Alcohol Use in Delaware

Among 8th and 11th graders, a higher percentage of female students believe that binge drinking poses a great risk than male students.

Perceptions of Risk

Nearly one in five middle schools students reports riding in a car with a driver who had been drinking in the past year.

Driving Under the Influence

More than a quarter of young adults in the 18-24 year old age group report binge drinking in the past month, making this the age group with the highest proportion of binge drinkers.

Adult Binge Drinking*

White high school students report binge drinking in the past month at twice the rate of Black students.

Past Month Binge Drinking (%)

White: 16
Black: 8

Source(s):
Delaware Health and Social Services, Division of Public Health, Behavioral Risk Factor Surveillance System (BRFSS), [2018].

Note: 2019 Delaware YRBS and Delaware School Survey data is unweighted.

* Binge drinking is defined as four or more drinks at a time for women and five or more drinks at a time for men.