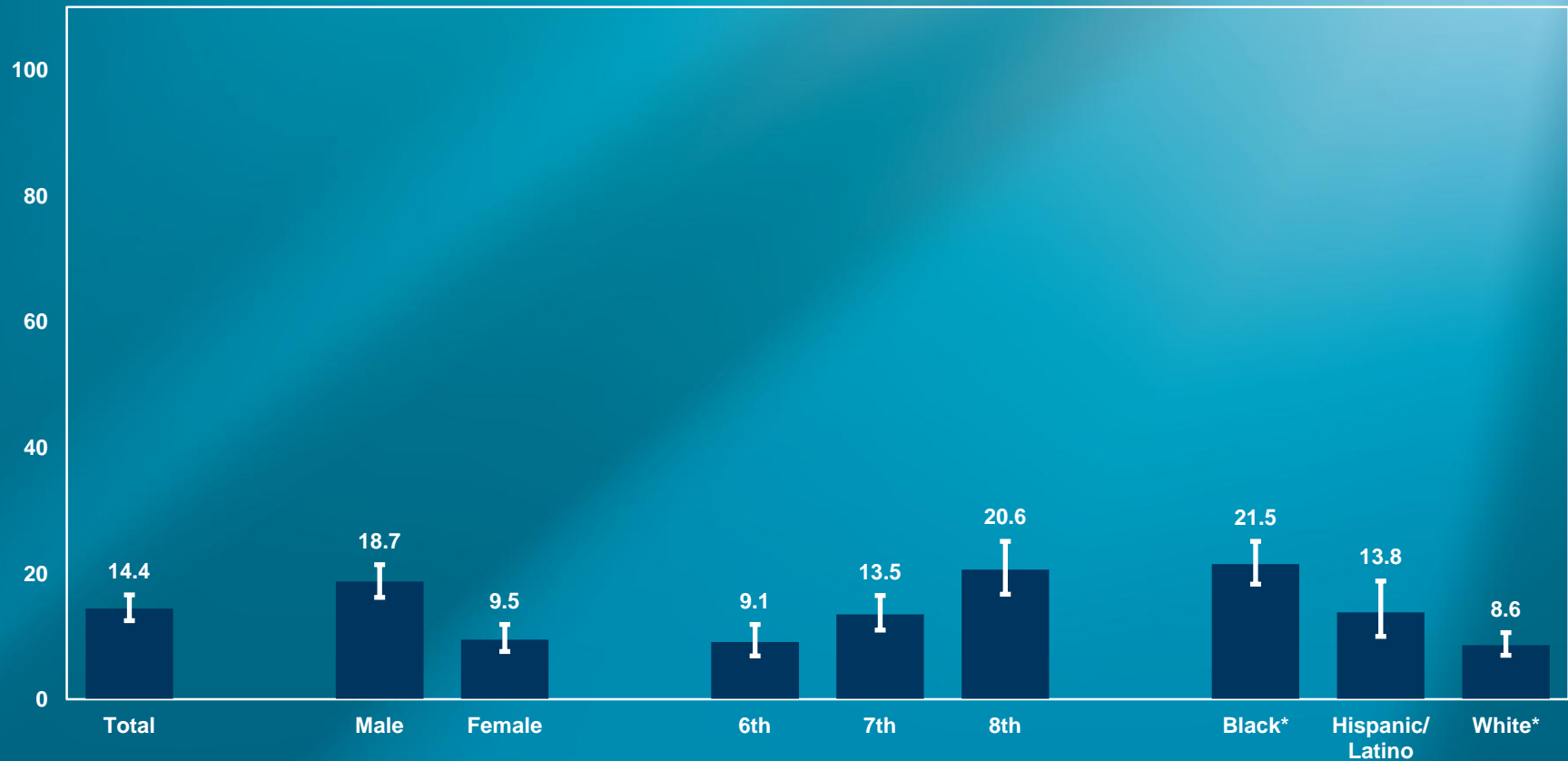
Percentage of students who ever took a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who ever had sexual intercourse

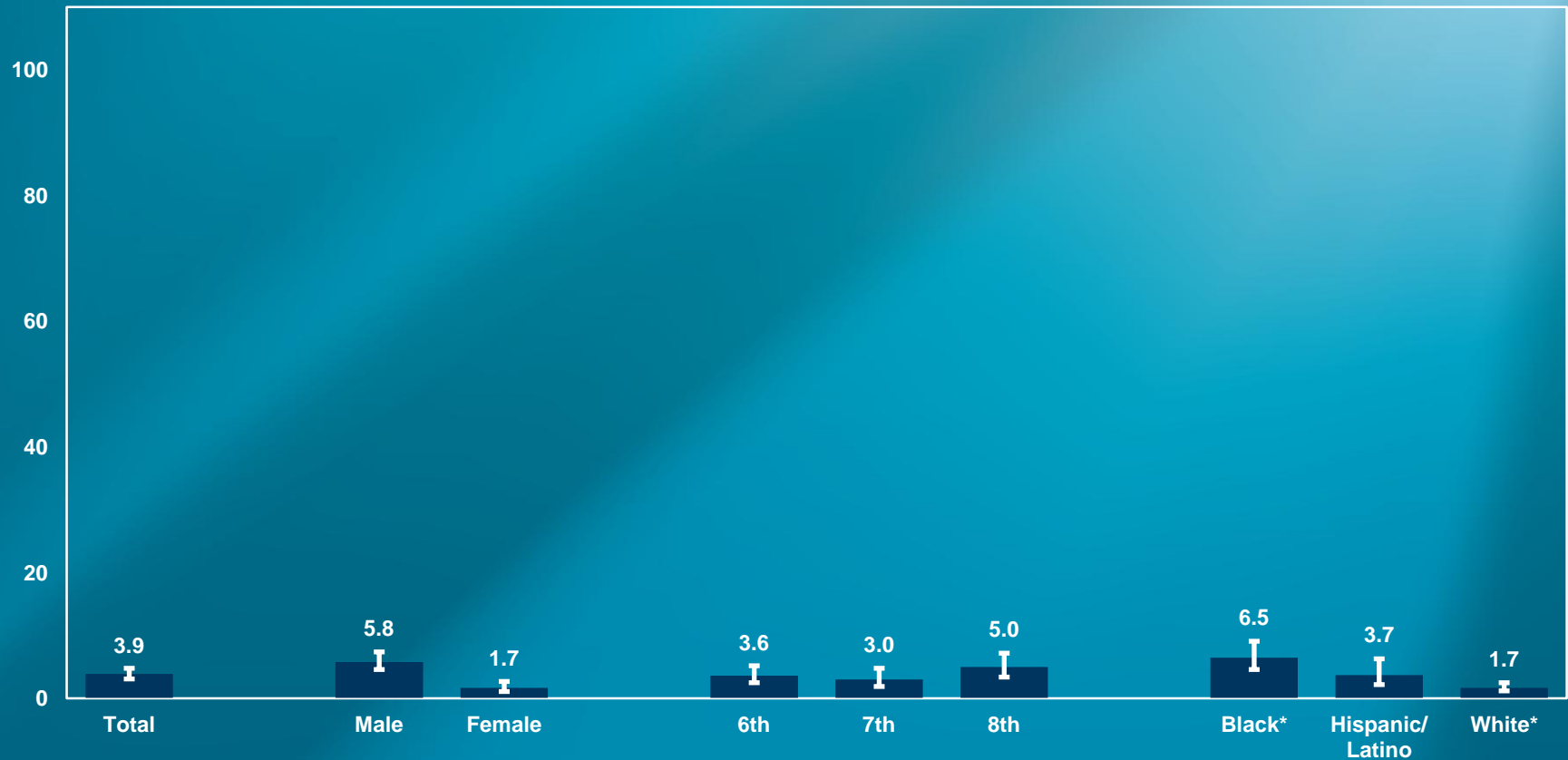




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who had sexual intercourse for the first time before age 11 years

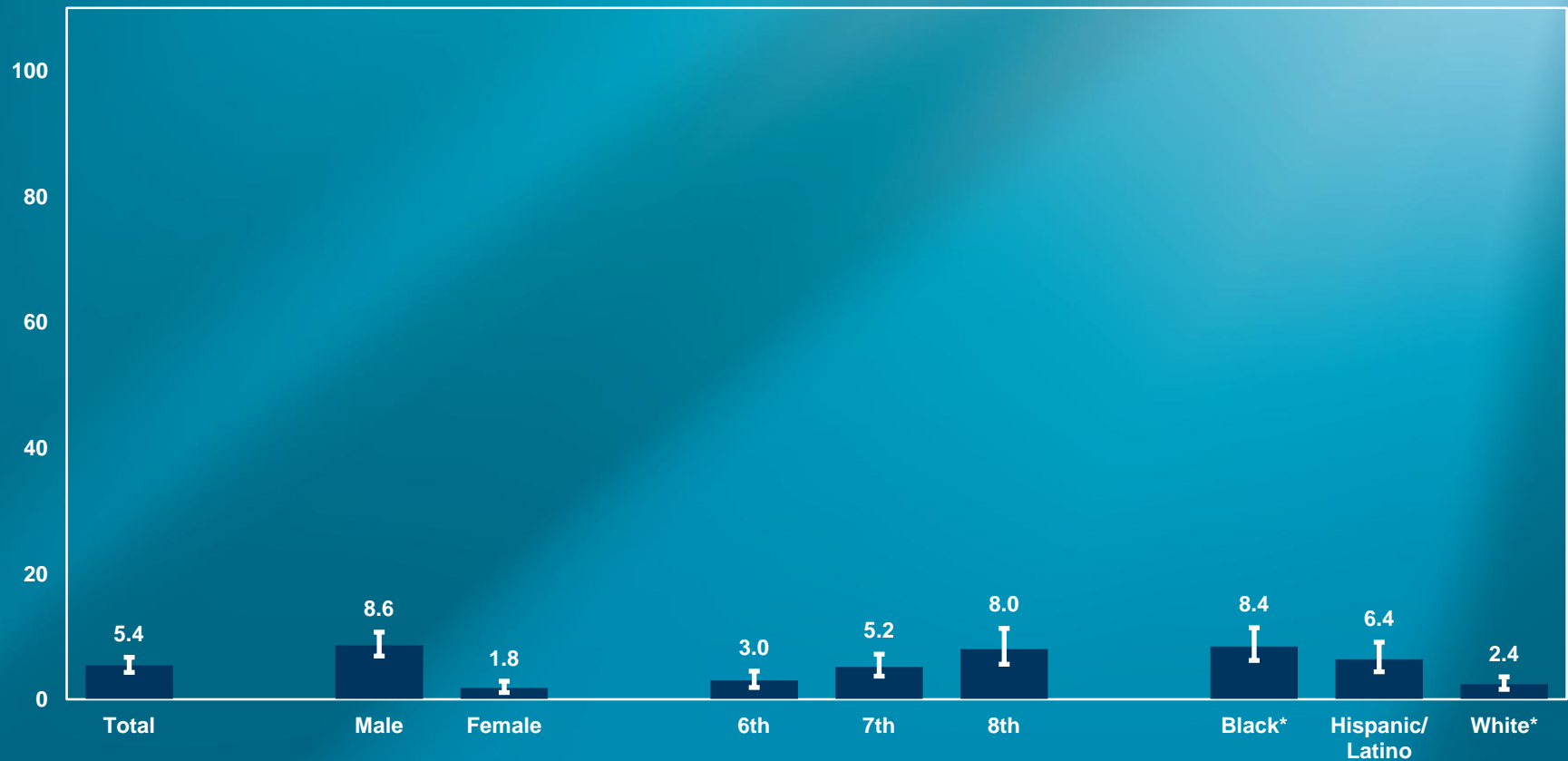




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

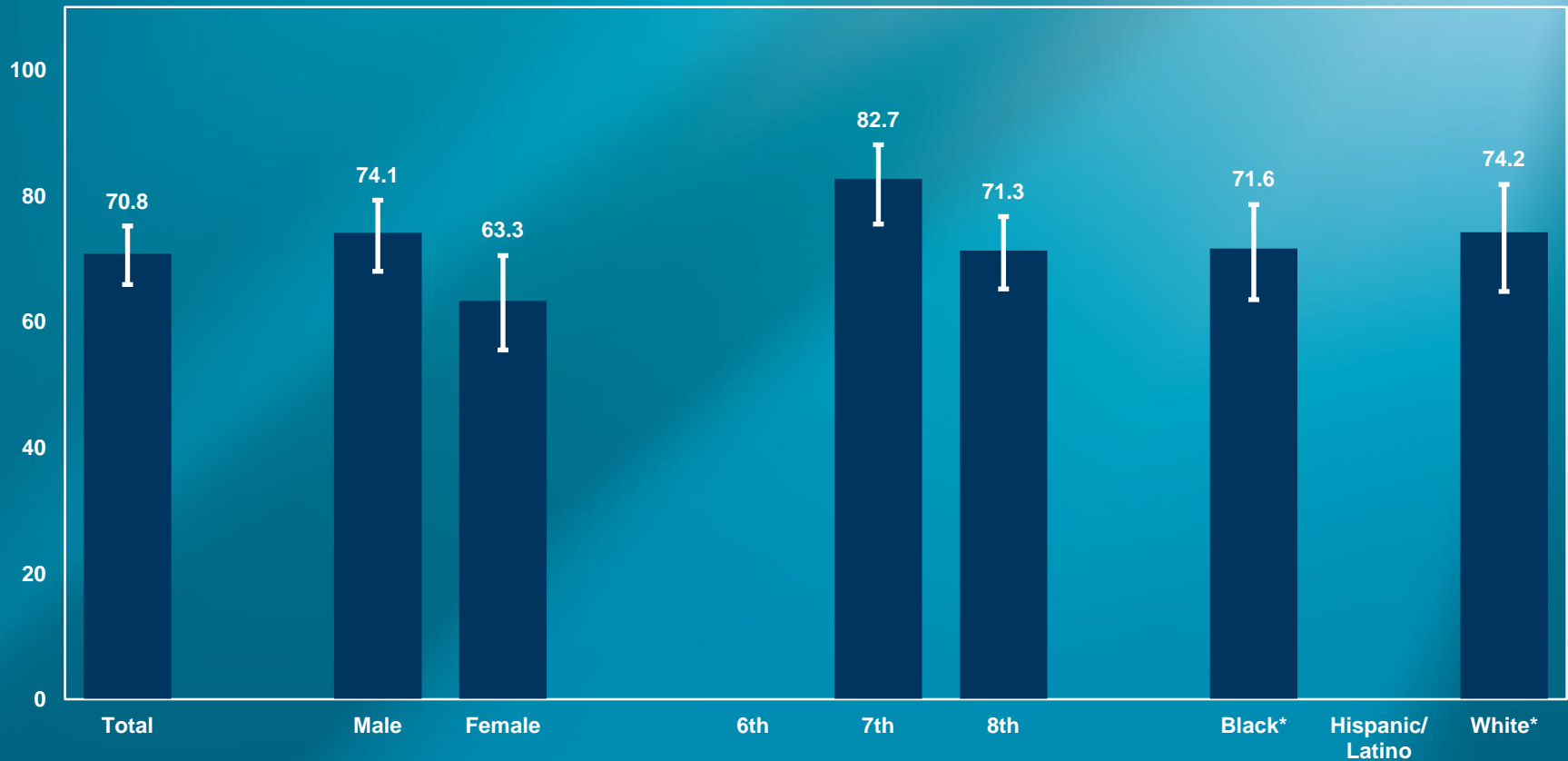
Percentage of students who ever had sexual intercourse with three or more people



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Among students who ever had sexual intercourse, the percentage who used a condom during last sexual intercourse



Q37 - Weighted Data

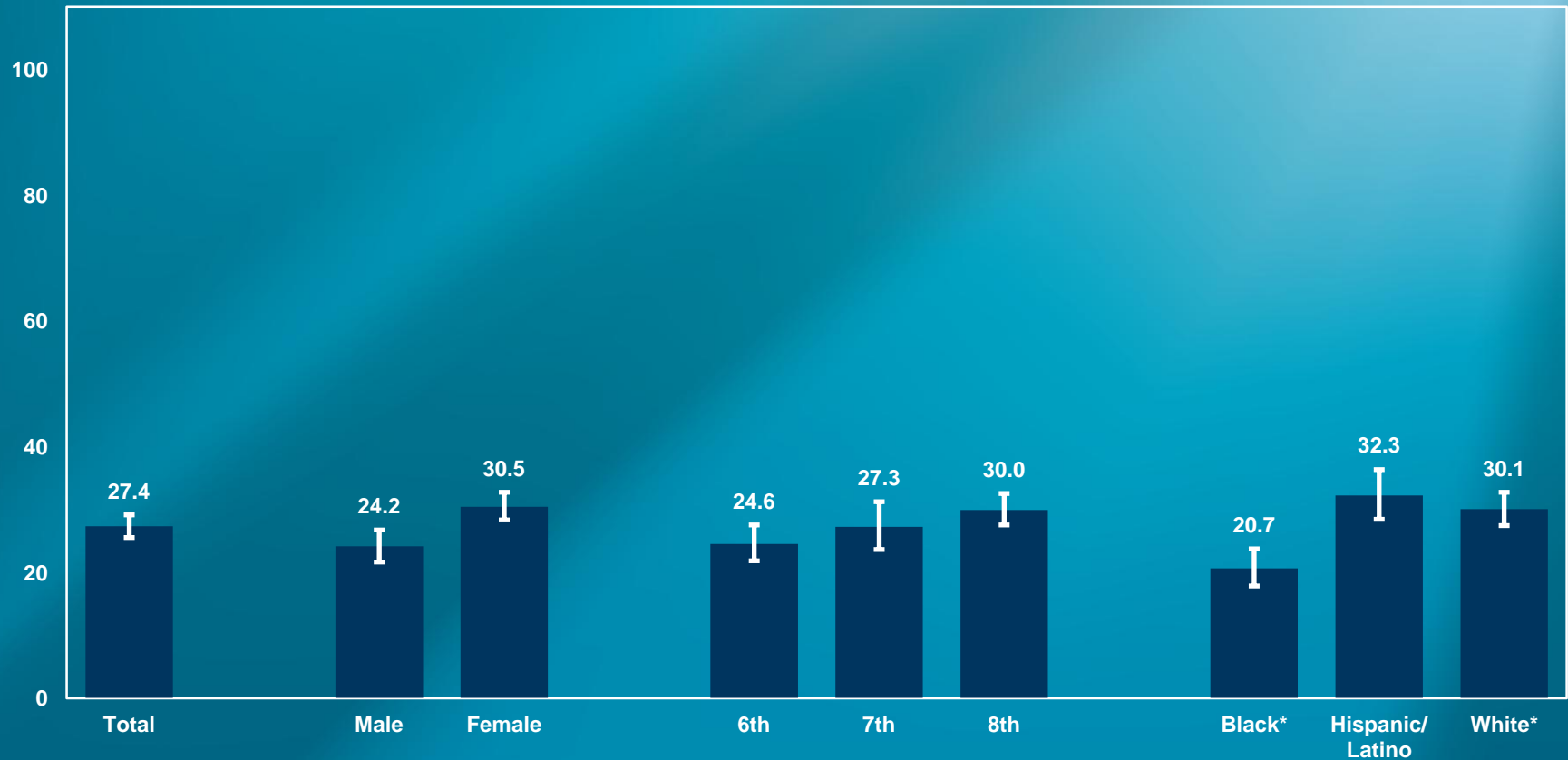
\*Non-Hispanic.

