Support and Encouragement

In Delaware, 95% of surveyed 8th grade students say that at least one person provides a source of support and encouragement, usually a parent or guardian.

Family Meal Time

Two-thirds of Delaware parents indicate that the family eats together at least four days a week.

Academic Achievement

Surveyed students in 8th grade who report higher grades have lower self-reported rates of vaping, alcohol, and marijuana use.

Family Resilience Composite Measure (%)

The National Survey of Children's Health includes four questions to determine the Family Resilience Composite Measure. Similar to the national sample, 82% of Delaware parents report their child lives in a home with all four supports in place all or most of the time.

*The composite measure includes the following four items: talk together about what to do; work together to solve the problem; know we have strengths to draw upon; and stay hopeful even in difficult times.

Source(s):
Note: 2020 Delaware School Survey data is unweighted.