What are ACES?
They are types of trauma individuals experience as children that can have long-term negative physical and behavioral health outcomes.

Parental Incarceration
Roughly 8% of high school students in Delaware report that either one or both of their parents was incarcerated in the past year.

Suicide Risk
Among high school students experiencing two or more ACES, about 1 in 4 report attempting suicide in the past year.

Findings from the 2019 Delaware Youth Risk Behavior Survey suggest that more than 40% of surveyed high school students have had at least one adverse childhood experience.

High school students who report one ACE use substances at higher rates than students with no ACES; and students with 2 or more ACES use substances even more frequently.

Source(s):