Alcohol Use in Delaware

**Past Month Alcohol Use (%)**

- 8th Grade: 8%
- 11th Grade: 28%

**Trends**

Since 2010, data from the Delaware School Surveys shows that self-reported binge drinking* among Delaware 8th and 11th graders has declined by 3-5%.

**Driving Under the Influence**

In 2016 there were 3,141 total DUI arrests for alcohol alone in the state of Delaware.

**Adult Binge Drinking**

Data from the Delaware Behavior Risk Factor Surveillance System indicates that 17% of Delaware adults report binge drinking* in the past 30 days.

* Binge drinking defined as four or more drinks for women and five or more drinks at a time for men in the past two weeks.

Nearly one in ten 8th graders report drinking alcohol in the past 30 days. Delaware 11th graders report past month drinking at more than three times this rate.