Missing bars indicate fewer than 100 students in this subgroup.

# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

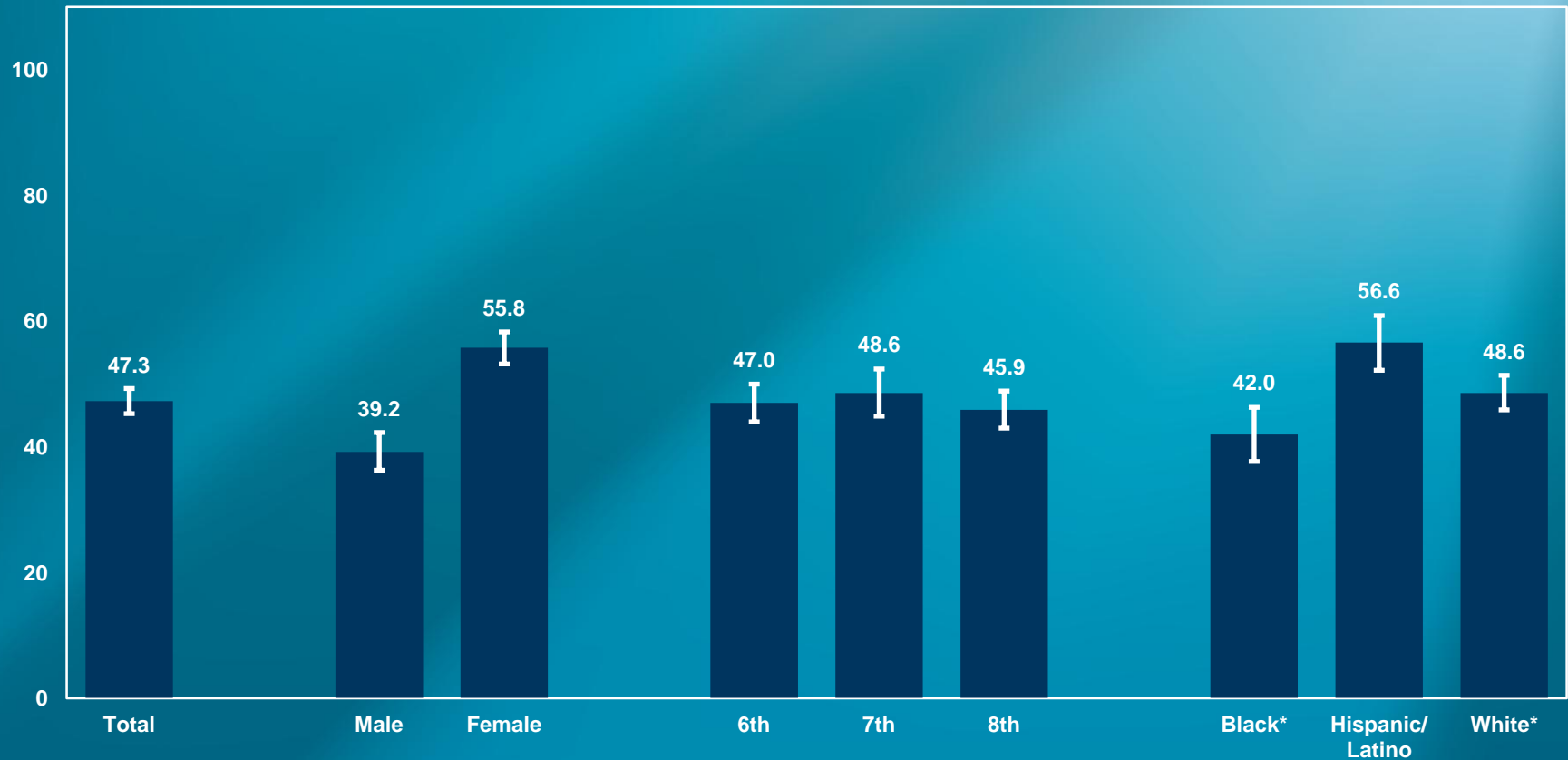
Percentage of students who described themselves as slightly or very overweight



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

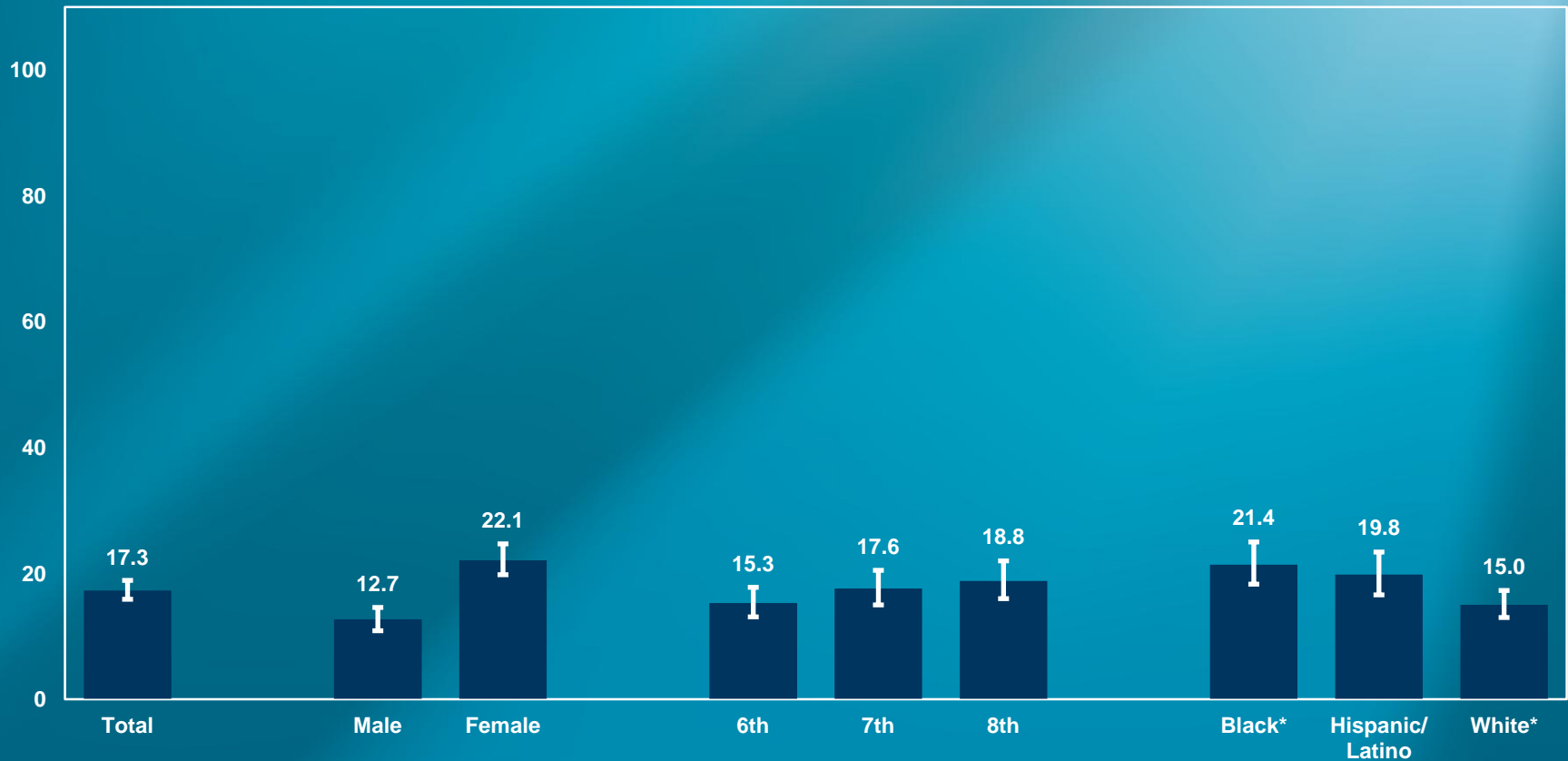
Percentage of students who were trying to lose weight



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

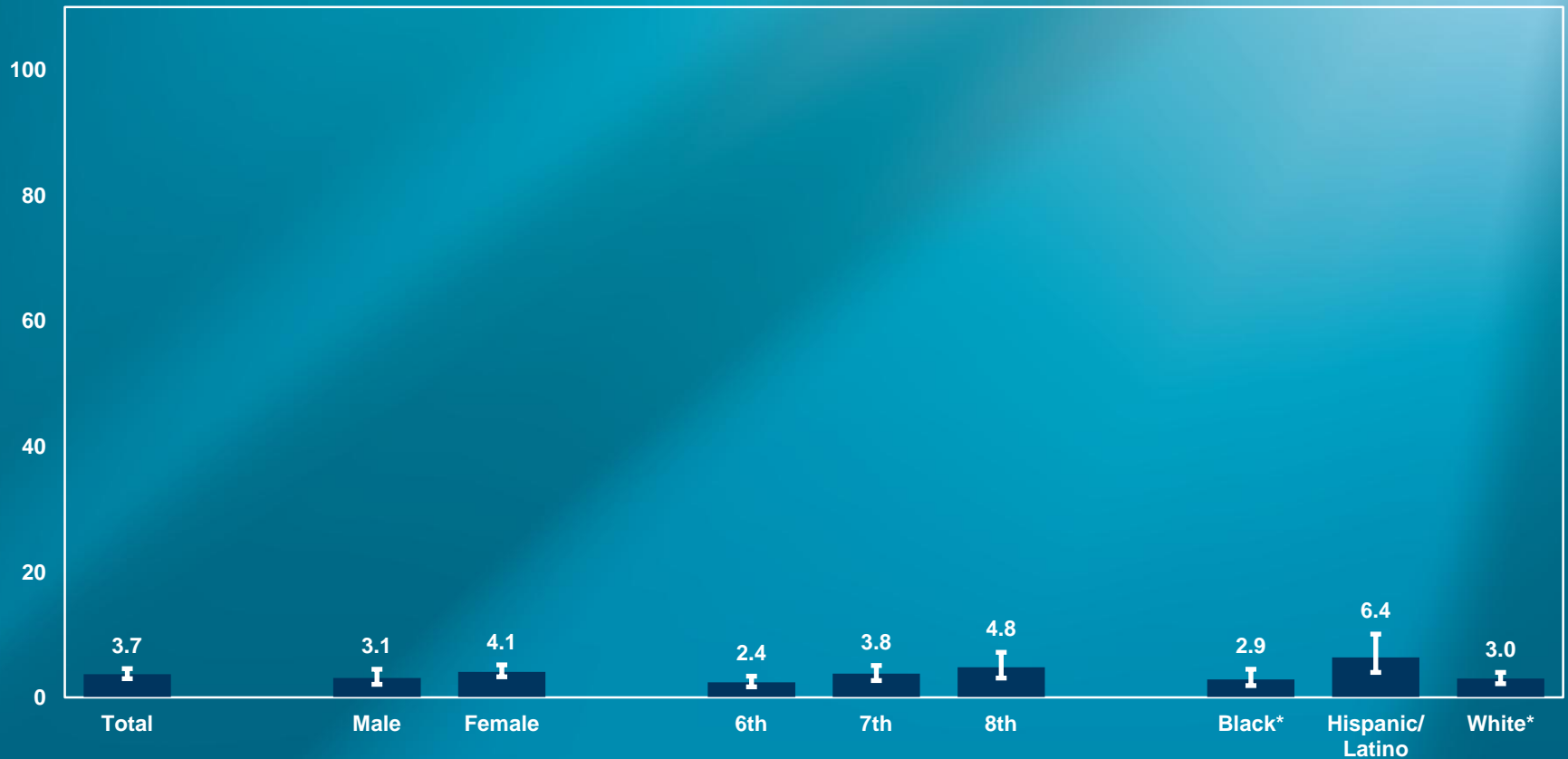
Percentage of students who had ever gone without eating for 24 hours or more to lose weight or to keep from gaining weight



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

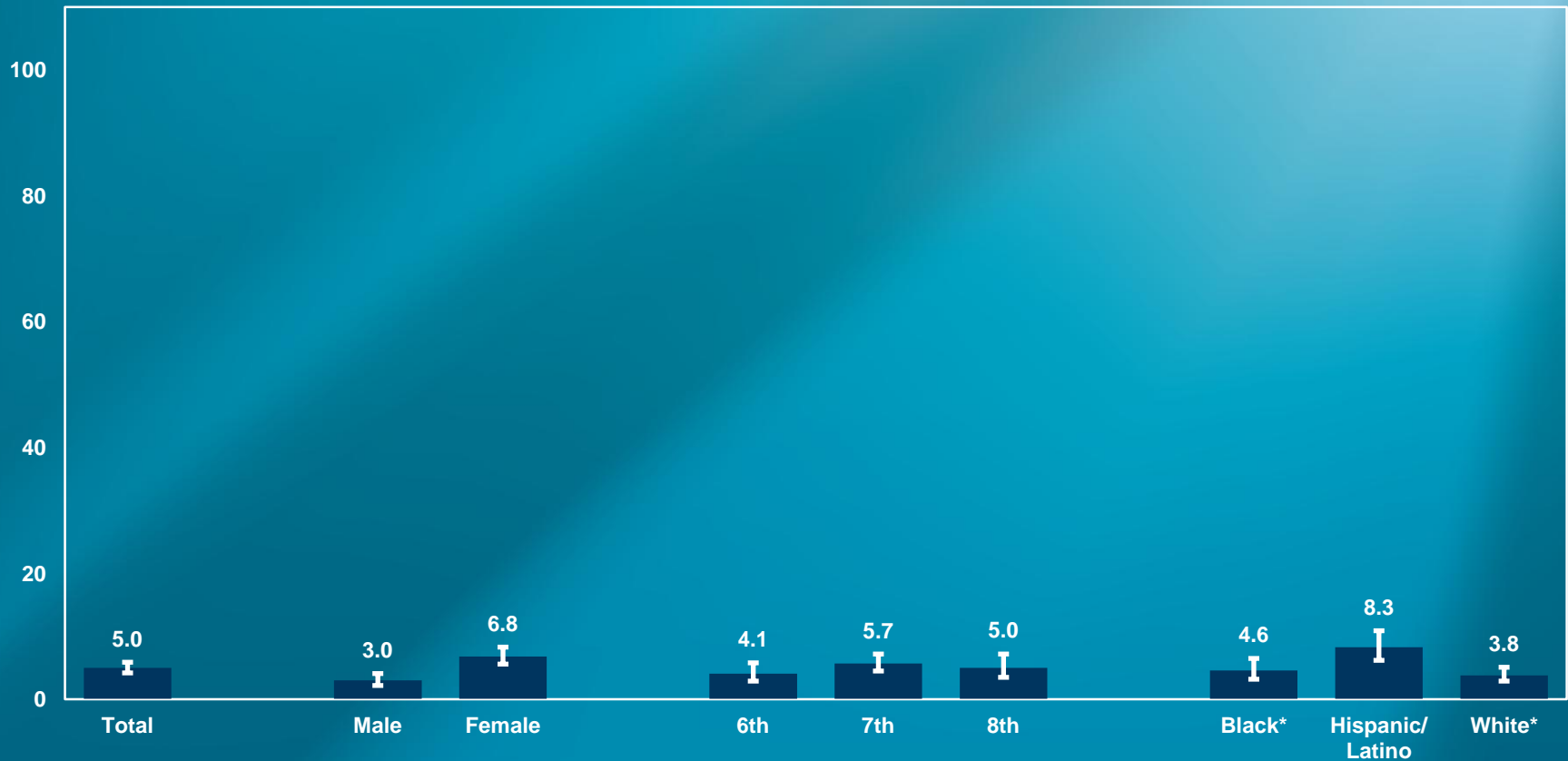
Percentage of students who had ever taken diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

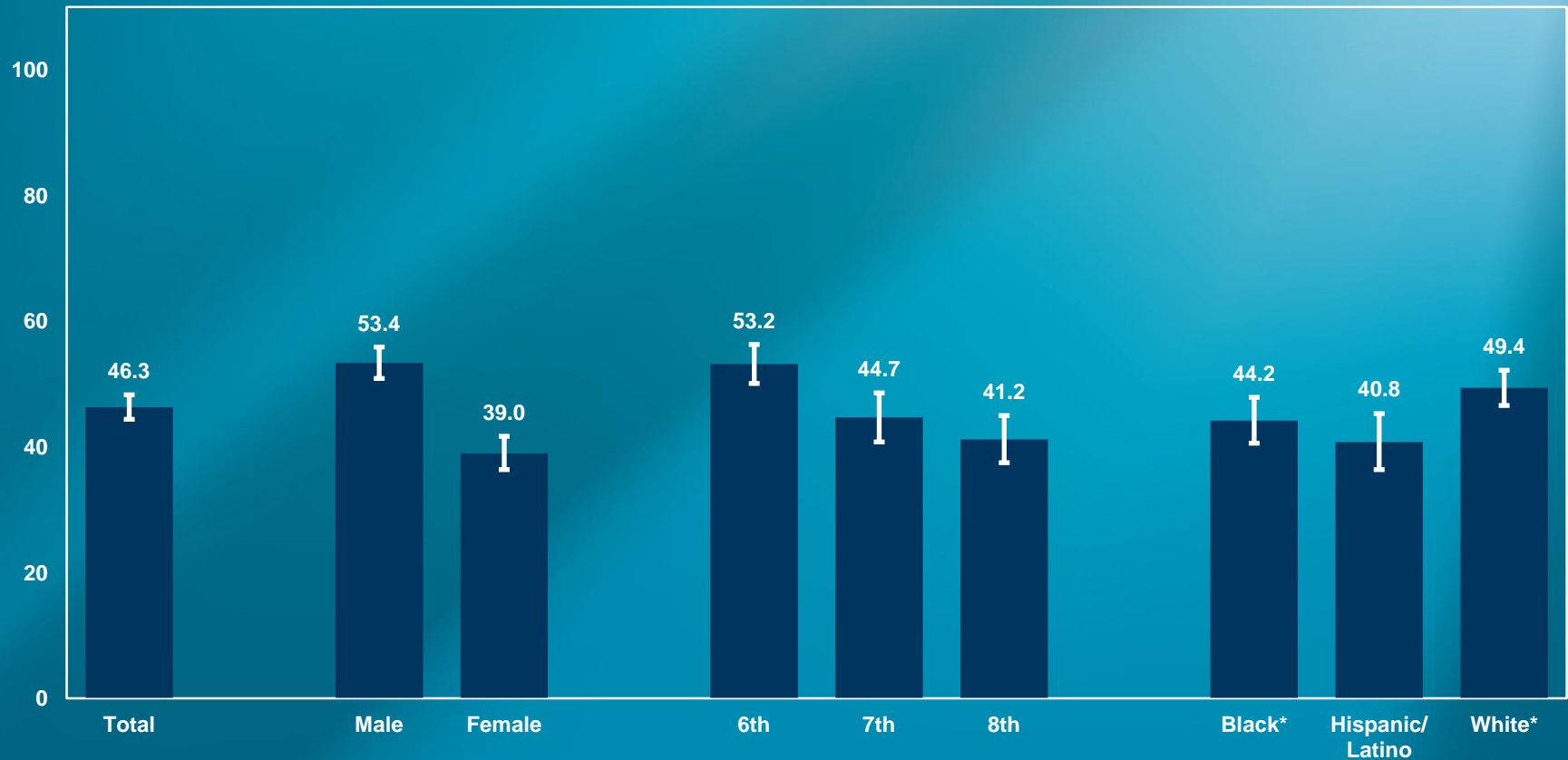
Percentage of students who had ever vomited or taken laxatives to lose weight or to keep from gaining weight



