Cigarettes vs. Vaping*

While only 1% of 8th grade students report using cigarettes in the past month, **five times as many students** (5%) report vaping in the past month.

Adult Tobacco Use

Approximately **1 in 4 adults** aged 18 and older in Delaware report using a tobacco product^ in the past month.

Perception of Harm

Only **a quarter of 8th grade students** report that vaping poses a great risk, while nearly twice as many believe smoking a pack of cigarettes has great risk.

Recent Trends in Vaping among 11th Grade Students (%)

Self-reported **vaping has more than doubled** among surveyed 11th grade students between 2014, when researchers first began asking about it on the Delaware School Surveys, and 2019, the most recently available data.

*Vaping refers to the use of any e-cigarettes, Juul, or any other vaping device.  
^Tobacco products include both combustible cigarettes and smokeless tobacco.

Source(s):  
Note: Delaware School Survey data is unweighted.