Suicide Attempts among Middle School Students

Nearly one in five surveyed 8th grade students reported that they felt anxious on more than half the days in the previous week.

Feeling Depressed or Anxious

Female students in 8th grade report feeling depressed or anxious at two and a half times the rate of male students.

Symptoms of Anxiety

Nearly one in ten middle school students in 2019 reported they attempted suicide in their lifetime.

8th grade students responding to the Delaware School Survey (DSS) were asked to rate their wellbeing now and five years later. Two-thirds rated themselves currently in the top tier or "thriving" category. Three out of four students saw themselves as thriving five years from now, which suggests they feel hopeful about the future.

*The Present and Future Scales vary slightly. The Present scale categorizes steps 7-10 as "Thriving" and steps 5-6 as "Struggling." The Future scale categorizes steps 8-10 as "Thriving" and 5-7 as "Struggling." Both scales categorize steps 0-4 as "Suffering."