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who ate breakfast on all of the past seven days

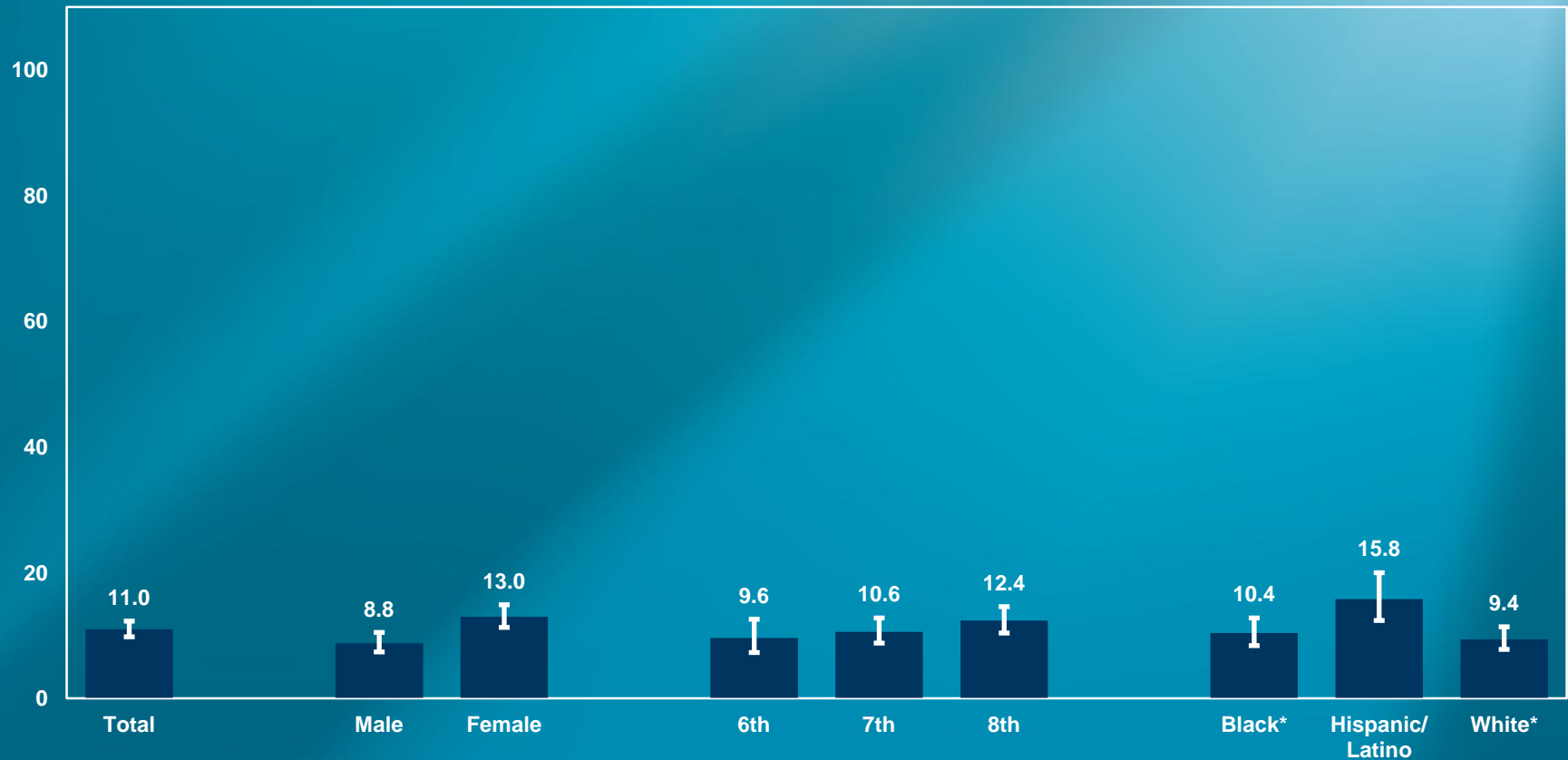




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

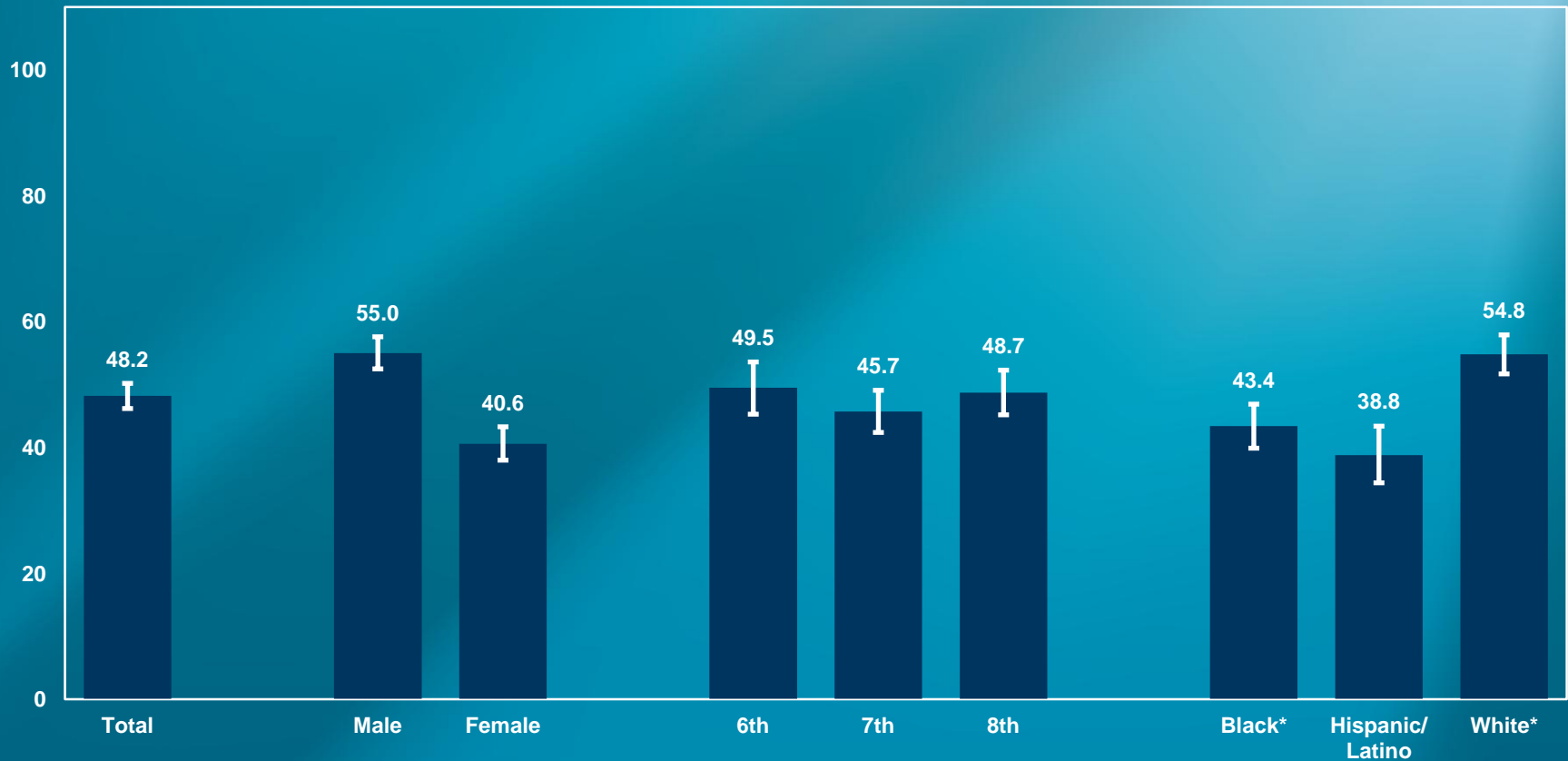
Percentage of students who ate breakfast on none of the past seven days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

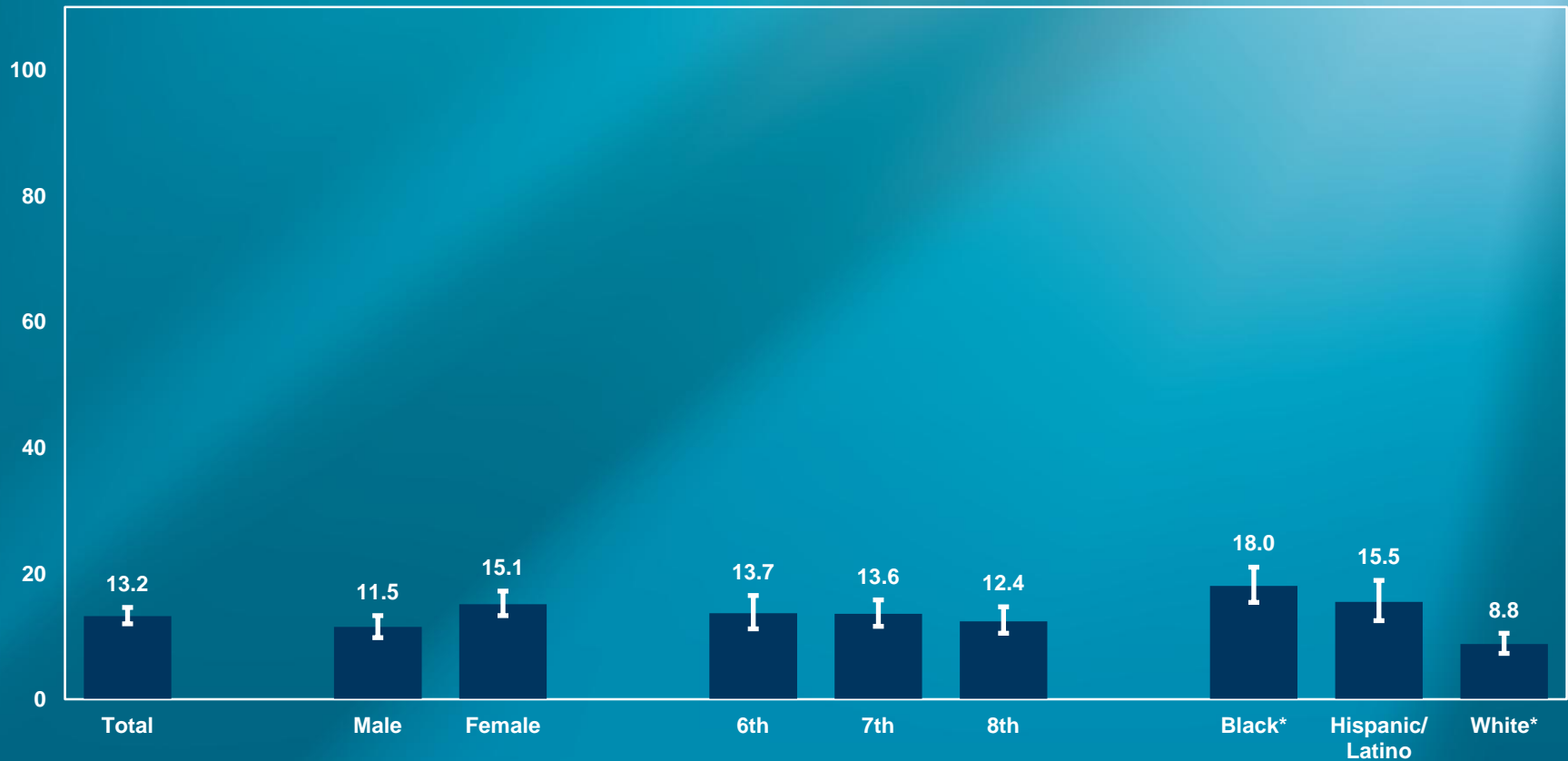
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

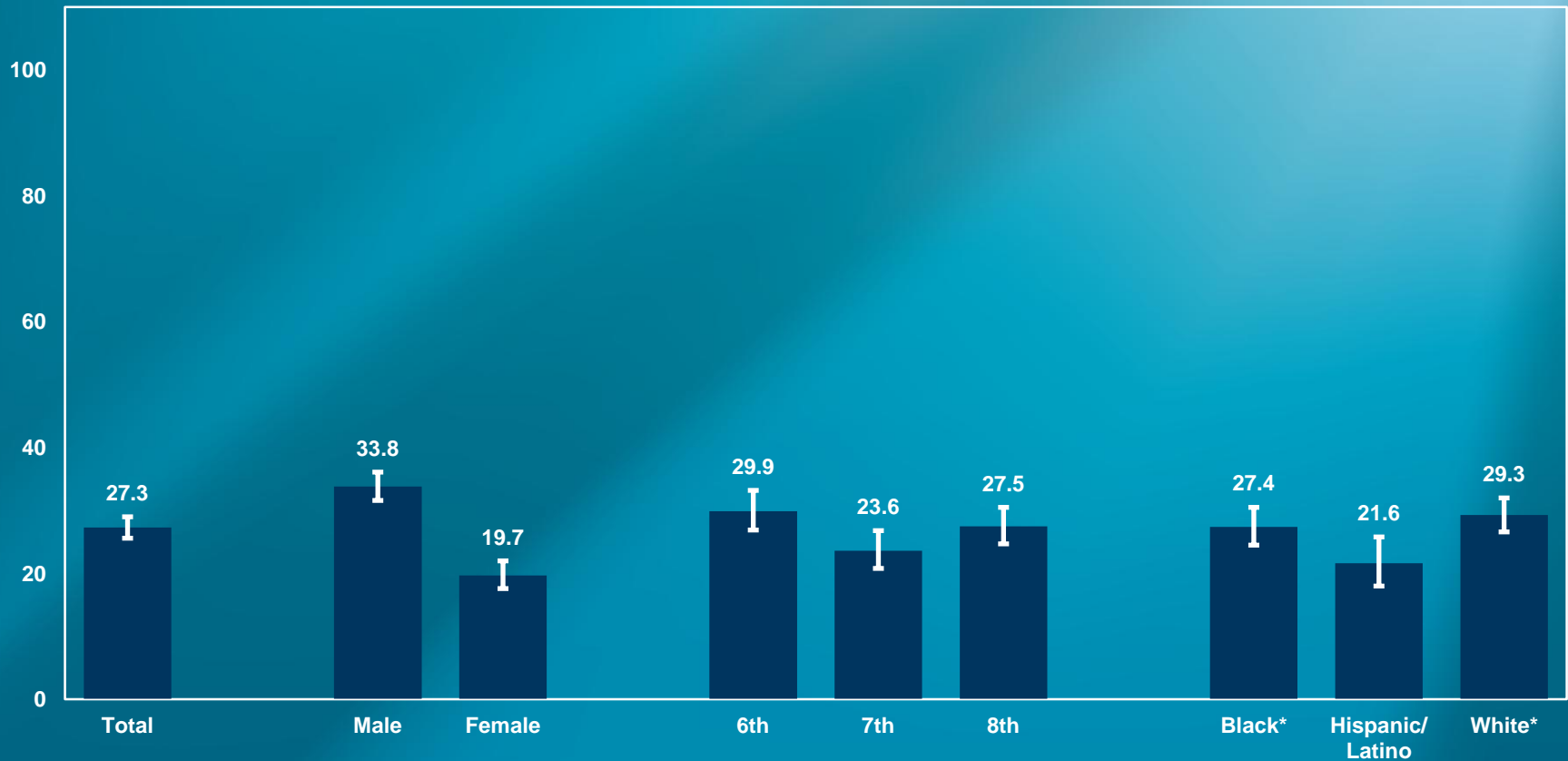
Percentage of students who were physically active for a total of at least 60 minutes per day on 0 of the past seven days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

