Adults with Disability

In 2019 in Delaware, 25.5% of adults had at least one disability**. Mobility disabilities were the most common disability type.

Aging and Disability

Approximately 1 in 5 Delawareans aged 65-74 report having a disability. This rate doubles to 43% among people aged 75 and over.

Disability and Mental Health

In 2020, Delaware 8th graders with a disability reported three times the rate of anxiety and depression compared to students without a disability.

Past Month Alcohol Use (%)

Approximately 25% of 8th grade students with a disability* reported using alcohol in the past month, compared to 14% of students without any disabilities.

Disability Status and Prevalence (%)

Adults with disabilities have higher rates of smoking, binge drinking, and depression than adults without reported disabilities.

*Disability in the DSS refers to difficulty seeing, hearing, walking, or climbing stairs, or having a serious difficulty concentrating, remembering, making decisions, or doing things because of a physical, emotional or learning disability, and includes both self-identified and medical-professional identified.

**Adults with disabilities are defined by the ACS and BRFSS as experiencing functional difficulty in at least one of six areas: hearing, vision, cognitive, ambulatory, self-care, or independent living.

Source(s):
Note: In 2020, all DSS data was unweighted.