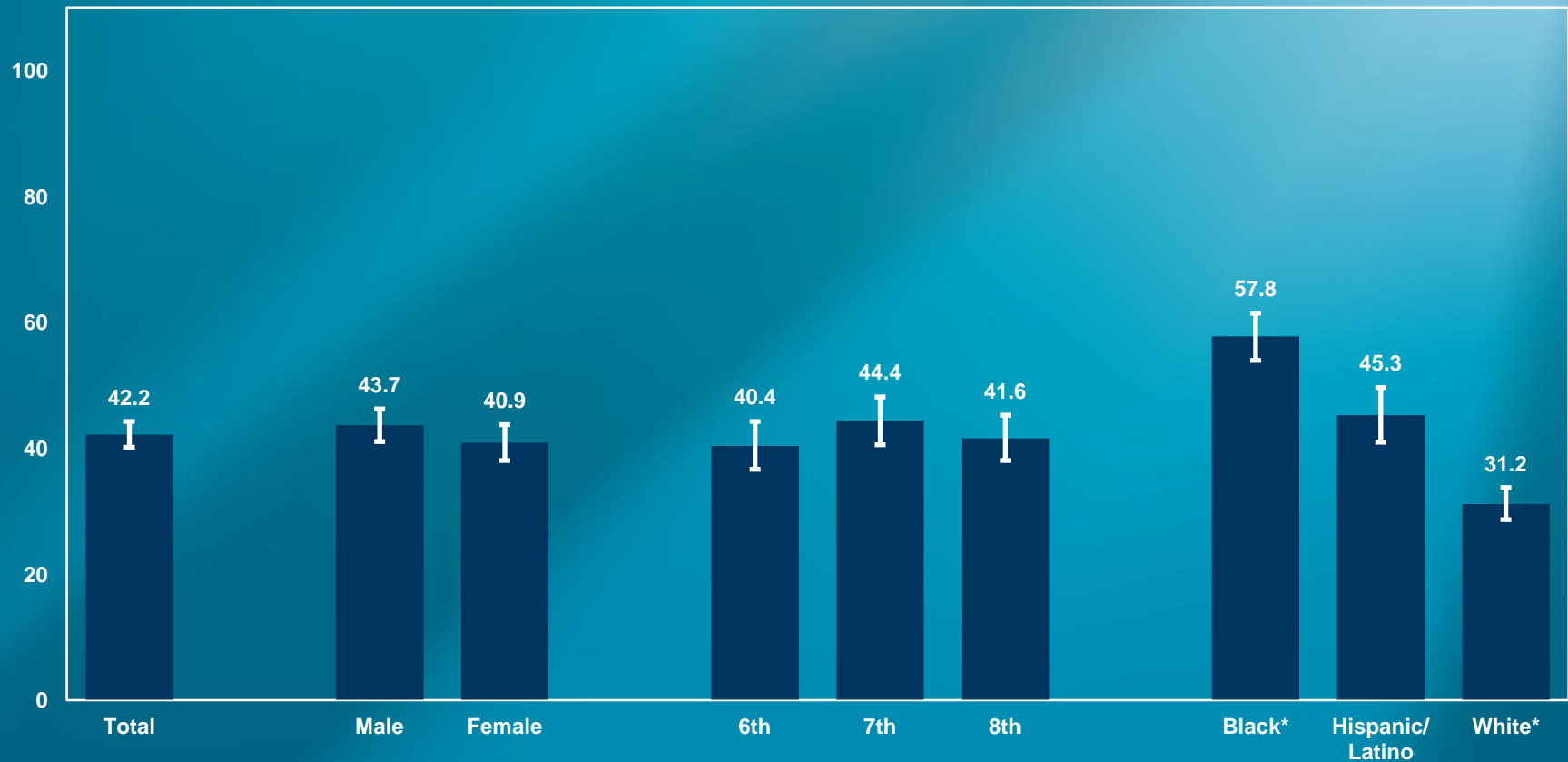
Percentage of students who were physically active for a total of at least 60 minutes per day on 7 of the past seven days



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

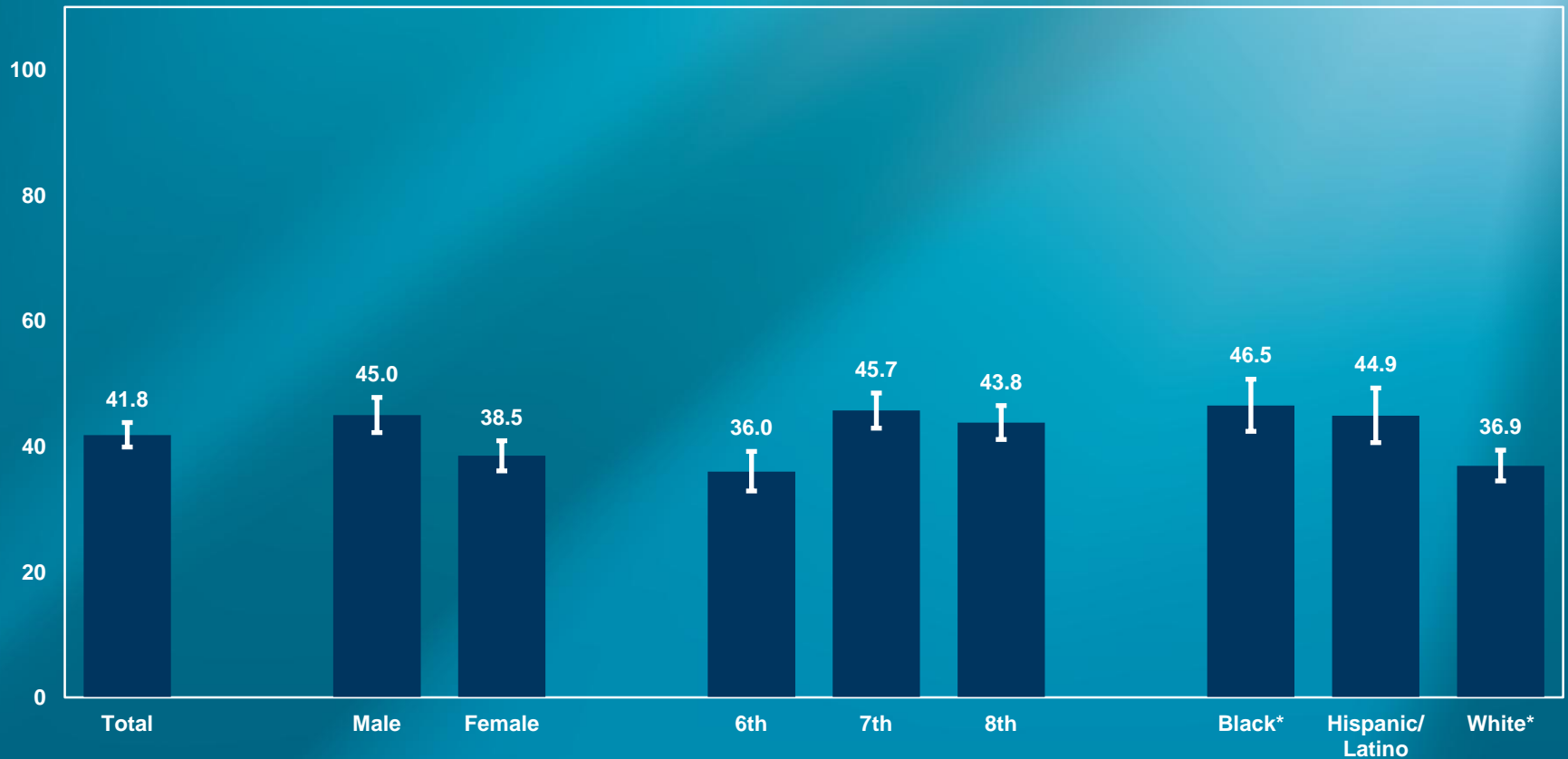
Percentage of students who watched three or more hours per day of TV on an average school day



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

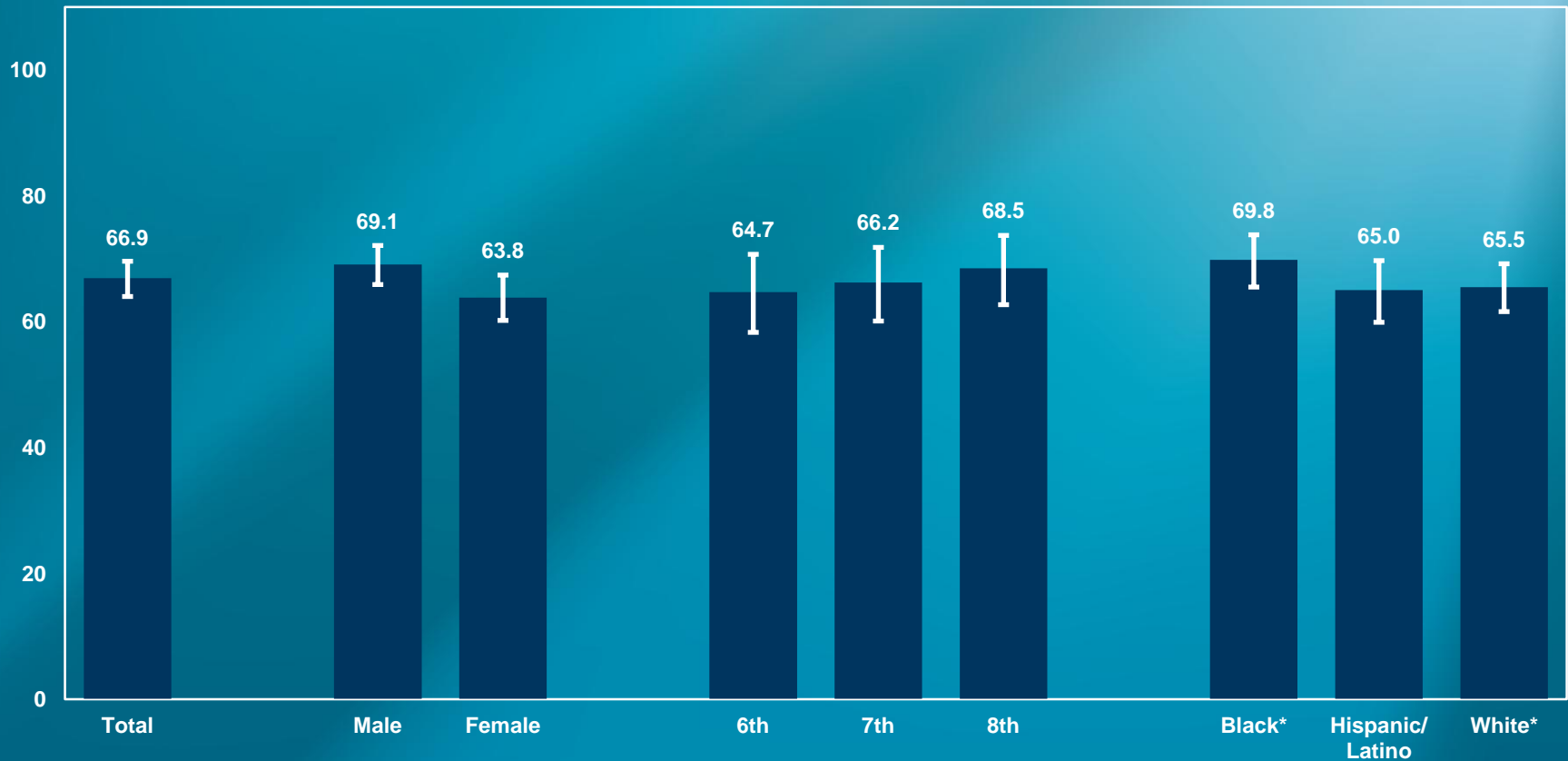
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who attended physical education (PE) classes one or more days in an average week when they were in school

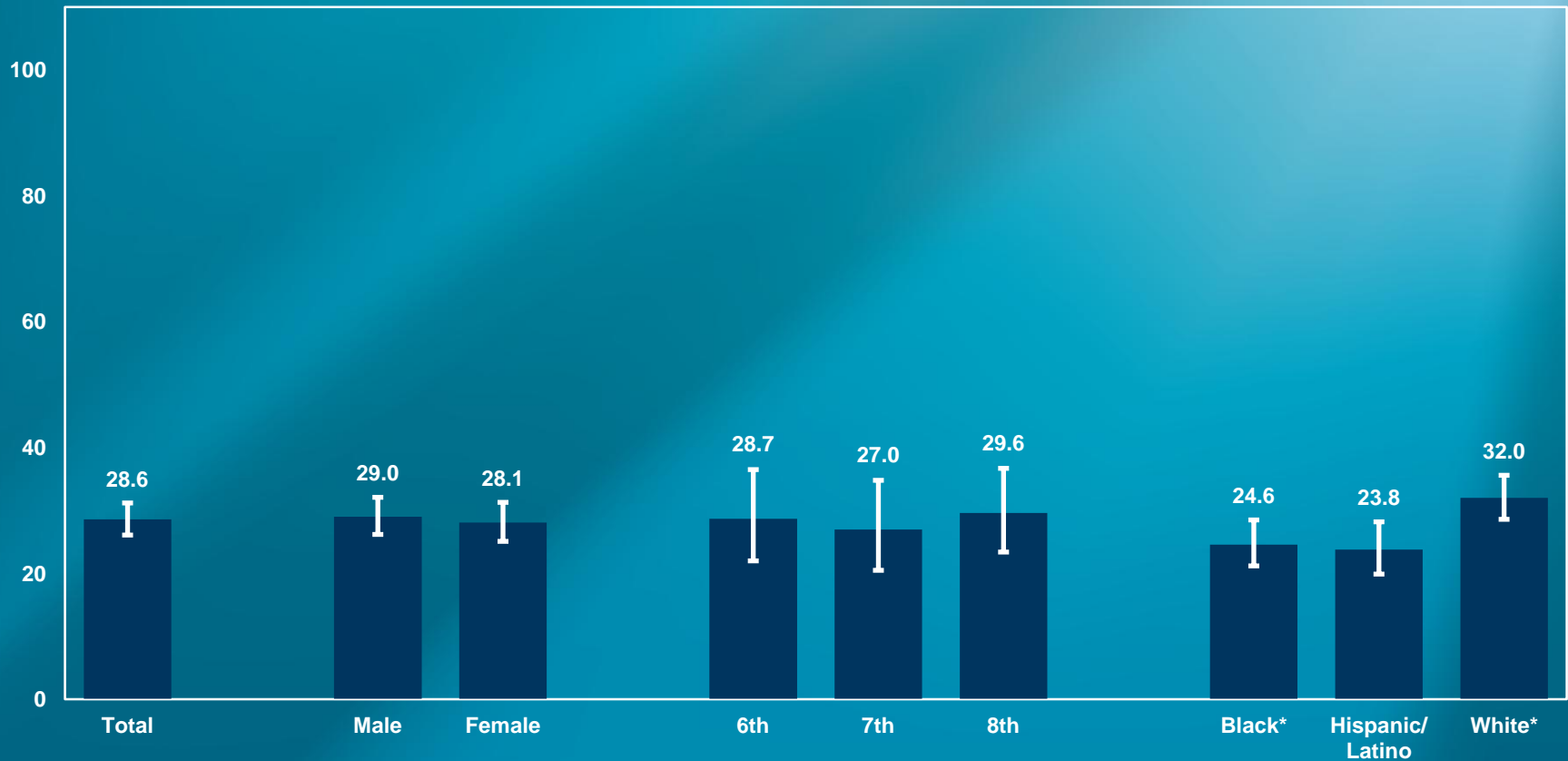




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who attended physical education (PE) classes daily in an average week when they were in school

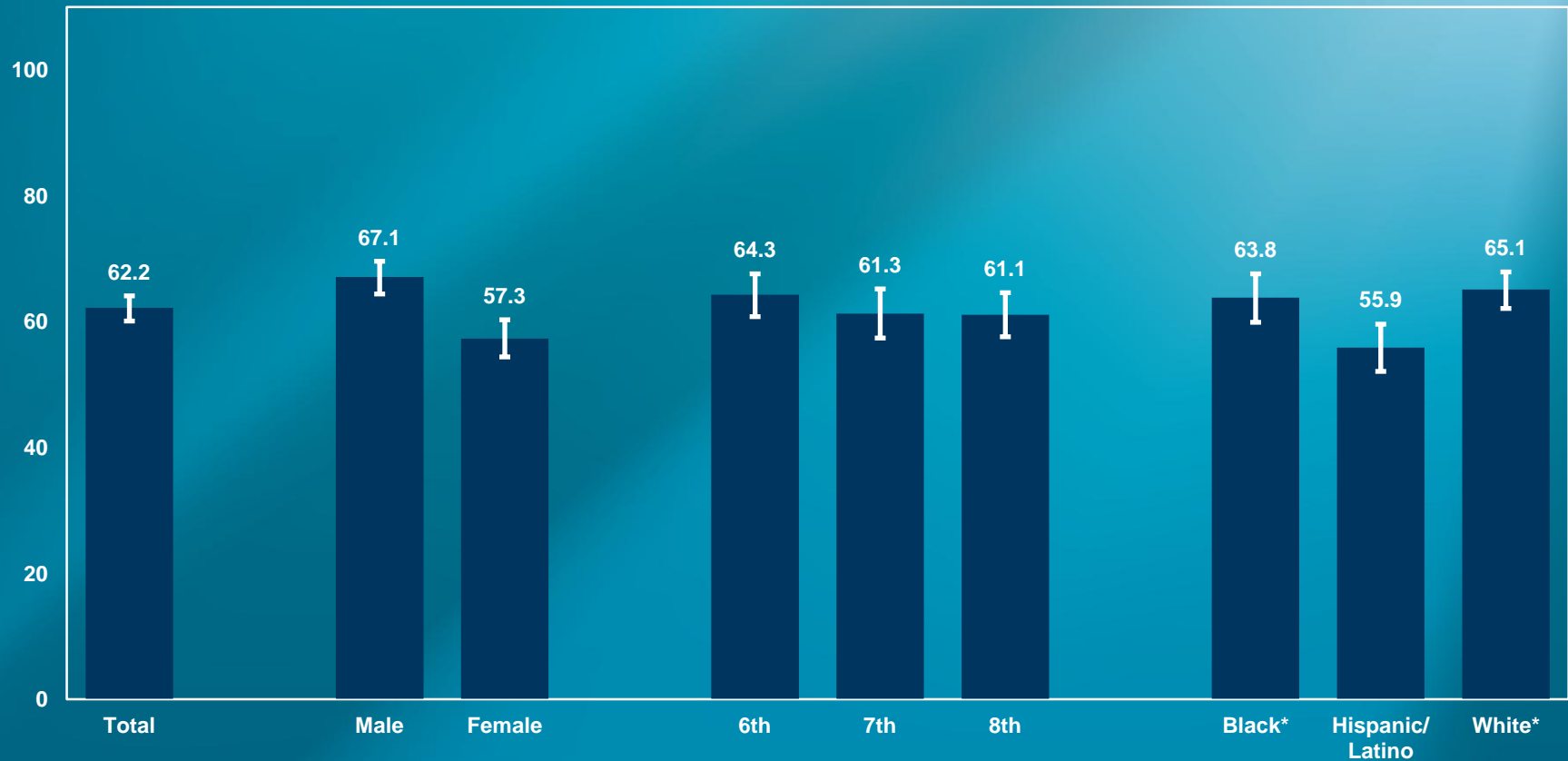




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

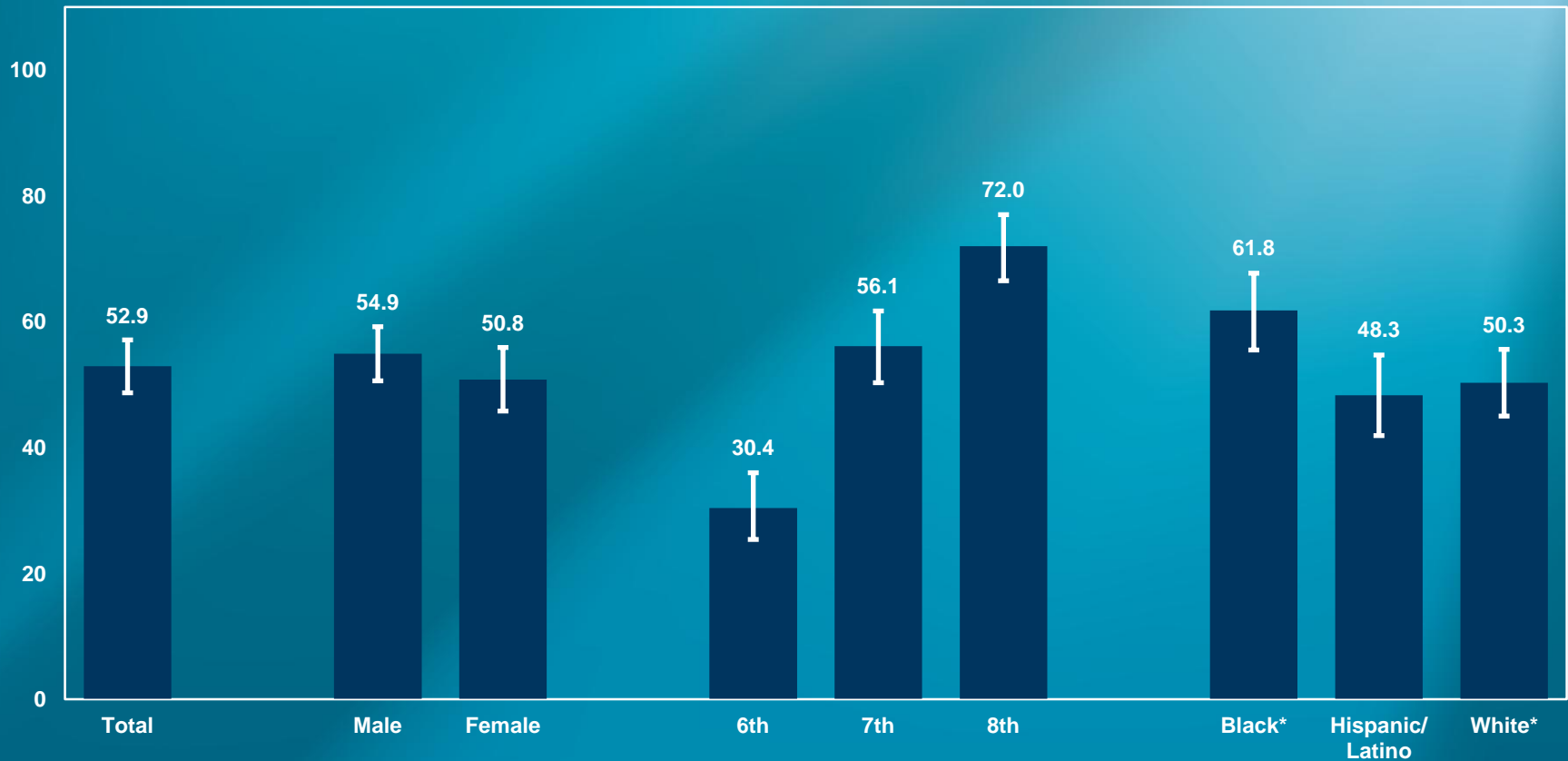
Percentage of students who played on one or more sports teams during the past 12 months



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

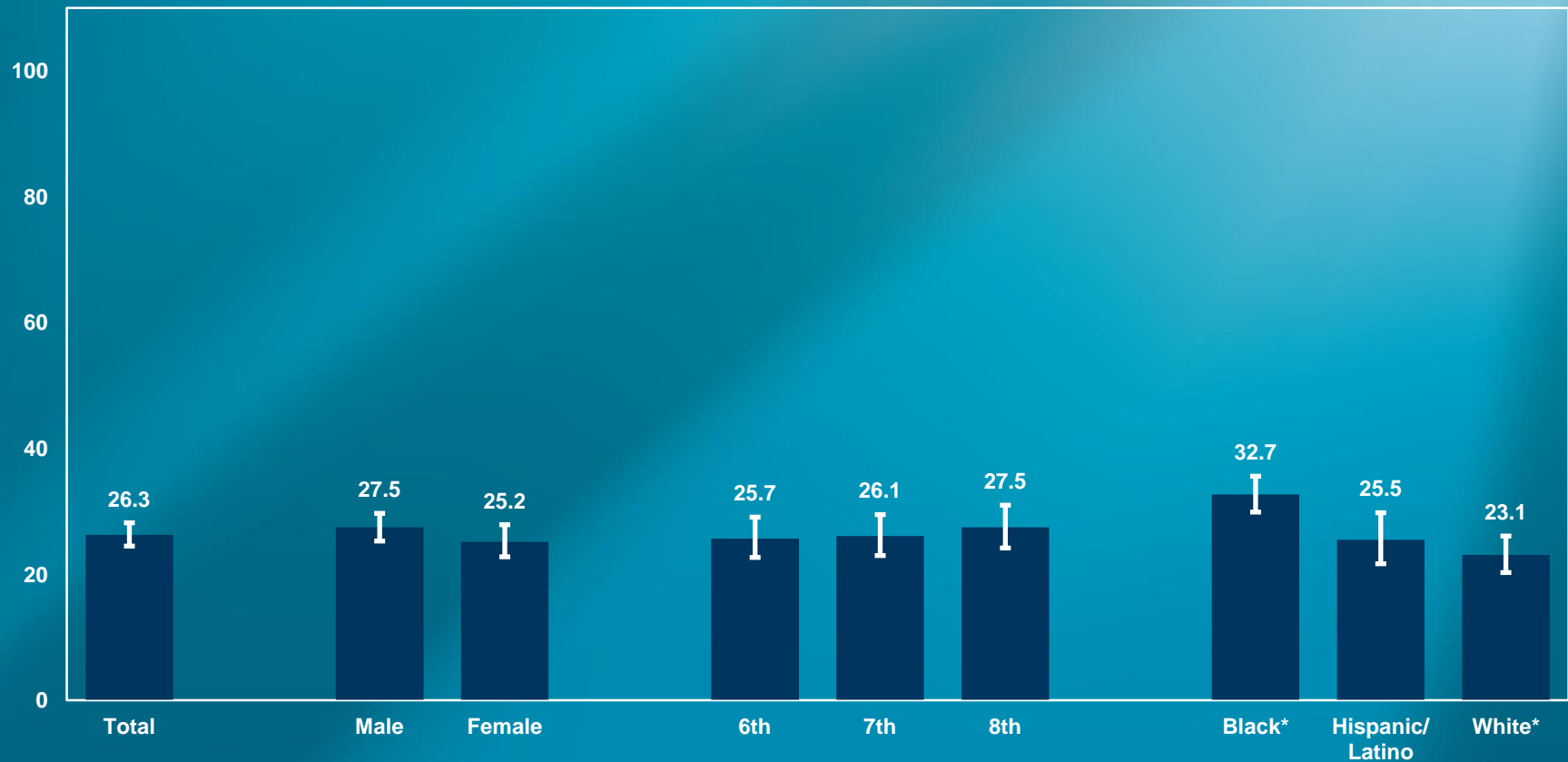
Percentage of students who had ever been taught in school about AIDS or HIV infection



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

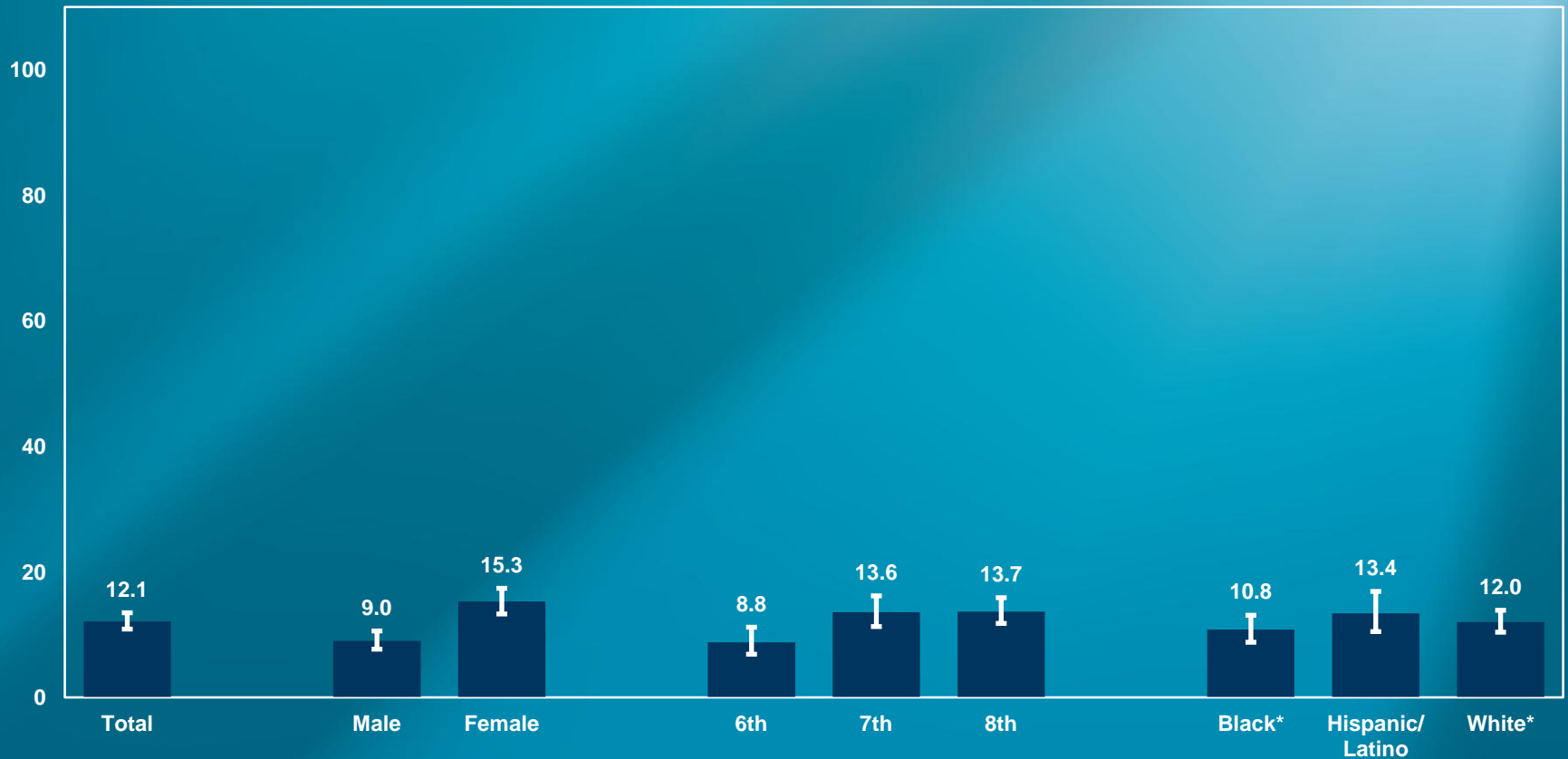
Percentage of students who had ever been told by a doctor or nurse that they had asthma



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

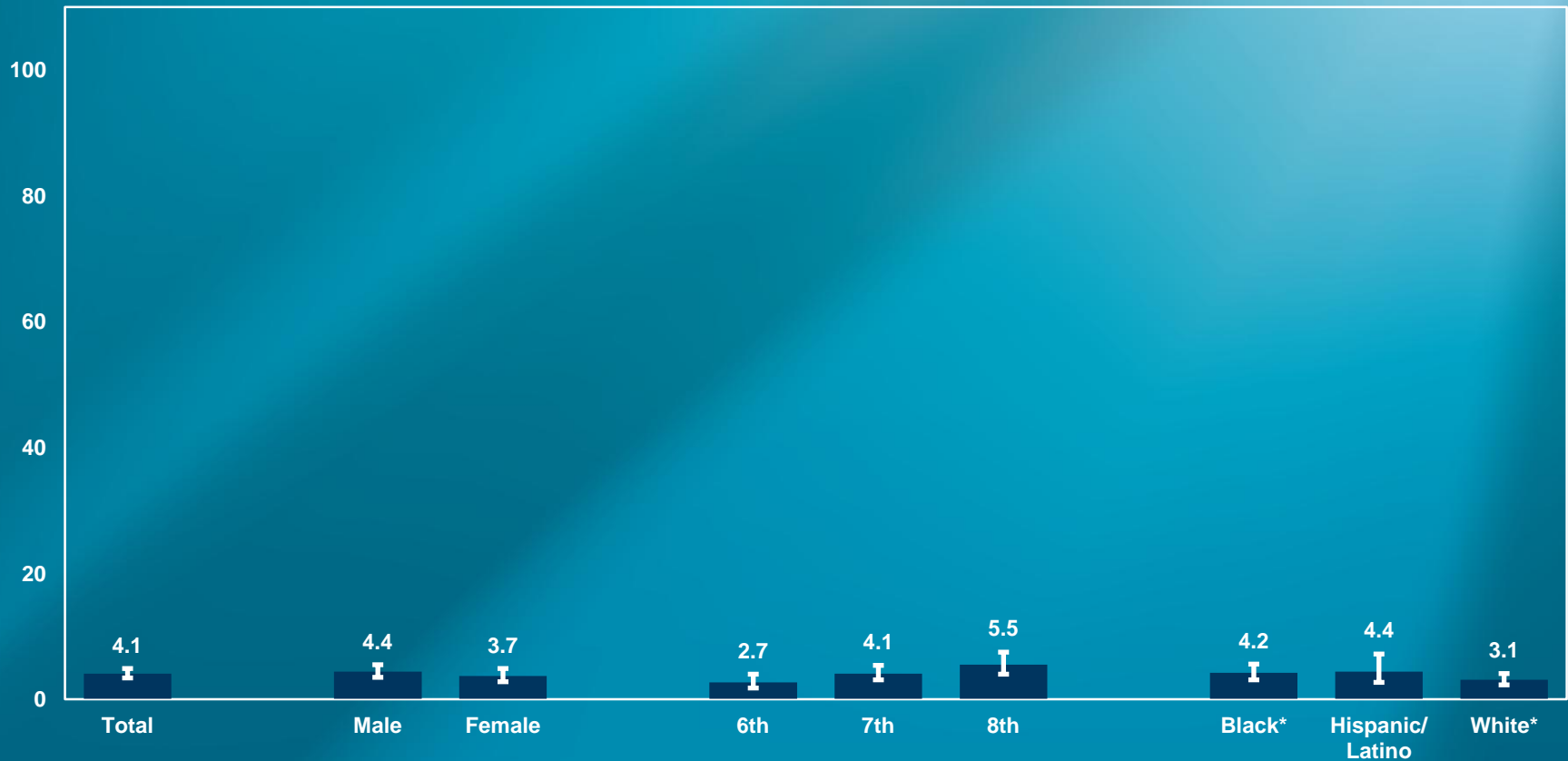
Percentage of students who had someone they were dating or going out with say things to them or say things to other people about them to purposely hurt them during the past 12 months



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

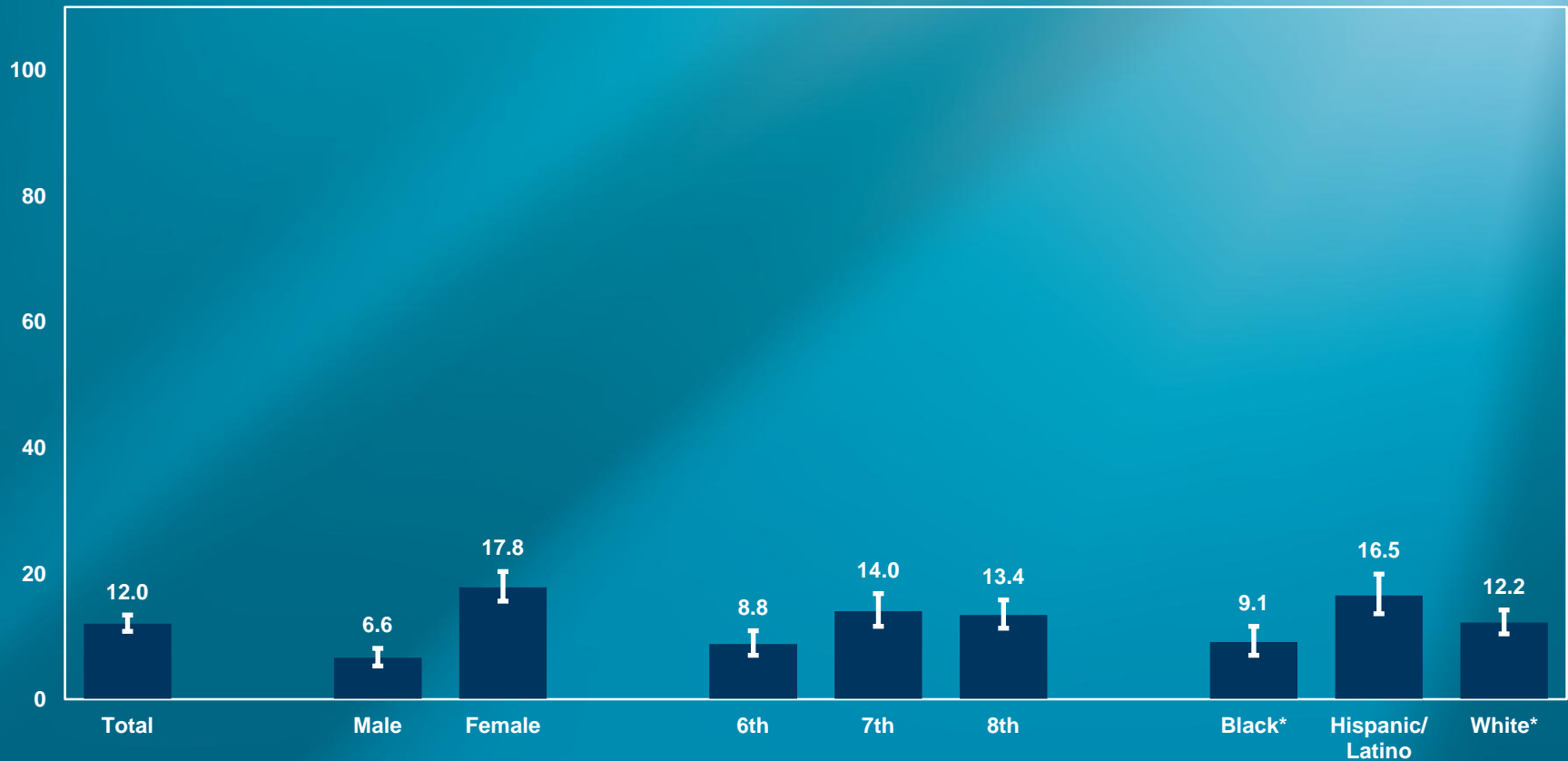
Percentage of students who had someone they were dating or going out with hit, slap, or physically hurt them on purpose during the past 12 months



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

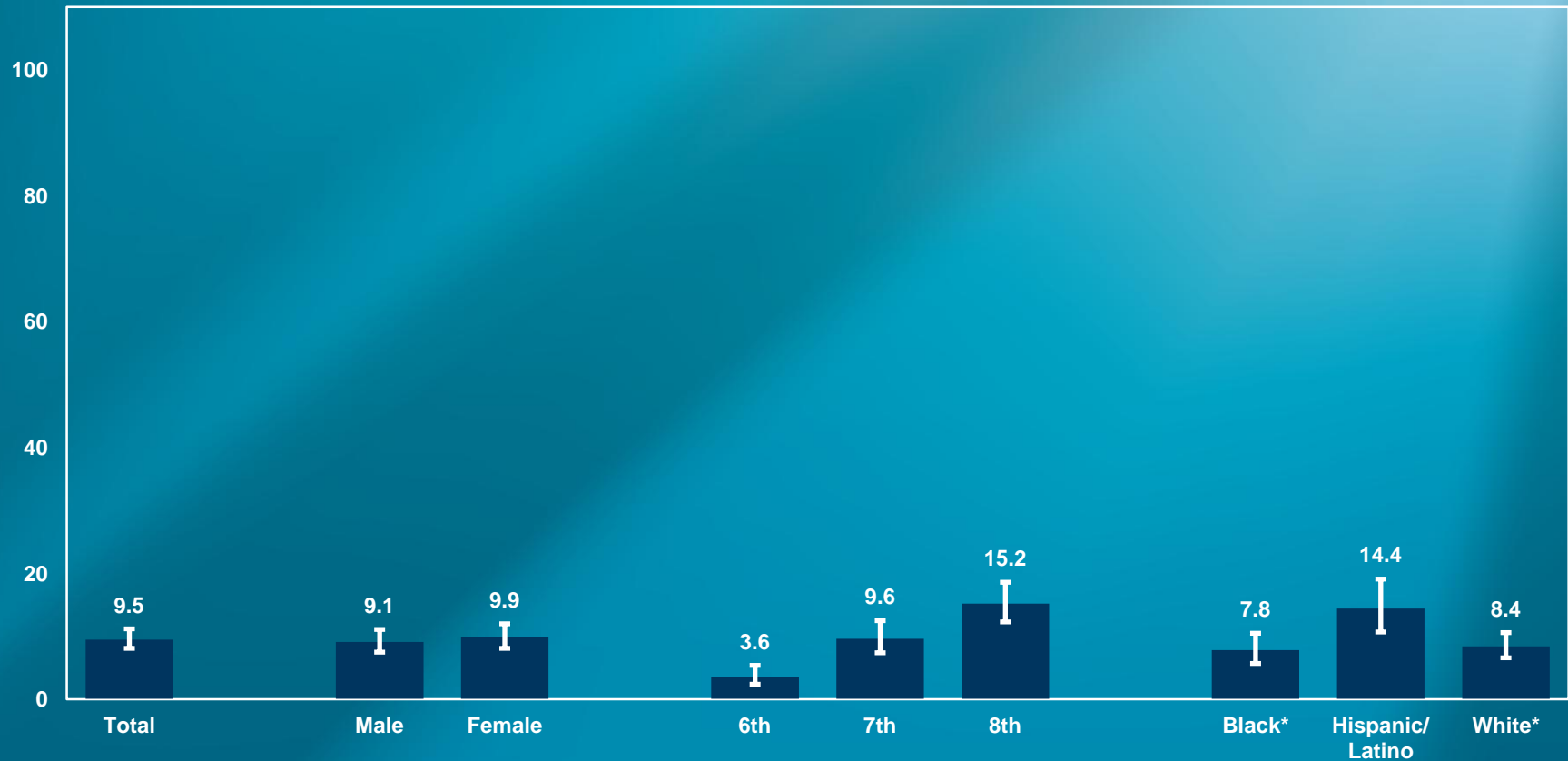
Percentage of students who did something to purposely hurt themselves without wanting to die, such as cutting, scraping, or burning themselves on purpose, during the past 12 months



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who had a drink of alcohol during the past 30 days

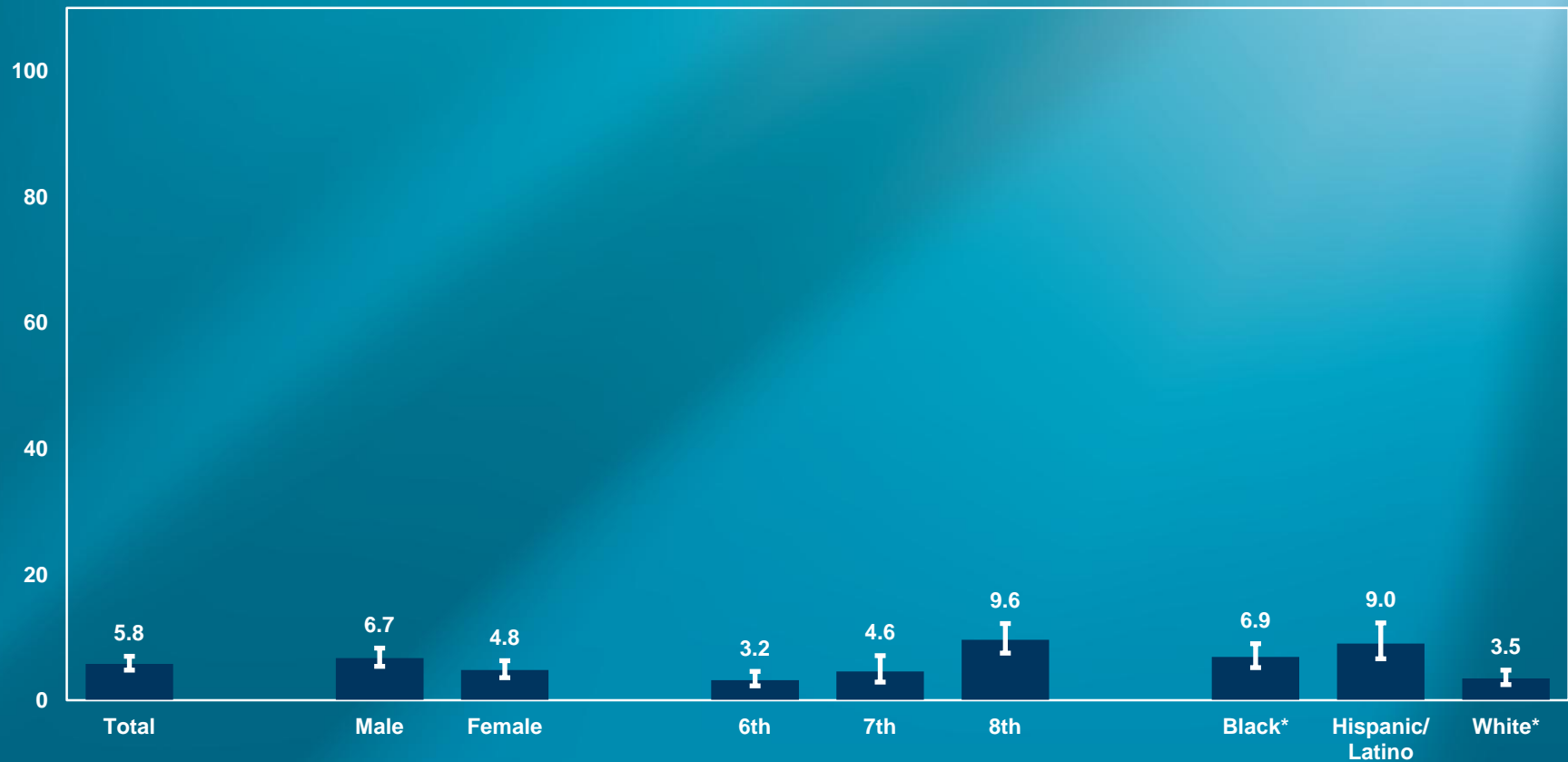




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who used marijuana during the past 30 days





# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

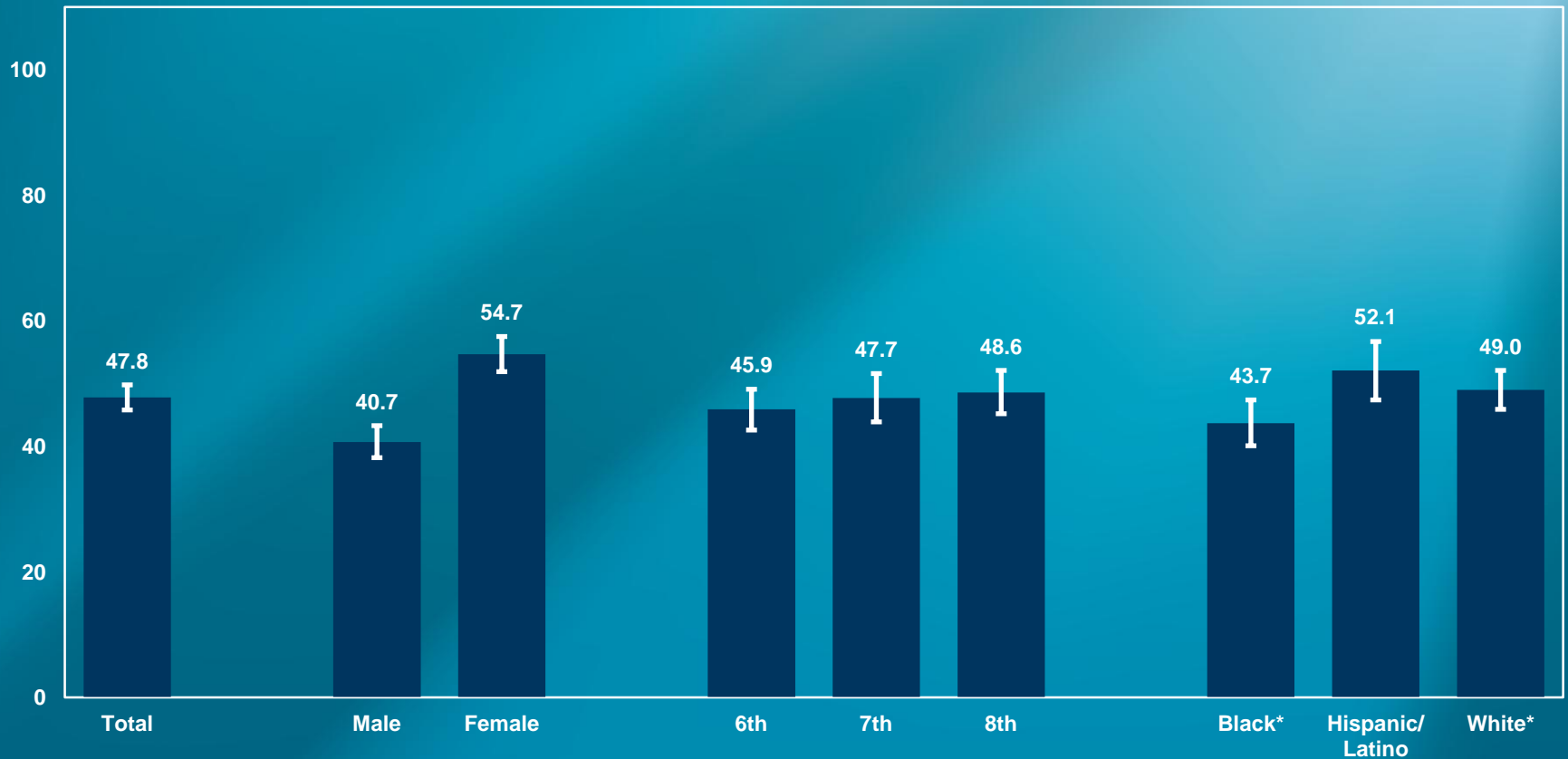
Percentage of students who have ever exercised to lose weight or to keep from gaining weight



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

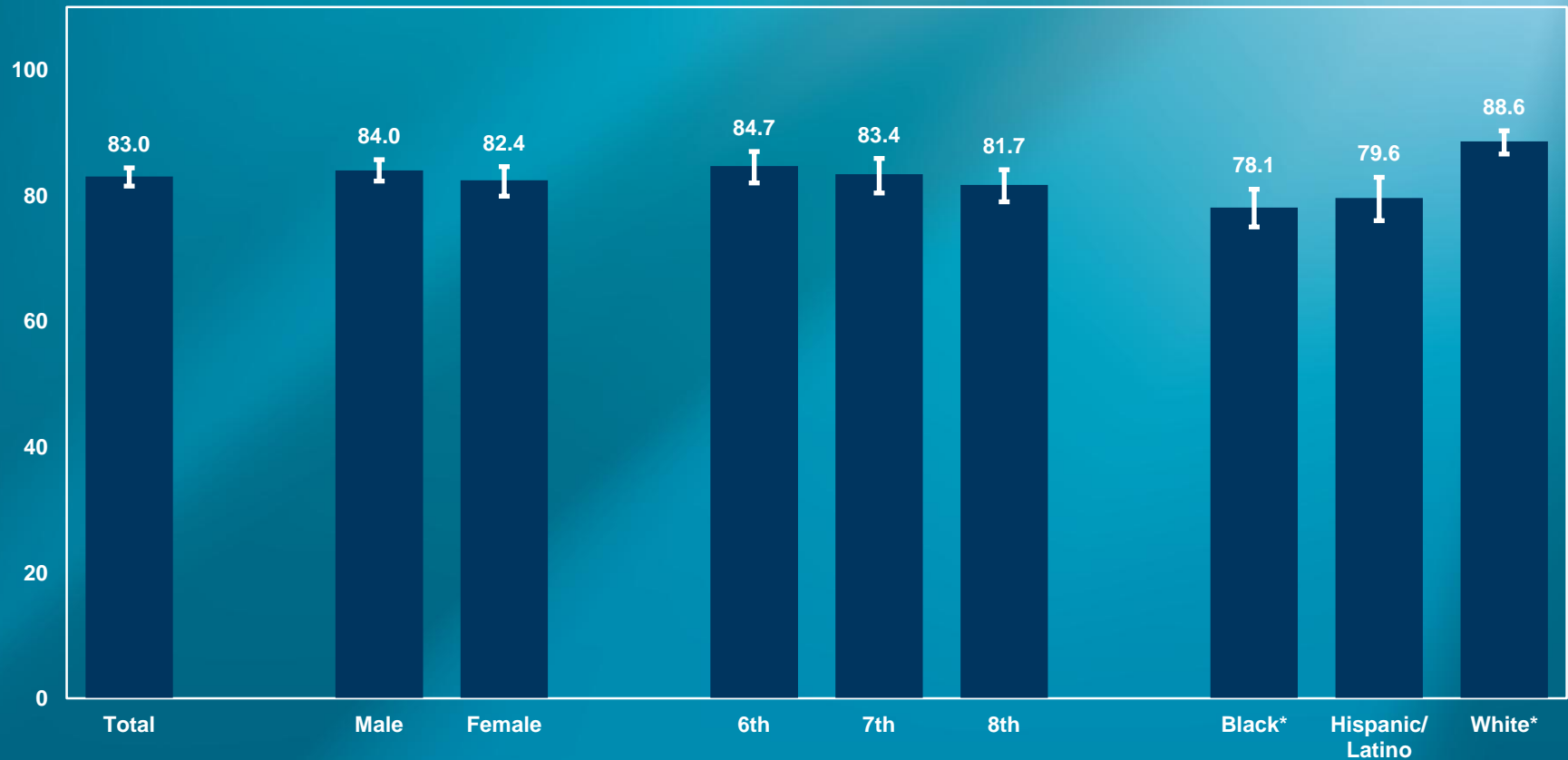
Percentage of students who have ever eaten less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

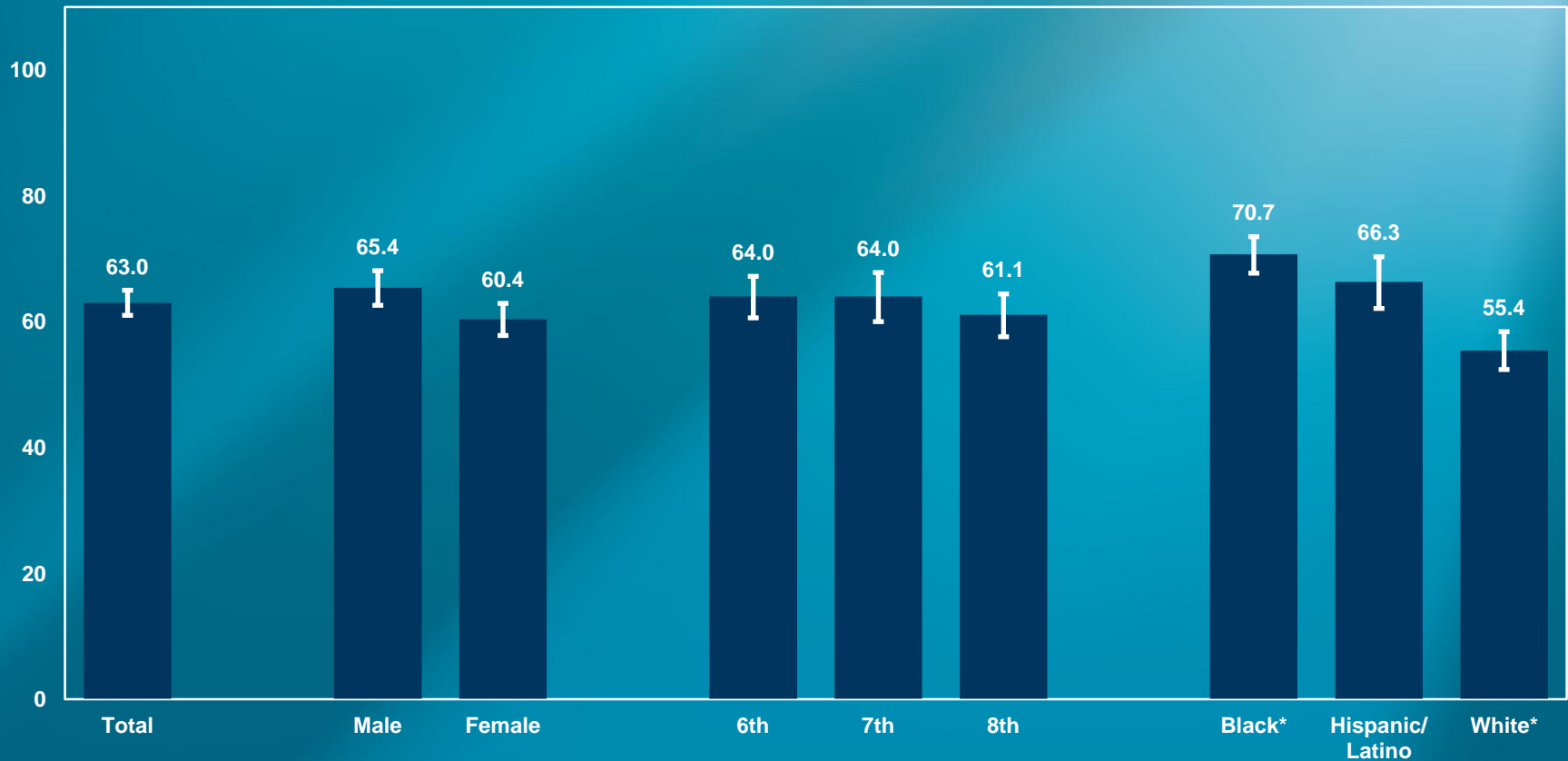
Percentage of students who eat dinner with their family three or more times in an average week



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who drank 100% fruit juices such as orange juice, apple juice, or grape juice one or more times yesterday



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

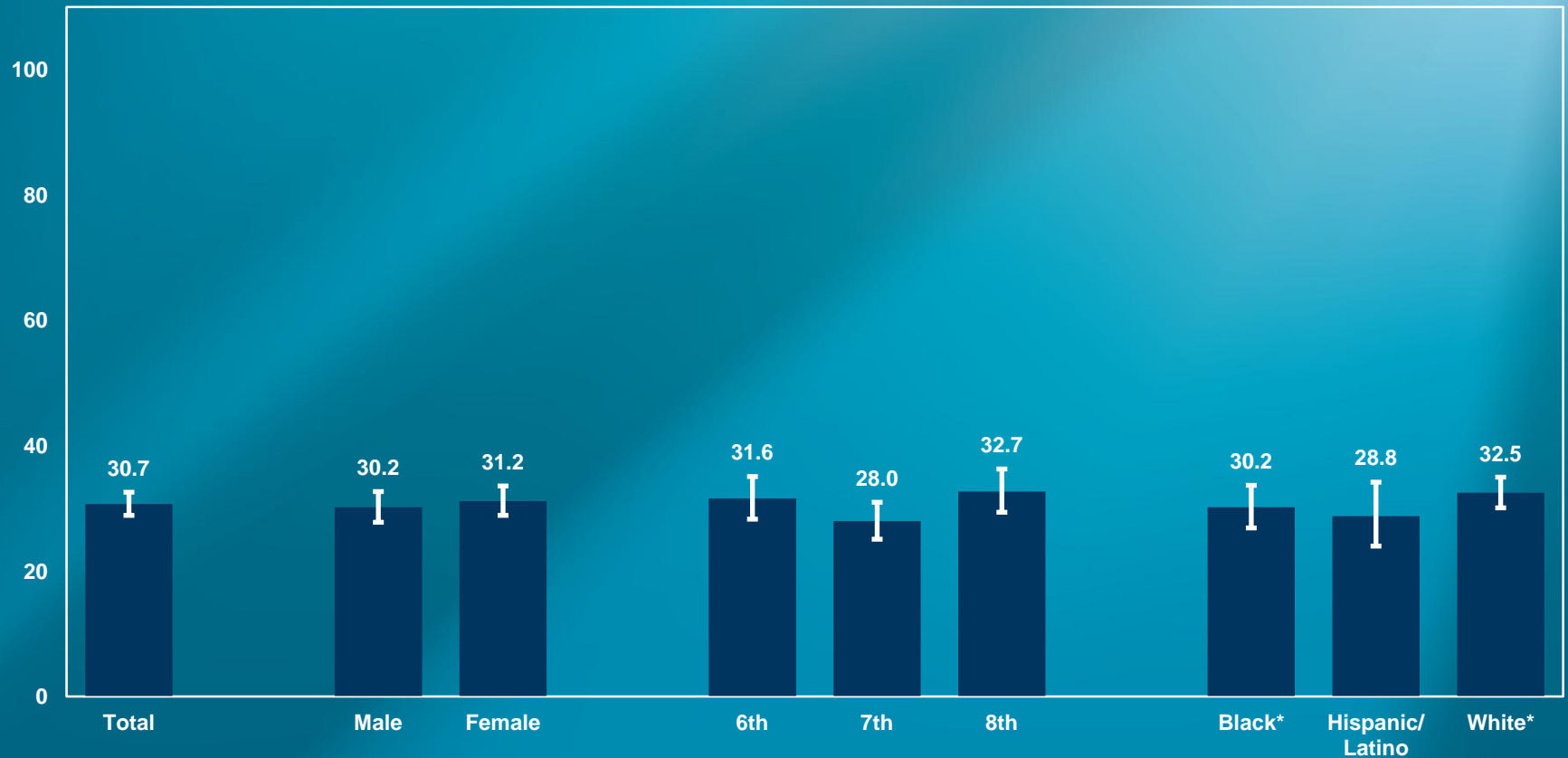
Percentage of students who ate fruit one or more times yesterday



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

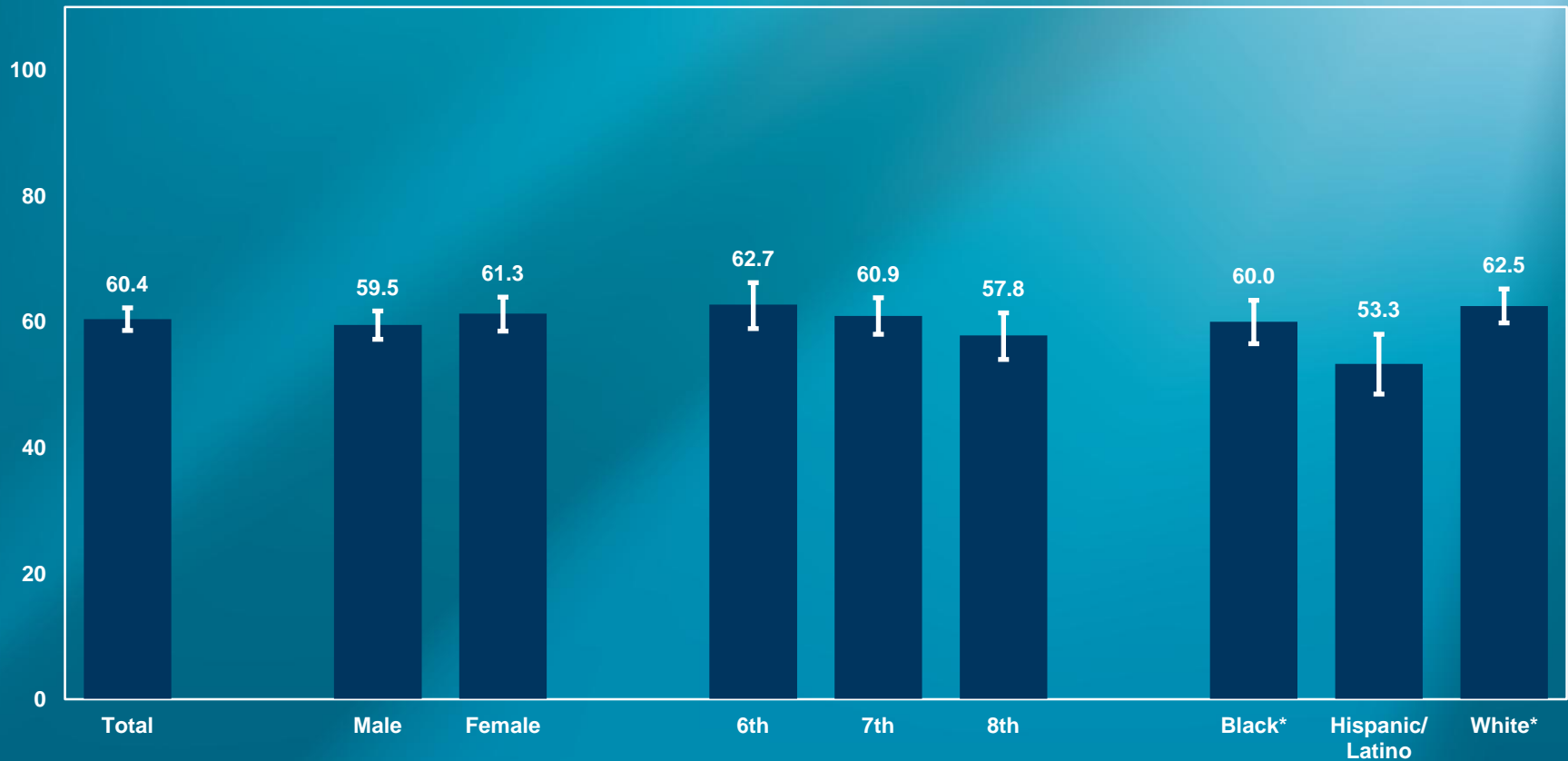
Percentage of students who ate green salad one or more times yesterday



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

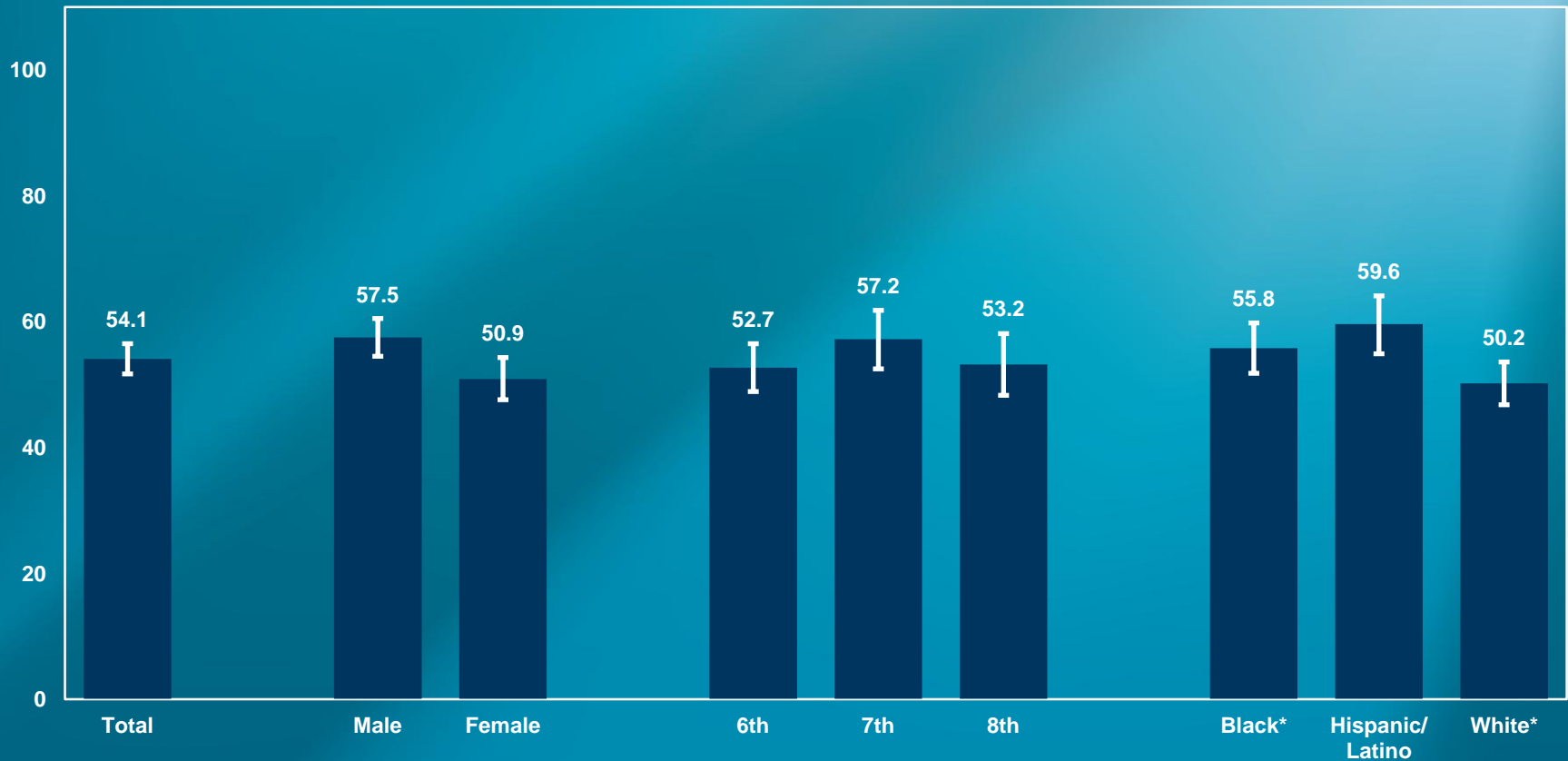
Percentage of students who ate other vegetables one or more times yesterday



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who drank a can, bottle, or glass of soda or pop one or more times yesterday

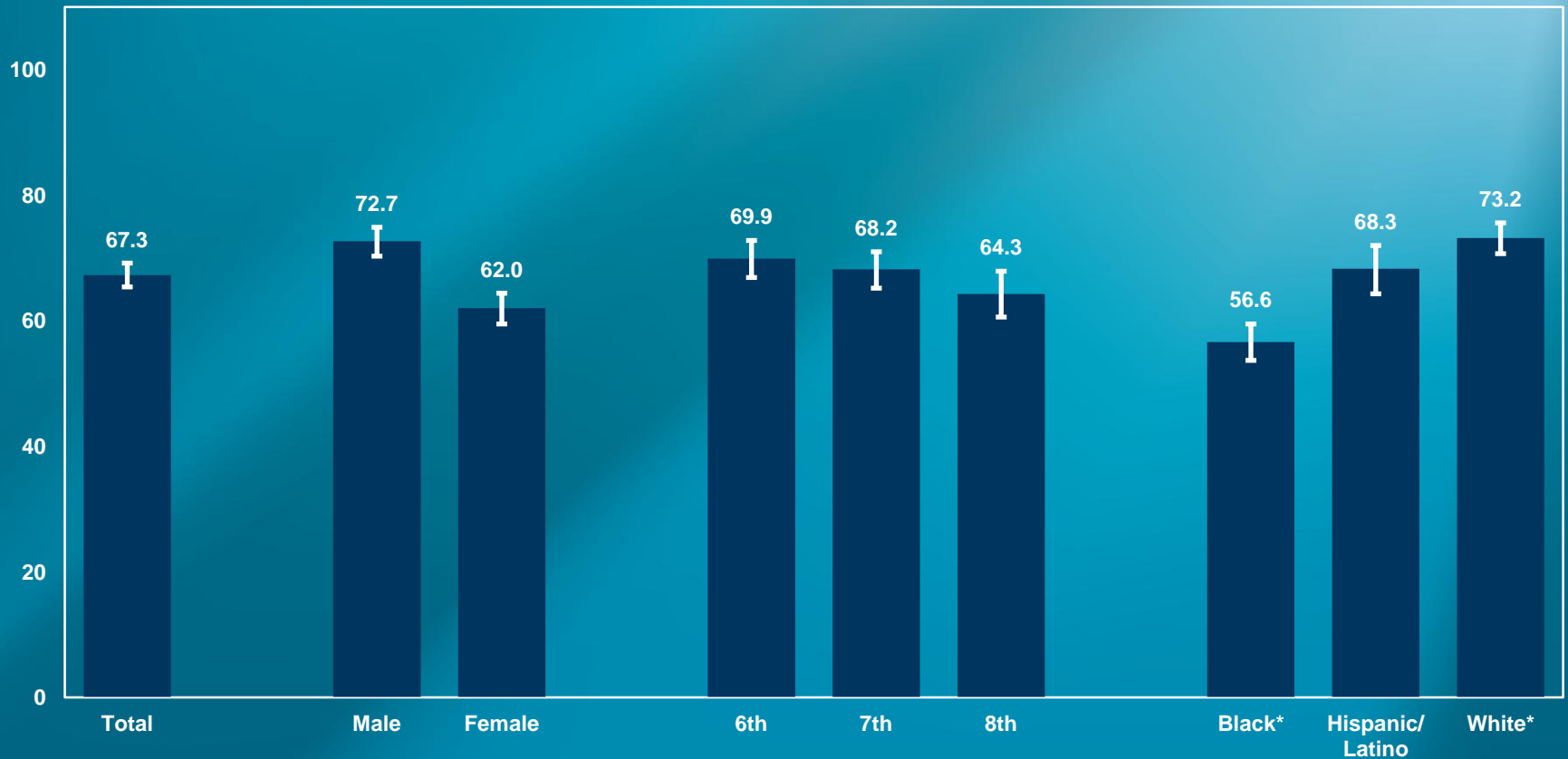




# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

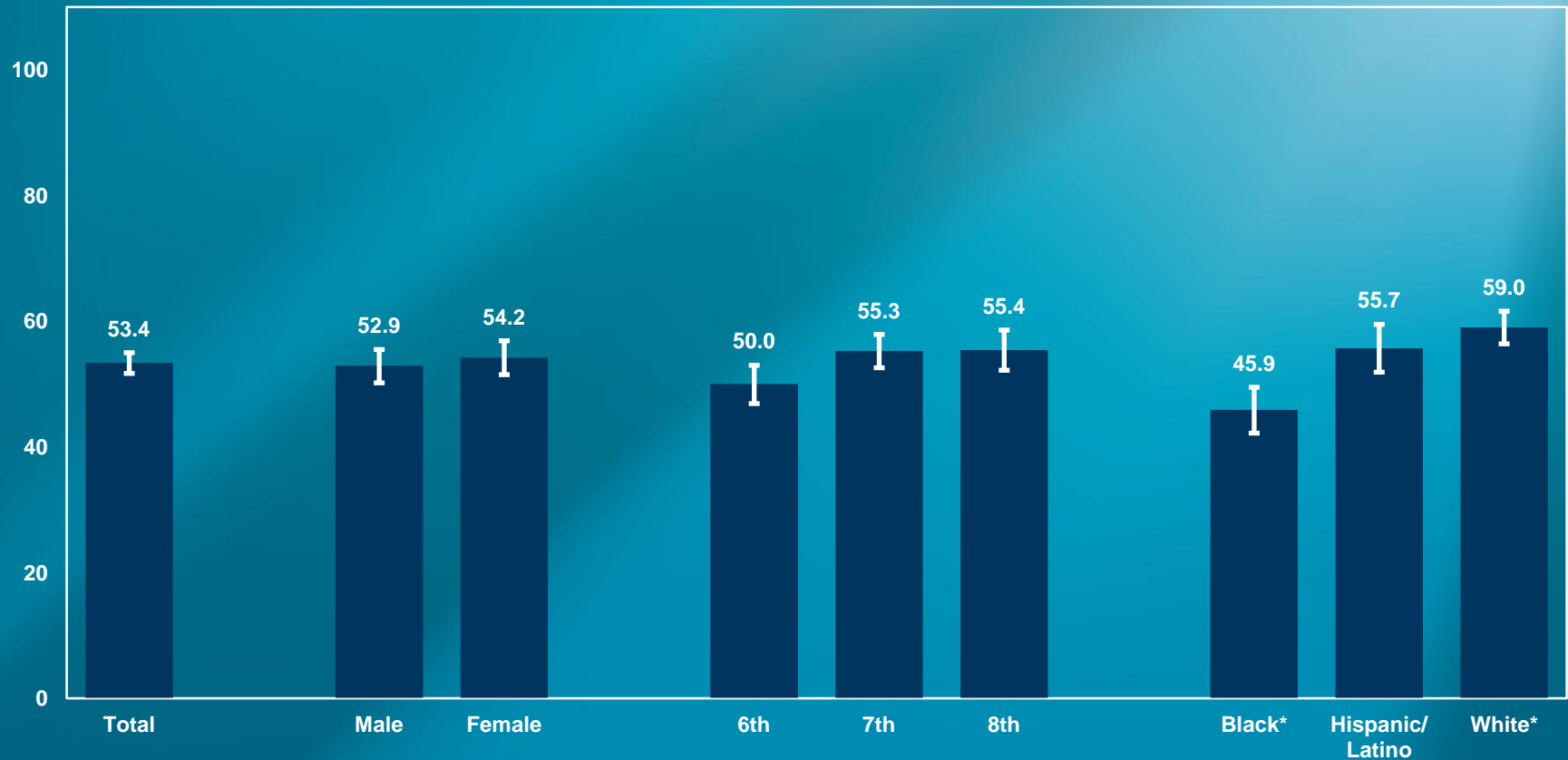
Percentage of students who drank one or more glasses of milk yesterday



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

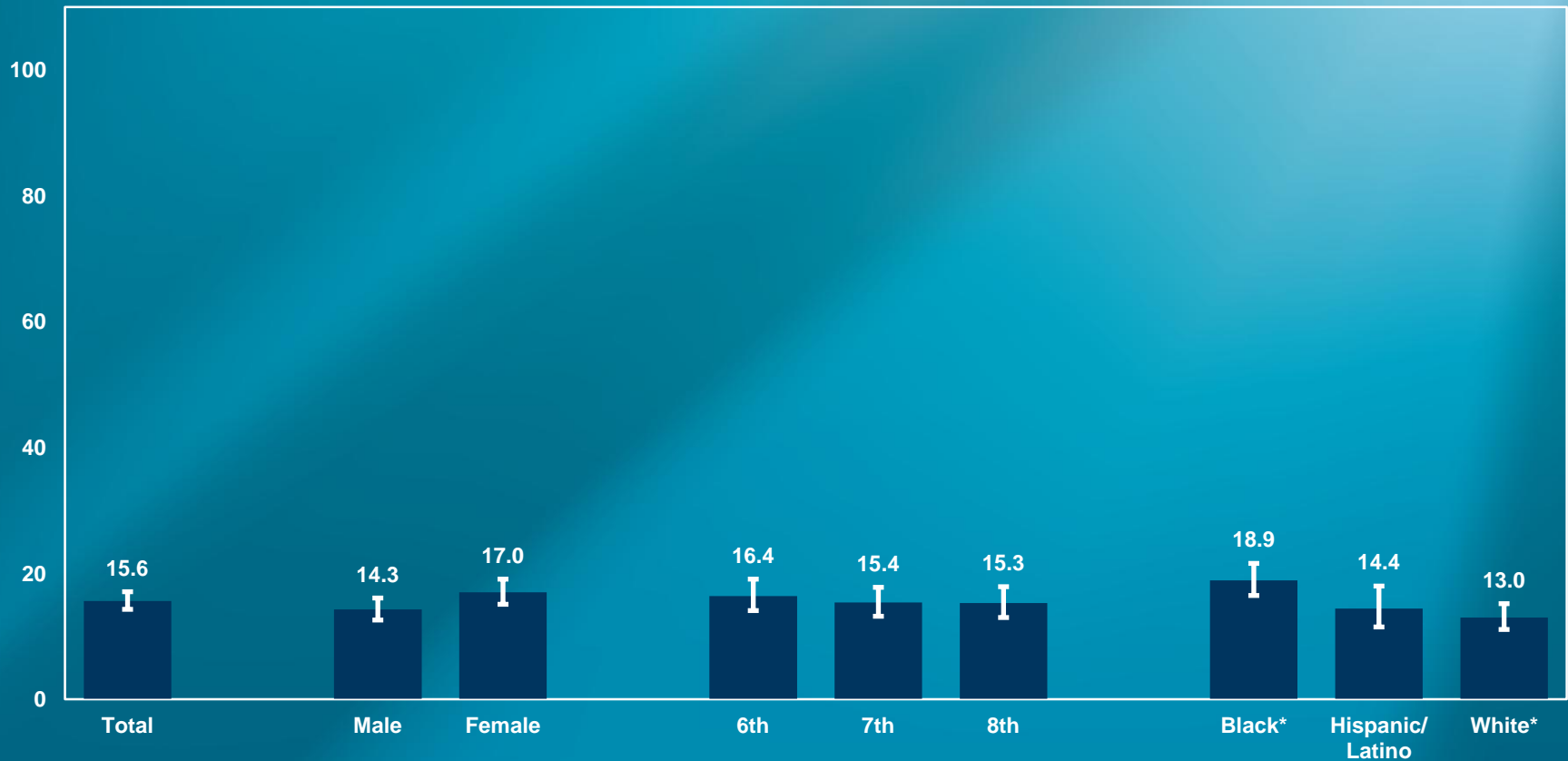
Percentage of students who had one or more caffeinated drinks yesterday



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

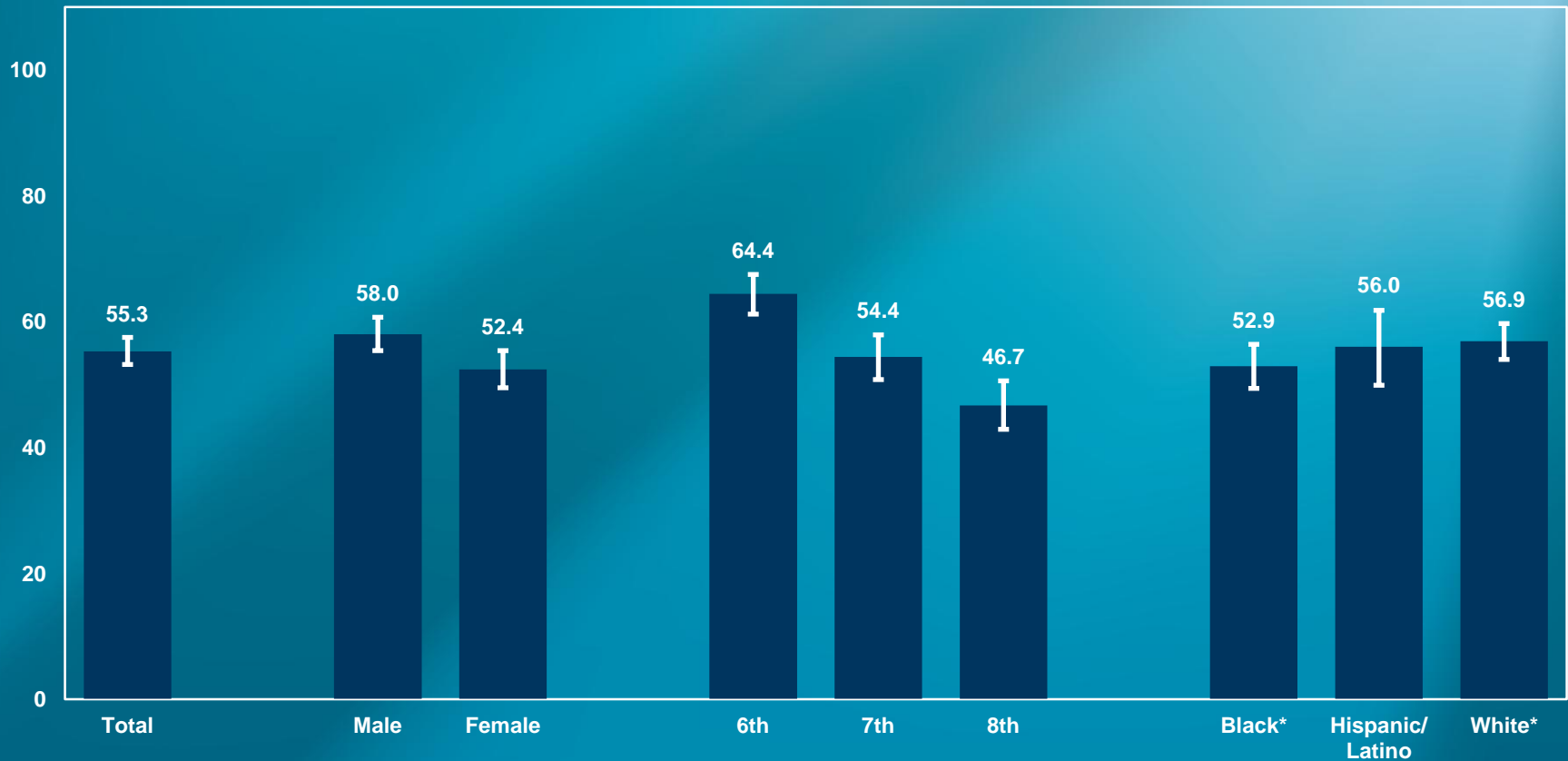
Percentage of students whose asthma was a little problem or a big problem when they ran, exercised, or played sports during the last 4 weeks



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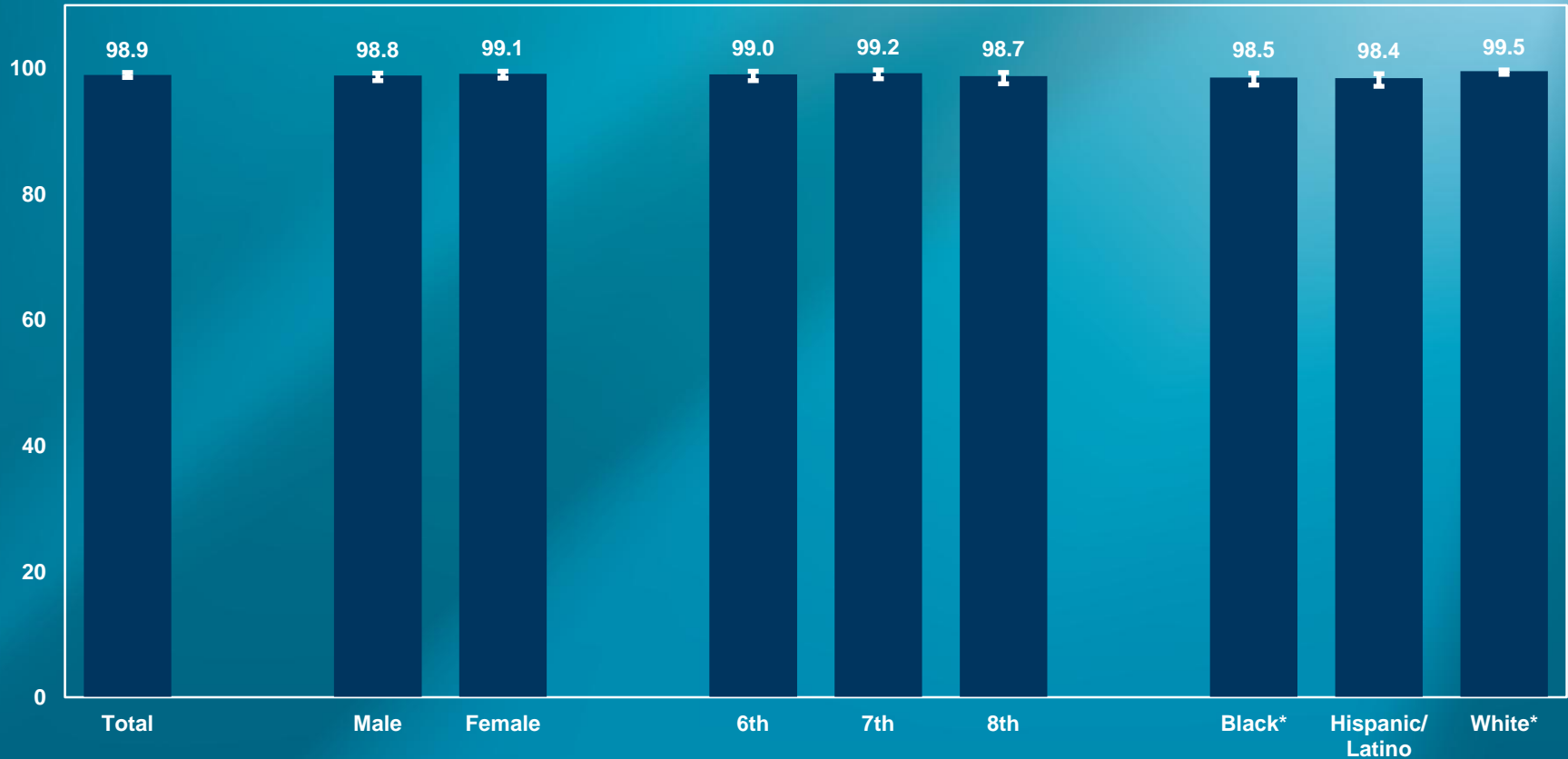
Percentage of students who get eight or more hours of sleep on average school night



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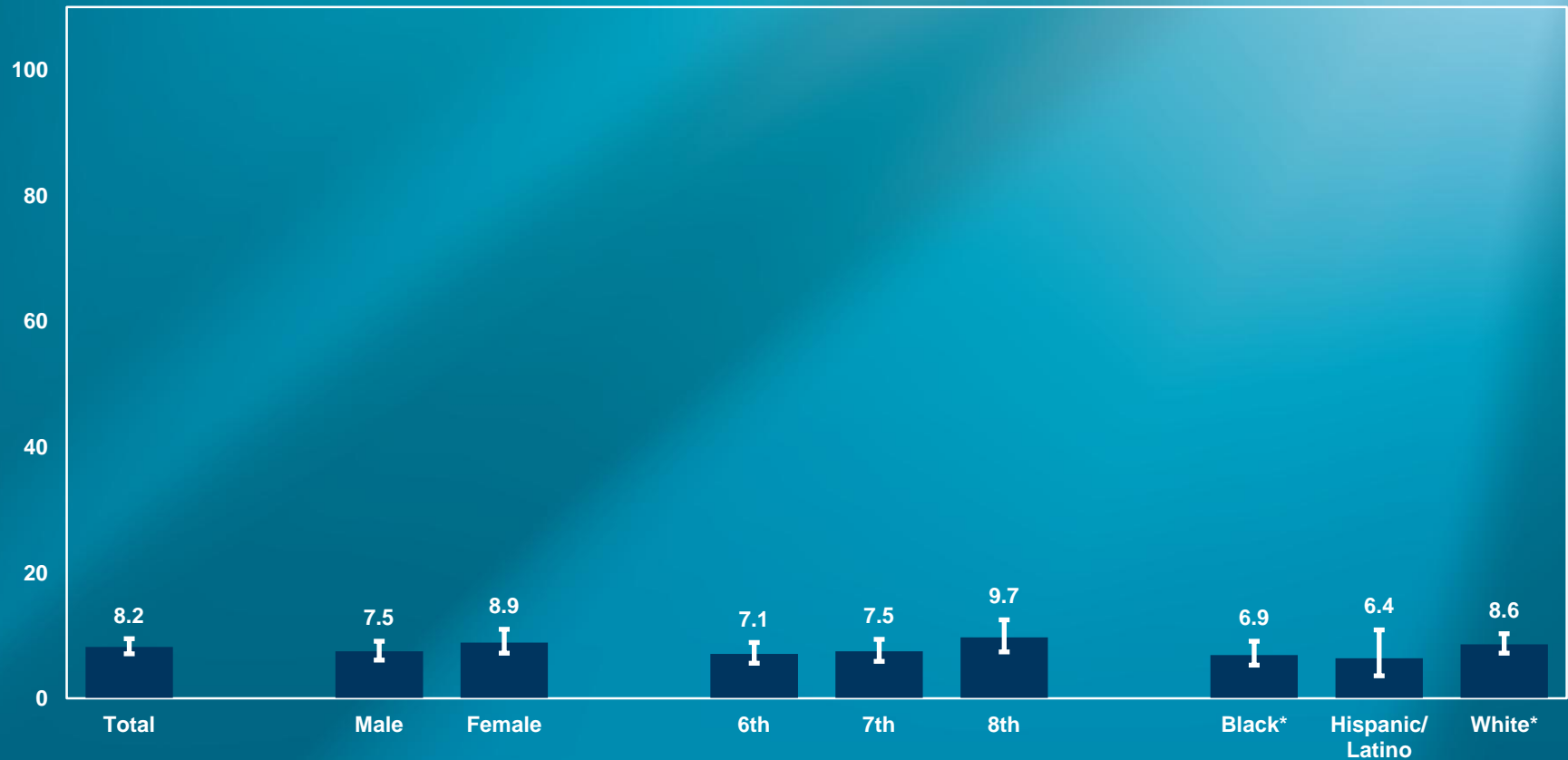
Percentage of students who typically sleep at home, or at the home of friend or relative, with their parent(s) or guardian(s)



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Percentage of students who have physical disabilities or long-term health problems



# 2013 Youth Risk Behavior Survey Results

## Delaware Middle School Survey

Percentage of students who have long-term emotional problems or learning disabilities

